



# Vestal Boys Varsity Winter Track 2022 - 2023

Athletics Director: Josh Gannon  
Assistant: Olivia Martino

205 Woodlawn Dr  
Vestal, NY, 13850  
(607) 757-2350  
vestal.k12.ny.us

## Coaches:

- Jim Cerra, Head Coach
- Joe Nemecek, Asst Coach
- Flavia Cass

## Players (31)

NAME	GRADE
Julian Adams	10
Nicholas Allen	12
Nathan Barnes	Graduated
Lucas Catarella	Graduated
Nicholas Catarella	10
Michael Chernova	Graduated
Liam Cody	Graduated
Harrison Coleman	10
Frank Consolazio	12
Sebastian Coulton	11
Zachary Frye	12
Taegan Fundock	10
Zaine Fundock	10
Jack Godleski	10
Takumi Guay	11
Andrew Herceg	10
Michael Hotalen	11
Michael Juriga II	12
Jackson Lamoureux	11
Arthur Lennig	10
Ngonidzashe Mandizha	Graduated
Pharvensky Pamphil	11
Jonathan Quillen	10
Jahmiere Saunders	10
Ryan Scarangella	11
Timothy Smith	Graduated
Ulrich Traore	Graduated
Seth Tyler	10
Joseph Vallone	10
Benjamin Wheeler	Graduated
Samuel Winans	10