



Vestal

(B) 7/8TH Wrestling

Coaches:

- James Faughnan

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 5, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 8, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 12, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 15, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 16, 2023	Sat	Regular Season	Maine-Endwell, Union-Endicott, Binghamton, Johnson City, Ithaca, Elmira, Corning-Painted Post @ Horseheads	10:00 AM		HHS Middle School Field House Gym		L
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 19, 2023	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Dec 21, 2023	Thu	Regular Season	@ Windsor	6:00 PM		Windsor High School		L
CANCELLED Jan 2, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Jan 10, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Jan 13, 2024	Sat	Regular Season	Norwich, Oneonta, Susquehanna Valley, Maine-Endwell, Union-Endicott, Binghamton, Johnson City @ Windsor	9:30 AM		Windsor High School		L
CANCELLED Jan 16, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Jan 18, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Jan 23, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Jan 24, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 25, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Jan 26, 2024	Fri	Practice	N/A	3:00 PM	4:00 PM	Vestal Middle School Wrestling Room		
Jan 27, 2024	Sat	Regular Season (Modified Wrestling Invite)	Maine-Endwell, Binghamton, Union-Endicott, Chenango Forks, Chenango Valley, Owego Apalachin, Waverly @ Johnson City	9:00 AM	1:00 PM	JC HS Large Gym		L
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Jan 30, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Feb 1, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
Feb 5, 2024	Mon	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
CANCELLED Feb 6, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
CANCELLED Feb 7, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
CANCELLED Feb 8, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		
CANCELLED Feb 9, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Vestal Middle School Wrestling Room		

Date: 2024-04-24