



- Chris Musser
- Brad Cook

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 18, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	VHS Wrestling Room		
Nov 19, 2022	Sat	Practice	N/A	9:30 AM	11:00 AM	VHS Wrestling Room		
Nov 22, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	VHS Wrestling Room		
Nov 23, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	VHS Wrestling Room		
Nov 24, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	VHS Wrestling Room		
Nov 25, 2022	Fri	Practice	N/A	3:30 PM	5:30 PM	VHS Wrestling Room		
Nov 28, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	VHS Wrestling Room		
Nov 29, 2022	Tue	Practice	N/A	3:30 PM	5:30 PM	VHS Wrestling Room		
Nov 30, 2022	Wed	Practice	N/A	3:30 PM	5:30 PM	VHS Wrestling Room		
Dec 1, 2022	Thu	Practice	N/A	3:30 PM	5:30 PM	VHS Wrestling Room		
Dec 1, 2022	Thu	Regular Season 34-33 W	Elmira	6:30 PM	9:00 PM	Vestal High School Baseball Field		L
Dec 2, 2022	Fri	Regular Season (Clyde Cole Tournament)	@ TBD	5:00 PM		Oxford Academy & Central School	Departure Time: 2:30 PM	NL
Dec 3, 2022	Sat	Regular Season (Clyde Cole Tournament)	@ TBD	9:00 AM		Oxford Academy & Central School	Departure Time: 7:00 AM	NL
Dec 5, 2022	Mon	Practice	N/A	3:30 PM	5:30 PM	VHS Wrestling Room		
Dec 13, 2022	Tue	Regular Season 33-39 L	@ Corning-Painted Post	6:30 PM	9:00 PM	C P P High School	Departure Time: 3:30 PM	L
POSTPONED Dec 15, 2022	Thu	Regular Season	Maine-Endwell	6:30 PM	9:00 PM	Vestal High School Baseball Field		L
Dec 21, 2022	Wed	Regular Season	Windsor	7:00 PM		Vestal High School Baseball Field		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 28, 2022	Wed	Regular Season (Mark Cody Duals)	Whitney Point, Maine-Endwell, Owego Apalachin, Odessa-Montour, Newark Valley, Victor @ Binghamton	9:00 AM		Binghamton High School- Gym		NL
Jan 5, 2023	Thu	Regular Season	Horseheads	6:30 PM	9:00 PM	Vestal High School Baseball Field		L
Jan 7, 2023	Sat	Regular Season (Justin Rogers Memorial Tournament)	@ Tioga	9:00 AM		High School Gym		NL
Jan 10, 2023	Tue	Regular Season (SENIOR NIGHT) 49-21 W	@ Ithaca	6:30 PM	9:00 PM	IHS Bliss Gym (C149)		L
Jan 13, 2023	Fri	Regular Season (Southern Tier Memorial Tournament)	@ TBD	TBD		First Arena Elmira	Departure Time: 7:00 AM	NL
Jan 14, 2023	Sat	Regular Season (Southern Tier Memorial Tournament)	@ TBD	9:00 AM		First Arena Elmira	Departure Time: 6:00 AM	NL
Jan 17, 2023	Tue	Regular Season 66-12 W	@ Johnson City	6:30 PM	9:00 PM	JC HS Large Gym		L
Jan 17, 2023	Tue	Post-Season (Sectionals)	@ TBD	TBD		Horseheads High School	Departure Time: 3:45 PM	NL
Jan 20, 2023	Fri	Post-Season (STAC championships)	@ TBD	TBD		Owego High School	Departure Time: 3:00 PM	NL
Jan 21, 2023	Sat	Post-Season (STAC Championships)	@ TBD	TBD		Owego High School	Departure Time: 6:30 AM	NL
Jan 28, 2023	Sat	Post-Season (States)	@ TBD	TBD		TBD		NL
Jan 31, 2023	Tue	Regular Season (Sr. Nite) 42-21 W	Union-Endicott	6:30 PM	9:00 PM	Vestal High School Baseball Field		L
Feb 11, 2023	Sat	Post-Season (Div I & II Finals)	@ TBD	TBD		Arena	Departure Time: 6:40 AM	NL

Date: 2024-05-05