



Vestal

(G) JV Volleyball

Coaches:

- Kate Darpino, Head Coach
- Joe Nemecek

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 22, 2022	Mon	Practice	N/A	1:15 PM	3:00 PM	TBD		
Aug 23, 2022	Tue	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 23, 2022	Tue	Practice	N/A	1:15 PM	3:00 PM	TBD		
Aug 24, 2022	Wed	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 24, 2022	Wed	Practice	N/A	1:15 PM	3:00 PM	TBD		
Aug 25, 2022	Thu	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 25, 2022	Thu	Practice	N/A	1:15 PM	3:00 PM	TBD		
Aug 26, 2022	Fri	Practice	N/A	10:30 AM	12:30 PM	TBD		
Aug 26, 2022	Fri	Practice	N/A	1:15 PM	3:00 PM	TBD		
Aug 29, 2022	Mon	Practice	N/A	10:00 AM	1:00 PM	TBD		
Aug 29, 2022	Mon	Practice (Team picnic/mandatory parent meeting)	N/A	6:00 PM		Arnold Park		
Aug 30, 2022	Tue	Scrimmage	@ Windsor	10:00 AM	12:00 PM	Windsor High School	Departure Point: Vestal High School Departure Date: Aug 29, 2022 Departure Time: 9:15 AM	NL
Aug 30, 2022	Tue	Practice	N/A	1:15 PM	3:00 PM	TBD		
Aug 31, 2022	Wed	Practice	N/A	12:00 PM	3:30 PM	TBD		
Sep 1, 2022	Thu	Practice (SCRIMMAGE at VHS - players should arrive by 8:30)	N/A	9:00 AM	12:30 PM	TBD		
Sep 1, 2022	Thu	Practice	N/A	1:15 PM	3:00 PM	TBD		
Sep 2, 2022	Fri	Practice	N/A	10:30 AM	12:30 PM	TBD		
Sep 2, 2022	Fri	Practice	N/A	1:15 PM	3:00 PM	TBD		
Sep 6, 2022	Tue	Practice	N/A	5:15 PM	7:15 PM	TBD		
Sep 7, 2022	Wed	Practice	N/A	5:30 PM	7:30 PM	TBD		
Sep 8, 2022	Thu	Regular Season 2-0 W	Ithaca	5:30 PM	6:30 PM	Vestal High School		L
Sep 9, 2022	Fri	Practice	N/A	5:30 PM	7:30 PM	TBD		
Sep 12, 2022	Mon	Regular Season 2-1 W	@ Horseheads	5:30 PM	6:30 PM	HHS MS Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 12, 2022	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Sep 14, 2022	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Sep 15, 2022	Thu	Practice	N/A	5:00 PM	7:00 PM	TBD		
Sep 16, 2022	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Sep 17, 2022	Sat	Regular Season (UE Tournament)	@ TBD	9:00 AM		Union Endicott High School	Departure Time: 7:45 AM	NL
Sep 19, 2022	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Sep 20, 2022	Tue	Regular Season 1-2 L	@ Union-Endicott	5:30 PM	6:30 PM	UEHS Main Gym		L
Sep 21, 2022	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Sep 22, 2022	Thu	Regular Season	Maine-Endwell	5:30 PM	6:30 PM	Vestal High School		L
Sep 23, 2022	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Sep 26, 2022	Mon	Regular Season	@ Johnson City	5:30 PM	6:30 PM	JC HS Large Gym		L
Sep 26, 2022	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Sep 28, 2022	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Sep 28, 2022	Wed	Regular Season	@ Corning-Painted Post	5:30 PM	6:30 PM	C P P High School		L
Sep 29, 2022	Thu	Regular Season	Binghamton	5:30 PM	6:30 PM	Vestal High School		L
Sep 30, 2022	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Oct 3, 2022	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Oct 3, 2022	Mon	Regular Season	@ Windsor	5:30 PM		Windsor High School		L
Oct 4, 2022	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Oct 5, 2022	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Oct 6, 2022	Thu	Regular Season	Union-Endicott	5:30 PM	6:30 PM	Vestal High School		L
Oct 7, 2022	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Oct 8, 2022	Sat	Regular Season (Bill Mott Tournament)	@ TBD	8:00 AM		Windsor High School		NL
Oct 11, 2022	Tue	Regular Season	Elmira	5:30 PM	6:30 PM	Vestal High School		L
Oct 12, 2022	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Oct 13, 2022	Thu	Regular Season	@ Maine-Endwell	5:30 PM	6:30 PM	Maine-Endwell HS Gym		L
Oct 14, 2022	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Oct 17, 2022	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		

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Oct 18, 2022	Tue	Regular Season	Johnson City	5:30 PM	6:30 PM	Vestal High School		L
Oct 19, 2022	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Oct 20, 2022	Thu	Regular Season	@ Binghamton	5:30 PM	6:30 PM	Binghamton High School Gym		L
Oct 21, 2022	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		

Date: 2022-09-26