



Vestal

(B) 7/8TH Wrestling

Coaches:

- James Faughnan

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 29, 2021	Mon	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Nov 30, 2021	Tue	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 1, 2021	Wed	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 2, 2021	Thu	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 3, 2021	Fri	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 6, 2021	Mon	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 7, 2021	Tue	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 8, 2021	Wed	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 9, 2021	Thu	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 10, 2021	Fri	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 13, 2021	Mon	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 13, 2021	Mon	Regular Season	Norwich, Oneonta, Ithaca, Maine-Endwell, Johnson City @ Chenango Valley	6:00 PM	8:00 PM	CV - HS Gym	Departure Time: 4:30 PM	L
Dec 14, 2021	Tue	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 15, 2021	Wed	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 16, 2021	Thu	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 17, 2021	Fri	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 20, 2021	Mon	Regular Season	Susquehanna Valley, Norwich, Ithaca @ Owego Apalachin	5:30 PM		OFA Gymnasium	Departure Time: 4:30 PM	L
Dec 21, 2021	Tue	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 22, 2021	Wed	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Dec 23, 2021	Thu	Practice (Optional practice with the Varsity team)	N/A	9:00 AM	10:30 AM	VHS Wrestling Room		
Jan 3, 2022	Mon	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 4, 2022	Tue	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 5, 2022	Wed	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 6, 2022	Thu	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 6, 2022	Thu	Regular Season	@ Horseheads	5:30 PM	6:30 PM	HHS HS North Gym	Departure Time: 3:10 PM	L
Jan 7, 2022	Fri	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 10, 2022	Mon	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 11, 2022	Tue	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 12, 2022	Wed	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 13, 2022	Thu	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 14, 2022	Fri	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 15, 2022	Sat	Regular Season	Chenango Forks, Chenango Valley, Windsor, Owego Apalachin @ Binghamton	9:00 AM		Binghamton High School-Gym	Departure Time: 7:15 AM	L
Jan 19, 2022	Wed	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 20, 2022	Thu	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 21, 2022	Fri	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 24, 2022	Mon	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 24, 2022	Mon	Regular Season	Horseheads, Elmira, Norwich, Maine-Endwell, Chenango Valley, Corning-Painted Post, Oneonta	5:30 PM		Vestal High School Baseball Field		L
Jan 25, 2022	Tue	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 26, 2022	Wed	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 27, 2022	Thu	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 27, 2022	Thu	Regular Season	Corning-Painted Post	5:30 PM		Vestal High School Baseball Field		NL
Jan 28, 2022	Fri	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Jan 29, 2022	Sat	Regular Season	Binghamton, Owego Apalachin @ Windsor	3:00 PM		Windsor High School	Departure Time: 4:20 PM	L
Jan 31, 2022	Mon	Regular Season	Windsor, Johnson City, Owego Apalachin @ Norwich	6:00 PM	8:00 PM	NHS Gym	Return Date: Return Time: 4:15 PM	L
Feb 1, 2022	Tue	Practice	N/A	3:00 PM	4:15 PM	Vestal Middle School Wrestling Room		
Feb 2, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 3, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Feb 4, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Feb 5, 2022	Sat	Regular Season (End of Season Meet)	@ TBD	9:30 AM		Johnson City Middle School	Departure Time: 7:30 AM	NL
Feb 7, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Feb 8, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Feb 9, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Feb 10, 2022	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Feb 11, 2022	Fri	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Feb 14, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		

Date: 2024-04-24