



# Vestal

## (B) 7/8TH Wrestling

### Coaches:

- David Campbell

| DATE         | WEEK DAY | TYPE     | OPPONENTS | START TIME | END TIME | LOCATION                            | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------|-----------|------------|----------|-------------------------------------|----------------|---------------------|
| Nov 27, 2023 | Mon      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Nov 28, 2023 | Tue      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Nov 29, 2023 | Wed      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Nov 30, 2023 | Thu      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 1, 2023  | Fri      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 4, 2023  | Mon      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 5, 2023  | Tue      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 6, 2023  | Wed      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 7, 2023  | Thu      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 8, 2023  | Fri      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 11, 2023 | Mon      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 12, 2023 | Tue      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 13, 2023 | Wed      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 14, 2023 | Thu      | Practice | N/A       | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |

| DATE                   | WEEK DAY | TYPE           | OPPONENTS  | START TIME | END TIME | LOCATION                            | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|----------------|--|------------|----------|-------------------------------------|----------------|---------------------|
| Dec 15, 2023           | Fri      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 16, 2023           | Sat      | Regular Season | Maine-Endwell, Union-Endicott, Binghamton, Johnson City, Ithaca, Elmira, Corning-Painted Post @ Horseheads | 10:00 AM   |          | HHS Middle School Field House Gym   |                | L                   |
| Dec 18, 2023           | Mon      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 19, 2023           | Tue      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Dec 21, 2023           | Thu      | Regular Season | @ Windsor  | 6:00 PM    |          | Windsor High School                 |                | L                   |
| CANCELLED Jan 2, 2024  | Tue      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 10, 2024           | Wed      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 13, 2024           | Sat      | Regular Season | Norwich, Oneonta, Susquehanna Valley, Maine-Endwell, Union-Endicott, Binghamton, Johnson City @ Windsor    | 9:30 AM    |          | Windsor High School                 |                | L                   |
| CANCELLED Jan 16, 2024 | Tue      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 17, 2024           | Wed      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 18, 2024           | Thu      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 19, 2024           | Fri      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 22, 2024           | Mon      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 23, 2024           | Tue      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 24, 2024           | Wed      | Practice       | N/A  | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |

| DATE                  | WEEK DAY | TYPE                                       | OPPONENTS   | START TIME | END TIME | LOCATION                            | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|-----------------------|----------|--|---|------------|----------|-------------------------------------|----------------|---------------------|
| Jan 25, 2024          | Thu      | Practice                                   | N/A   | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 26, 2024          | Fri      | Practice                                   | N/A   | 3:00 PM    | 4:00 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 27, 2024          | Sat      | Regular Season (Modified Wrestling Invite) | Maine-Endwell, Binghamton, Union-Endicott, Chenango Forks, Chenango Valley, Owego Apalachin, Waverly @ Johnson City | 9:00 AM    | 1:00 PM  | JC HS Large Gym                     |                | L                   |
| Jan 29, 2024          | Mon      | Practice                                   | N/A   | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 30, 2024          | Tue      | Practice                                   | N/A   | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Jan 31, 2024          | Wed      | Practice                                   | N/A   | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Feb 1, 2024           | Thu      | Practice                                   | N/A   | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Feb 2, 2024           | Fri      | Practice                                   | N/A   | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| Feb 5, 2024           | Mon      | Practice                                   | N/A   | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| CANCELLED Feb 6, 2024 | Tue      | Practice                                   | N/A   | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| CANCELLED Feb 7, 2024 | Wed      | Practice                                   | N/A   | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| CANCELLED Feb 8, 2024 | Thu      | Practice                                   | N/A   | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |
| CANCELLED Feb 9, 2024 | Fri      | Practice                                   | N/A   | 3:00 PM    | 4:30 PM  | Vestal Middle School Wrestling Room |                |                     |

Date: 2026-01-20