



Vestal

(G) 7/8TH Volleyball

Coaches:

- Val Siegrist, Head Coach
- Annalisa Hart

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 6, 2019	Fri	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 9, 2019	Mon	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 10, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 11, 2019	Wed	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 12, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 13, 2019	Fri	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 16, 2019	Mon	Scrimmage	Owego Apalachin	4:30 PM	6:30 PM	TBD		L
Sep 17, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 18, 2019	Wed	Scrimmage	@ Chenango Forks	4:30 PM	6:30 PM	Elementary School - Kenyon Gym	Departure Time: 3:30 PM	L
Sep 19, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 23, 2019	Mon	Regular Season	Binghamton	5:00 PM	6:30 PM	TBD		L
Sep 24, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 26, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 27, 2019	Fri	Regular Season	@ Elmira	5:00 PM	6:30 PM	EDA Gym	Departure Time: 3:30 PM	L
Oct 1, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	TBD		
Oct 2, 2019	Wed	Regular Season	@ Union-Endicott	4:30 PM	6:30 PM	Jennie F Snapp MS Main Gym	Departure Time: 3:45 PM	L
Oct 3, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	TBD		
Oct 4, 2019	Fri	Practice	N/A	3:30 PM	5:00 PM	TBD		
Oct 4, 2019	Fri	Regular Season	@ Maine-Endwell (Blue)	4:30 PM	6:30 PM	Maine-Endwell MS Gym	Departure Time: 3:40 PM	L
Oct 7, 2019	Mon	Regular Season	@ Binghamton	5:00 PM	6:30 PM	MacArthur Elementary School Field	Departure Time: 4:15 PM	L
Oct 8, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	TBD		
Oct 8, 2019	Tue	Regular Season	@ Johnson City	4:30 PM		JC MS Gym	Departure Time: 3:40 PM	L
Oct 9, 2019	Wed	Practice	N/A	3:30 PM	5:00 PM	TBD		
Oct 10, 2019	Thu	Regular Season	Maine-Endwell (Blue)	4:30 PM	6:30 PM	TBD		L
Oct 15, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 16, 2019	Wed	Regular Season	Elmira	5:00 PM	6:30 PM	TBD		L
Oct 17, 2019	Thu	Practice	N/A	3:30 PM	5:00 PM	TBD		
Oct 18, 2019	Fri	Regular Season	Johnson City	4:30 PM		TBD		L
Oct 21, 2019	Mon	Regular Season	Union-Endicott	4:30 PM	6:30 PM	TBD		L

Date: 2025-12-09