



# Vestal

## (G) 7/8TH Volleyball

### Coaches:

- Val Siegrist, Head Coach
- Annalisa Hart

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 22, 2022	Thu	Regular Season	Elmira	5:30 PM	7:30 PM	TBD		L
Sep 23, 2022	Fri	Regular Season	@ Horseheads (7th and 8th grade Teams)	6:00 PM	7:30 PM	Horseheads MS	<b>Departure Time:</b> 4:30 PM	L
Sep 26, 2022	Mon	Regular Season	@ Johnson City	5:30 PM	7:30 PM	JC MS Gym	<b>Departure Time:</b> 4:40 PM	L
Sep 28, 2022	Wed	Regular Season	@ Ithaca	5:30 PM	7:30 PM	DeWitt MS Gym	<b>Departure Time:</b> 4:40 PM	L
Oct 3, 2022	Mon	Regular Season	Corning-Painted Post (Black & Gold Teams)	5:30 PM	7:30 PM	TBD		L
Oct 5, 2022	Wed	Regular Season	@ Maine-Endwell (Blue)	5:30 PM	7:30 PM	Maine-Endwell MS Gym	<b>Departure Time:</b> 4:40 PM	L
Oct 12, 2022	Wed	Regular Season	Union-Endicott	5:30 PM	7:30 PM	TBD		L
Oct 14, 2022	Fri	Regular Season	@ Elmira	6:00 PM	8:00 PM	EDA Gym	<b>Departure Time:</b> 4:30 PM	L
Oct 17, 2022	Mon	Regular Season	Horseheads (7th and 8th grade Teams)	5:30 PM	7:30 PM	TBD		L
Oct 18, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 19, 2022	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 20, 2022	Thu	Regular Season	Johnson City	5:30 PM	7:30 PM	TBD		L
Oct 24, 2022	Mon	Regular Season	Ithaca	5:30 PM	7:30 PM	TBD		L
Oct 25, 2022	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD		
Oct 26, 2022	Wed	Regular Season	@ Corning-Painted Post (Black & Gold Teams)	5:30 PM	7:30 PM	C P P Middle School	<b>Departure Time:</b> 3:50 PM	L

Date: 2025-12-16