



Vestal

(B) V Wrestling

Coaches:

- Chris Musser
- Brad Cook

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 15, 2021	Mon	Practice	N/A	3:30 PM	5:15 PM	VHS Wrestling Room		
Nov 16, 2021	Tue	Practice	N/A	3:30 PM	5:00 PM	VHS Wrestling Room		
Nov 16, 2021	Tue	Practice (Weight Lifting)	N/A	5:00 PM	5:45 PM	Vestal High School Fitness Center		
Nov 17, 2021	Wed	Practice	N/A	3:30 PM	5:15 PM	VHS Wrestling Room		
Nov 18, 2021	Thu	Practice	N/A	3:30 PM	5:00 PM	VHS Wrestling Room		
Nov 18, 2021	Thu	Practice (Weight Lifting)	N/A	5:00 PM	5:45 PM	Vestal High School Fitness Center		
Nov 19, 2021	Fri	Practice	N/A	3:30 PM	5:15 PM	VHS Wrestling Room		
Nov 20, 2021	Sat	Practice	N/A	11:00 AM	12:20 PM	VHS Wrestling Room		
Nov 22, 2021	Mon	Practice (Weight Certifications)	N/A	5:15 PM	7:15 PM	VHS Wrestling Room		
Nov 23, 2021	Tue	Practice	N/A	3:30 PM	5:15 PM	VHS Wrestling Room		
Nov 26, 2021	Fri	Practice	N/A	9:00 AM	10:30 AM	VHS Wrestling Room		
Nov 27, 2021	Sat	Practice	N/A	9:00 AM	10:30 AM	VHS Wrestling Room		
Nov 29, 2021	Mon	Practice	N/A	3:30 PM	5:15 PM	VHS Wrestling Room		
Nov 30, 2021	Tue	Practice	N/A	3:30 PM	5:15 PM	VHS Wrestling Room		
Dec 1, 2021	Wed	Practice	N/A	3:30 PM	5:15 PM	VHS Wrestling Room		
Dec 2, 2021	Thu	Regular Season 40-27 W	@ Elmira	6:30 PM	9:00 PM	EHS Gym	Departure Time: 4:15 PM	L
Dec 3, 2021	Fri	Regular Season (Clyde Cole Tournament)	@ TBD	5:00 PM		Oxford Academy & Central School	Departure Time: 2:30 PM	NL
Dec 9, 2021	Thu	Regular Season 36-29 W	@ Union-Endicott	6:30 PM	9:00 PM	UEHS Main Gym	Departure Time: 4:50 PM	L
Dec 11, 2021	Sat	Regular Season	@ Tioga	9:30 AM		High School Gym	Departure Time: 6:30 AM	NL
Dec 13, 2021	Mon	Practice	N/A	3:30 PM	5:20 PM	VHS Wrestling Room		
Dec 14, 2021	Tue	Practice	N/A	3:30 PM	5:20 PM	VHS Wrestling Room		
Dec 15, 2021	Wed	Practice	N/A	3:30 PM	5:20 PM	VHS Wrestling Room		
Dec 16, 2021	Thu	Regular Season 38-21 W	@ Maine-Endwell	6:00 PM	9:00 PM	Maine-Endwell HS Gym	Departure Time: 4:50 PM	L
Dec 17, 2021	Fri	Practice	N/A	3:30 PM	5:20 PM	VHS Wrestling Room		
Dec 18, 2021	Sat	Practice	N/A	9:00 AM	10:20 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 20, 2021	Mon	Practice	N/A	3:30 PM	5:20 PM	VHS Wrestling Room		
Dec 23, 2021	Thu	Practice	N/A	9:00 PM	10:30 PM	VHS Wrestling Room		
Dec 27, 2021	Mon	Practice	N/A	9:00 AM	10:40 AM	VHS Wrestling Room		
Dec 28, 2021	Tue	Practice	N/A	9:00 AM	10:40 AM	VHS Wrestling Room		
Dec 29, 2021	Wed	Regular Season (Mark Cody Duals)	@ TBD	9:30 AM		Binghamton High School		NL
Jan 3, 2022	Mon	Practice	N/A	3:30 PM	5:20 PM	VHS Wrestling Room		
Jan 4, 2022	Tue	Practice	N/A	3:30 PM	5:20 PM	VHS Wrestling Room		
Jan 5, 2022	Wed	Practice	N/A	3:30 PM	5:20 PM	VHS Wrestling Room		
Jan 6, 2022	Thu	Regular Season 3-70 L	@ Horseheads	6:30 PM	9:00 PM	TBD		L
Jan 7, 2022	Fri	Practice	N/A	3:30 PM	5:20 PM	VHS Wrestling Room		
Jan 8, 2022	Sat	Practice (Modified Wrestling Meet- Must Work)	N/A	10:30 AM	5:20 PM	VHS Wrestling Room		
Jan 10, 2022	Mon	Practice	N/A	3:30 PM	5:20 PM	VHS Wrestling Room		
Jan 11, 2022	Tue	Regular Season ((4 spectators per athlete))	Binghamton	6:30 PM	9:00 PM	Vestal High School Baseball Field		L
Jan 13, 2022	Thu	Regular Season (4 spectators per athlete) 48-23 W	Ithaca	6:30 PM	9:00 PM	Vestal High School Baseball Field		L
Jan 15, 2022	Sat	Regular Season (Jim McCloe Memorial Tourn)	@ TBD	TBD		Waverly High School	Departure Time: 6:45 AM	NL
Jan 19, 2022	Wed	Post-Season (Sectionals)	@ TBD	TBD		Horseheads High School	Departure Time: 4:15 PM	NL
Jan 21, 2022	Fri	Post-Season (STAC Championships (no spectators))	@ TBD	4:30 PM		Elmira High School	Departure Time: 12:15 PM	NL
Jan 22, 2022	Sat	Post-Season (STAC Championships (2 spectators per athlete))	@ TBD	10:00 AM		Elmira High School	Departure Time: 7:00 AM	NL
Jan 26, 2022	Wed	Regular Season (4 spectators per athlete) 42-6 W	Johnson City	6:30 PM	9:00 PM	Vestal High School Baseball Field		L
Jan 27, 2022	Thu	Regular Season (4 spectators per athlete)	Corning-Painted Post	6:00 PM		Vestal High School Baseball Field		L
Feb 5, 2022	Sat	Post-Season (State Qualifiers)	@ TBD	TBD		TBD		NL
Feb 12, 2022	Sat	Post-Season (Sectional Finals)	@ TBD	TBD		TBD		NL

Date: 2025-12-18