



# Vestal

## (B) 7/8TH Swimming/Diving

### Coaches:

- Pat Harnan

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 18, 2019	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Nov 19, 2019	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Nov 20, 2019	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Nov 21, 2019	Thu	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Nov 22, 2019	Fri	Practice	N/A	5:30 PM	7:30 PM	TBD		
Nov 23, 2019	Sat	Practice	N/A	10:00 AM	12:00 PM	TBD		
Nov 25, 2019	Mon	Practice	N/A	5:30 PM	7:30 PM	TBD		
Nov 26, 2019	Tue	Practice	N/A	5:30 PM	7:30 PM	TBD		
CANCELLED Nov 27, 2019	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Nov 29, 2019	Fri	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Pool		
Nov 30, 2019	Sat	Practice	N/A	10:30 AM	12:30 PM	Vestal High School Pool		
Dec 2, 2019	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Dec 3, 2019	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Dec 4, 2019	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Dec 5, 2019	Thu	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Dec 6, 2019	Fri	Regular Season	Elmira, Owego Apalachin	5:30 PM		Vestal High School Baseball Field		L
Dec 9, 2019	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Dec 10, 2019	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Dec 11, 2019	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Dec 12, 2019	Thu	Regular Season	Corning-Painted Post	5:30 PM		Vestal High School Baseball Field		L
Dec 13, 2019	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Dec 14, 2019	Sat	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Pool		
Dec 16, 2019	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Dec 17, 2019	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Dec 18, 2019	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Dec 20, 2019	Fri	Practice	N/A	3:00 PM	4:15 PM	Vestal High School Pool		
Dec 23, 2019	Mon	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Pool		
Dec 27, 2019	Fri	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Pool		
Dec 28, 2019	Sat	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Pool		
Dec 30, 2019	Mon	Practice	N/A	9:30 AM	11:30 AM	Vestal High School Pool		
Dec 31, 2019	Tue	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Pool		
Jan 2, 2020	Thu	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 3, 2020	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 4, 2020	Sat	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Pool		
Jan 6, 2020	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 7, 2020	Tue	Practice	N/A	3:00 PM	4:15 PM	Vestal High School Pool		
Jan 8, 2020	Wed	Regular Season	@ Horseheads	5:30 PM		HHS HS Pool	Departure Time: 3:20 PM	L
Jan 9, 2020	Thu	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 10, 2020	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 11, 2020	Sat	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Pool		
Jan 13, 2020	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 14, 2020	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 15, 2020	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 16, 2020	Thu	Regular Season	Union-Endicott @ Owego Apalachin	4:30 PM		OFA Pool	Departure Time: 3:05 PM	L
Jan 17, 2020	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 18, 2020	Sat	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Pool		
Jan 20, 2020	Mon	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Pool		
Jan 21, 2020	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 22, 2020	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 23, 2020	Thu	Regular Season	Chenango Forks	5:30 PM		Vestal High School Baseball Field		L
Jan 24, 2020	Fri	Practice	N/A	3:00 PM	4:15 PM	Vestal High School Pool		
Jan 27, 2020	Mon	Regular Season	Corning-Painted Post, Binghamton	5:30 PM		Vestal High School Baseball Field		L
Jan 28, 2020	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		

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Jan 29, 2020	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Jan 30, 2020	Thu	Regular Season	Norwich, Susquehanna Valley	5:30 PM		Vestal High School Baseball Field		L
Jan 31, 2020	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Feb 1, 2020	Sat	Regular Season (Maine Endwell Invitational)	@ TBD	10:00 AM		Maine Endwell High School	Departure Time: 10:00 AM	NL
Feb 3, 2020	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Feb 4, 2020	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Pool		
Feb 5, 2020	Wed	Regular Season	Owego Apalachin @ Elmira	5:30 PM		EDA Pool	Departure Time: 3:20 PM	L

Date: 2024-06-01