



# Vestal

## (G) JV Volleyball

### Coaches:

- Kate Darpino, Head Coach
- Joe Nemecek

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 21, 2023	Mon	Practice	N/A	1:00 PM	3:00 PM	TBD		
Aug 22, 2023	Tue	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 22, 2023	Tue	Practice	N/A	1:00 PM	3:00 PM	TBD		
Aug 23, 2023	Wed	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 23, 2023	Wed	Practice	N/A	1:00 PM	3:00 PM	TBD		
Aug 24, 2023	Thu	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 24, 2023	Thu	Practice	N/A	1:00 PM	3:00 PM	TBD		
Aug 25, 2023	Fri	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 25, 2023	Fri	Practice	N/A	1:00 PM	3:00 PM	TBD		
Aug 28, 2023	Mon	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 28, 2023	Mon	Practice	N/A	1:00 PM	3:00 PM	TBD		
Aug 29, 2023	Tue	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 29, 2023	Tue	Practice	N/A	1:00 PM	3:00 PM	TBD		
Aug 30, 2023	Wed	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 30, 2023	Wed	Practice	N/A	1:00 PM	3:00 PM	TBD		
Aug 31, 2023	Thu	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 31, 2023	Thu	Practice	N/A	1:00 PM	3:00 PM	TBD		
Sep 1, 2023	Fri	Practice	N/A	10:30 AM	12:30 PM	TBD		
Sep 1, 2023	Fri	Practice	N/A	1:00 PM	3:00 PM	TBD		
Sep 5, 2023	Tue	Regular Season	Horseheads	5:30 PM	6:30 PM	Vestal High School Gym		L
Sep 6, 2023	Wed	Practice	N/A	5:30 PM	7:30 PM	TBD		
Sep 8, 2023	Fri	Practice	N/A	5:30 PM	7:30 PM	TBD		
Sep 11, 2023	Mon	Practice	N/A	5:30 PM	7:30 PM	TBD		
Sep 11, 2023	Mon	Regular Season 2-1 W	@ Ithaca	5:30 PM	6:30 PM	IHS Bliss Gym (C149)		L
Sep 13, 2023	Wed	Practice	N/A	5:30 PM	7:30 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 14, 2023	Thu	Regular Season 0-3 L	Corning-Painted Post	5:30 PM	6:30 PM	Vestal High School Gym		L
Sep 15, 2023	Fri	Practice	N/A	5:30 PM	7:30 PM	TBD		
Sep 16, 2023	Sat	Regular Season (UE Tournament)	@ TBD	TBD		Union Endicott High School		L
Sep 18, 2023	Mon	Practice	N/A	5:30 PM	7:30 PM	TBD		
Sep 19, 2023	Tue	Regular Season 2-0 W	Union-Endicott	5:30 PM	6:30 PM	Vestal High School Gym		L
Sep 20, 2023	Wed	Practice	N/A	5:30 PM	7:30 PM	TBD		
Sep 21, 2023	Thu	Regular Season 0-3 L	@ Maine-Endwell	5:00 PM		Maine-Endwell HS Gym		L
Sep 22, 2023	Fri	Practice	N/A	5:30 PM	7:30 PM	TBD		
Sep 23, 2023	Sat	Regular Season (Owego Tournament)	@ TBD	TBD		Owego High School	Departure Time: 7:45 AM	L
Sep 23, 2023	Sat	Practice (Owego Tournament)	N/A	TBD		Owego High School		
Sep 25, 2023	Mon	Regular Season 3-0 W	Johnson City	5:30 PM	6:30 PM	Vestal High School Gym		L
Sep 25, 2023	Mon	Practice	N/A	5:30 PM	7:30 PM	TBD		
Sep 27, 2023	Wed	Practice	N/A	5:30 PM	7:30 PM	TBD		
Sep 28, 2023	Thu	Regular Season	@ Binghamton	5:30 PM	6:30 PM	Binghamton High School-Gym		L
Sep 29, 2023	Fri	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 2, 2023	Mon	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 4, 2023	Wed	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 5, 2023	Thu	Regular Season 2-1 W	@ Union-Endicott	5:30 PM	6:30 PM	UEHS Main Gym		L
Oct 6, 2023	Fri	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 7, 2023	Sat	Regular Season (Bill mO)	Susquehanna Valley, Lansing, Ithaca, Maine-Endwell @ Windsor	8:00 AM		Windsor Middle School		L
Oct 9, 2023	Mon	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 10, 2023	Tue	Regular Season 1-2 L	@ Elmira	6:00 PM	7:30 PM	EHS Gym		L
Oct 11, 2023	Wed	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 12, 2023	Thu	Regular Season 0-3 L	Maine-Endwell	5:30 PM	6:30 PM	Vestal High School Gym		L
Oct 13, 2023	Fri	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 14, 2023	Sat	Regular Season (JC Tournament)	@ TBD	8:00 AM		Johnson City Middle School	Departure Time: 7:25 AM	L
Oct 16, 2023	Mon	Regular Season	Windsor	5:30 PM		Vestal High School Gym		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 16, 2023	Mon	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 17, 2023	Tue	Regular Season 3-0 W	@ Johnson City	5:30 PM	6:30 PM	JC HS Large Gym		L
Oct 18, 2023	Wed	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 19, 2023	Thu	Regular Season	Binghamton	5:30 PM	6:30 PM	Vestal High School Gym		L
Oct 20, 2023	Fri	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 23, 2023	Mon	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 25, 2023	Wed	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 27, 2023	Fri	Practice	N/A	5:30 PM	7:30 PM	TBD		
Oct 30, 2023	Mon	Practice	N/A	5:30 PM	7:30 PM	TBD		
Feb 22, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 23, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 26, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 27, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 29, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Mar 1, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Mar 4, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Mar 5, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Mar 7, 2024	Thu	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Mar 8, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Mar 15, 2024	Fri	Practice	N/A	12:00 PM		Clayton Ave. Elementary Gymnasium		

Date: 2025-12-05