



# Vestal

## (G) V Volleyball

### Coaches:

- Joe Nemecek, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 27, 2025	Wed	Scrimmage (Scrimmage)	Whitney Point, Maine-Endwell @ Windsor	10:00 AM		Windsor High School		L
Aug 28, 2025	Thu	Practice	N/A	11:30 AM	2:30 PM	Vestal High School Gym		
Aug 29, 2025	Fri	Practice	N/A	8:30 AM	10:30 AM	Vestal High School Gym		
Aug 29, 2025	Fri	Practice	N/A	1:00 PM	3:00 PM	Vestal High School Gym		
Aug 30, 2025	Sat	Practice	N/A	8:30 AM	10:30 PM	Vestal High School Gym		
Sep 1, 2025	Mon	Practice	N/A	6:00 PM	8:00 PM	Vestal High School Gym		
Sep 2, 2025	Tue	Practice	N/A	3:30 PM	5:30 PM	Vestal High School Gym		
Sep 3, 2025	Wed	Practice	N/A	3:30 PM	5:30 PM	Vestal High School Gym		
Sep 4, 2025	Thu	Regular Season 0-3 L	@ Ithaca	6:30 PM	8:30 PM	IHS Bliss Gym (C149)		L
Sep 5, 2025	Fri	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Sep 6, 2025	Sat	Regular Season (UE Varsity Tournament)	@ TBD	8:00 AM		Union Endicott High School		L
Sep 8, 2025	Mon	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Sep 9, 2025	Tue	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Sep 10, 2025	Wed	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Sep 11, 2025	Thu	Regular Season 3-0 W	Horseheads	6:30 PM	8:30 PM	Vestal High School Gym		L
Sep 12, 2025	Fri	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Sep 15, 2025	Mon	Regular Season 3-0 W	Union-Endicott	6:30 PM	8:30 PM	Vestal High School Gym		L
Sep 16, 2025	Tue	Regular Season 3-2 W	Corning-Painted Post	6:30 PM	8:30 PM	Vestal High School Gym		L
Sep 17, 2025	Wed	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Sep 18, 2025	Thu	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Sep 19, 2025	Fri	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Sep 22, 2025	Mon	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Sep 23, 2025	Tue	Regular Season 2-3 L	@ Maine-Endwell	6:30 PM	8:30 PM	Maine-Endwell HS Gym		L
Sep 24, 2025	Wed	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Sep 25, 2025	Thu	Regular Season 3-0 W	Johnson City	6:30 PM	8:30 PM	Vestal High School Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 26, 2025	Fri	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Sep 27, 2025	Sat	Regular Season (Owego Tournament)	@ TBD	9:00 AM		Owego High School		L
Sep 30, 2025	Tue	Regular Season 3-0 W	@ Binghamton	6:30 PM	8:30 PM	Binghamton High School-Gym		L
Oct 1, 2025	Wed	Regular Season 1-3 L	Oneonta	7:00 PM		Vestal High School Gym		NL
Oct 4, 2025	Sat	Regular Season (Perrone Tournament)	Corning-Painted Post, Whitney Point, Lansing, North Penn-Mansfield HS, Ithaca, Waverly, City Honors, Buffalo, Baldwinsville, Trumansburg, Elmira, Stillwater, Owego Apalachin, Central Mountain HS, Cuba-Rushford, Hornell, Spencer-Van Etten @ Horseheads	9:00 AM	9:00 PM	Horseheads M S		NL
Oct 6, 2025	Mon	Regular Season 3-0 W	@ Union-Endicott	6:30 PM	8:30 PM	UEHS Main Gym		L
Oct 9, 2025	Thu	Regular Season 3-0 W	@ Elmira	6:30 PM	8:30 PM	EHS Gym		L
Oct 11, 2025	Sat	Regular Season (Windsor Tournament)	@ TBD	9:00 AM		Windsor High School		L
Oct 14, 2025	Tue	Regular Season 2-3 L	Maine-Endwell	6:30 PM	8:30 PM	Vestal High School Gym		L
Oct 16, 2025	Thu	Regular Season 3-0 W	@ Johnson City	6:30 PM	8:30 PM	JC HS Large Gym		L
Oct 20, 2025	Mon	Regular Season 1-3 L	Windsor	6:30 PM		Vestal High School Gym		NL
Oct 21, 2025	Tue	Regular Season 3-0 W	Binghamton	6:30 PM	8:30 PM	Vestal High School Gym		L
Oct 22, 2025	Wed	Practice	N/A	3:45 PM	5:45 PM	Vestal High School Gym		
Nov 8, 2025	Sat	Practice	N/A	2:00 PM	4:00 PM	Vestal High School Gym		
Nov 9, 2025	Sun	Post-Season (Section IV Class AA Championship) 0-3 L	@ Horseheads	11:00 AM		High School Gym		NL

Date: 2025-12-13