# Vestal
## (B) 7/8TH Wrestling

**Coaches:**

- James Faughnan

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|---|---|---|---|---|---|---|---|---|
| Nov 29, 2021 | Mon | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Nov 30, 2021 | Tue | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 1, 2021 | Wed | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 2, 2021 | Thu | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 3, 2021 | Fri | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 6, 2021 | Mon | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 7, 2021 | Tue | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 8, 2021 | Wed | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 9, 2021 | Thu | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 10, 2021 | Fri | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 13, 2021 | Mon | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 13, 2021 | Mon | Regular Season | Norwich, Oneonta, Ithaca, Maine-Endwell, Johnson City @ Chenango Valley | 6:00 PM | 8:00 PM | CV - HS Gym | **Departure Time:** 4:30 PM | L |
| Dec 14, 2021 | Tue | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 15, 2021 | Wed | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|---|---|---|---|---|---|---|---|---|
| Dec 16, 2021 | Thu | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 17, 2021 | Fri | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 20, 2021 | Mon | Regular Season | Susquehanna Valley, Norwich, Ithaca @ Owego Apalachin | 5:30 PM | | OFA Gymnasium | **Departure Time:** 4:30 PM | L |
| Dec 21, 2021 | Tue | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 22, 2021 | Wed | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Dec 23, 2021 | Thu | Practice (Optional practice with the Varsity team) | N/A | 9:00 AM | 10:30 AM | VHS Wrestling Room | | |
| Jan 3, 2022 | Mon | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 4, 2022 | Tue | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 5, 2022 | Wed | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 6, 2022 | Thu | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 6, 2022 | Thu | Regular Season | @ Horseheads | 5:30 PM | 6:30 PM | HHS HS North Gym | **Departure Time:** 3:10 PM | L |
| Jan 7, 2022 | Fri | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 10, 2022 | Mon | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 11, 2022 | Tue | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 12, 2022 | Wed | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 13, 2022 | Thu | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|---|---|---|---|---|---|---|---|---|
| Jan 14, 2022 | Fri | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 15, 2022 | Sat | Regular Season | Chenango Forks, Chenango Valley, Windsor, Owego Apalachin @ Binghamton | 9:00 AM | | Binghamton High School-Gym | **Departure Time:** 7:15 AM | L |
| Jan 19, 2022 | Wed | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 20, 2022 | Thu | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 21, 2022 | Fri | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 24, 2022 | Mon | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 24, 2022 | Mon | Regular Season | Horseheads, Elmira, Norwich, Maine-Endwell, Chenango Valley, Corning-Painted Post, Oneonta | 5:30 PM | | Vestal High School Baseball Field | | L |
| Jan 25, 2022 | Tue | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 26, 2022 | Wed | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 27, 2022 | Thu | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 27, 2022 | Thu | Regular Season | Corning-Painted Post | 5:30 PM | | Vestal High School Baseball Field | | NL |
| Jan 28, 2022 | Fri | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Jan 29, 2022 | Sat | Regular Season | Binghamton, Owego Apalachin @ Windsor | 3:00 PM | | Windsor High School | **Departure Time:** 4:20 PM | L |
| Jan 31, 2022 | Mon | Regular Season | Windsor, Johnson City, Owego Apalachin @ Norwich | 6:00 PM | 8:00 PM | NHS Gym | **Return Date:** **Return Time:** 4:15 PM | L |
| Feb 1, 2022 | Tue | Practice | N/A | 3:00 PM | 4:15 PM | Vestal Middle School Wrestling Room | | |
| Feb 2, 2022 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Middle School Wrestling Room | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|---|---|---|---|---|---|---|---|---|
| Feb 3, 2022 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Middle School Wrestling Room | | |
| Feb 4, 2022 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Middle School Wrestling Room | | |
| Feb 5, 2022 | Sat | Regular Season (End of Season Meet) | @ TBD | 9:30 AM | | Johnson City Middle School | **Departure Time:** 7:30 AM | NL |
| Feb 7, 2022 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Middle School Wrestling Room | | |
| Feb 8, 2022 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Middle School Wrestling Room | | |
| Feb 9, 2022 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Middle School Wrestling Room | | |
| Feb 10, 2022 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Middle School Wrestling Room | | |
| Feb 11, 2022 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Middle School Wrestling Room | | |
| Feb 14, 2022 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Middle School Wrestling Room | | |

Date: 2024-10-12