

## Coaches:

- Joe Shore, Head Coach
- Sara Rostedt, Asst Coach

CANCELLED Cot   Tue	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Decision   Parallele   Paral		Tue		N/A				
Oct 19, 2020	Oct 14, 2020	Wed		N/A				
Oct 20, 2020   Tue	Oct 15, 2020	Thu		N/A				
Oct 21, 2020   New   Practice (Boys Swim Workout)   N/A   PM   PM   Pool	Oct 19, 2020	Mon		N/A			•	
Oct 21, 2020	Oct 20, 2020	Tue		N/A				
Oct 26, 2020   Mon	Oct 21, 2020	Wed		N/A				
Oct 26, 2020   Mon   Workouth   N/A   PM   PM   Pool	Oct 22, 2020	Thu		N/A				
Oct 28, 2020   Wed   Practice (Boys Swim Workout)   N/A   5:00   6:00   Vestal High School   Pool	Oct 26, 2020	Mon		N/A			•	
Oct 29, 2020   Wed   Workout)   N/A   PM   PM   PM   Pool	Oct 27, 2020	Tue		N/A				
Dec   Dec	Oct 28, 2020	Wed		N/A			•	
Jan 5, 2021   Tue   Practice (Swim Practice)   N/A   3:00   5:00   Vestal High School Practice (Swim Practice)   N/A   3:00   5:00   Vestal High School Practice (Swim Practice)   N/A   3:00   5:00   Vestal High School Practice (Swim Practice)   N/A   3:00   5:00   Vestal High School Practice (Swim Practice)   N/A   3:00   5:00   Vestal High School Practice (Swim Practice)   N/A   3:00   5:00   Vestal High School Practice (Swim Practice)   N/A   3:00   5:00   Vestal High School Practice (Swim Practice)   N/A   3:00   5:00   Vestal High School Practice   N/A   3:00   5:15   Vestal High School Practice   N/A   0:00   11:00   Vestal High School Practice   N/A   0:00   11:00   Vestal High School Practice   N/A   0:00   1:00   Vestal High School Practice   N/A   0:00	Oct 29, 2020	Thu		N/A				
Practice   Practice   N/A   PM   PM   Pool	Jan 4, 2021	Mon		N/A				
Jan 7, 2021         Wed Practice)         IV/A         PM         PM         Pool           Jan 7, 2021         Thu Practice (Swim Practice)         N/A         3:00 5:00 Vestal High School Pool           Jan 8, 2021         Fri Practice (Swim Practice)         N/A         3:00 5:00 Vestal High School Pool           Jan 9, 2021         Sat Practice         N/A         9:00 11:00 Vestal High School Pool           Jan 11, 2021         Mon Practice         N/A         3:00 5:15 Vestal High School Pool           Jan 12, 2021         Tue Practice         N/A         3:00 5:15 Vestal High School Pool           Jan 13, 2021         Wed Practice         N/A         3:00 5:15 Vestal High School Pool           Jan 14, 2021         Thu Practice         N/A         3:00 5:15 Vestal High School Pool           Jan 15, 2021         Tri Practice         N/A         3:45 5:45 Vestal High School Pool           Jan 16, 2021         Sat Practice         N/A         9:00 11:00 Vestal High School Pool           Jan 19, 2021         Tue Practice         N/A         3:45 5:45 Vestal High School Pool           Jan 19, 2021         Tue Practice         N/A         3:45 5:45 Vestal High School Pool           Jan 19, 2021         Tue Practice         N/A         3:00 5:15 Vestal High School Pool	Jan 5, 2021	Tue		N/A				
Jan 8, 2021   Fri	Jan 6, 2021	Wed		N/A				
Jan 9, 2021         Sat         Practice         N/A         PM         PM         Pool           Jan 9, 2021         Sat         Practice         N/A         9:00 / AM         11:00 Vestal High School           Jan 11, 2021         Mon         Practice         N/A         3:00 / PM         5:15 Vestal High School           Jan 12, 2021         Tue         Practice         N/A         3:00 / PM         5:15 Vestal High School           Jan 13, 2021         Wed         Practice         N/A         3:00 / PM         5:15 Vestal High School           Jan 14, 2021         Thu         Practice         N/A         3:00 / PM         5:15 Vestal High School           Jan 15, 2021         Fri         Practice         N/A         3:45 S:45 Vestal High School           Jan 16, 2021         Sat         Practice         N/A         9:00 11:00 Vestal High School           POSTPONED Jan 18, 2021         Mon         Practice         N/A         3:45 S:45 Vestal High School           Jan 19, 2021         Tue         Practice         N/A         3:00 S:15 Vestal High School           PM PM PM POol         Pool         Pool         Pool	Jan 7, 2021	Thu		N/A				
Jan 11, 2021         Mon         Practice         N/A         AM         AM         Pool           Jan 11, 2021         Mon         Practice         N/A         3:00 PM         5:15 PM         Vestal High School PM           Jan 12, 2021         Tue         Practice         N/A         3:00 PM         5:15 PM         Vestal High School PM           Jan 13, 2021         Wed         Practice         N/A         3:00 PM         5:15 PM         Vestal High School PM           Jan 14, 2021         Thu         Practice         N/A         3:45 PM         5:45 PM         Vestal High School PM           Jan 15, 2021         Fri         Practice         N/A         9:00 PM         11:00 PM         Vestal High School PM           Jan 16, 2021         Sat         Practice         N/A         3:45 PM         5:45 PM         Vestal High School PM           POSTPONED Jan 18, 2021         Mon         Practice         N/A         3:45 PM         5:45 PM         Vestal High School PM           Jan 19, 2021         Tue         Practice         N/A         3:00 PM         5:15 PM         Vestal High School PM           Jan 20, 2021         Wood         Practice         N/A         3:00 PM         5:15 PM         Vestal High School </td <td>Jan 8, 2021</td> <td>Fri</td> <td></td> <td>N/A</td> <td></td> <td></td> <td></td> <td></td>	Jan 8, 2021	Fri		N/A				
Jan 11, 2021         Mon         Practice         N/A         PM         PM         Pool           Jan 12, 2021         Tue         Practice         N/A         3:00 5:15 Vestal High School PM PM Pool           Jan 13, 2021         Wed         Practice         N/A         3:00 5:15 Vestal High School PM PM Pool           Jan 14, 2021         Thu         Practice         N/A         3:45 5:45 Vestal High School PM PM Pool           Jan 15, 2021         Fri         Practice         N/A         9:00 11:00 Vestal High School Pool           Jan 16, 2021         Sat         Practice         N/A         9:00 11:00 Vestal High School Pool           POSTPONED Jan 18, 2021         Mon         Practice         N/A         3:45 5:45 Vestal High School Pool           Jan 19, 2021         Tue         Practice         N/A         3:00 5:15 Vestal High School Pool           Jan 20, 2021         Wed Practice         N/A         3:00 5:15 Vestal High School	Jan 9, 2021	Sat	Practice	N/A			•	
Jan 13, 2021         Wed Practice         N/A         PM PM PM Pool         PM Pool           Jan 13, 2021         Wed Practice         N/A         3:00 5:15 Vestal High School PM Pool           Jan 14, 2021         Thu Practice         N/A         3:00 5:15 Vestal High School PM Pool           Jan 15, 2021         Fri Practice         N/A         3:45 5:45 Vestal High School PM Pool           Jan 16, 2021         Sat Practice         N/A         9:00 11:00 Vestal High School PM Pool           POSTPONED Jan 18, 2021         Mon Practice         N/A         3:45 5:45 Vestal High School PM Pool           Jan 19, 2021         Tue Practice         N/A         3:00 5:15 Vestal High School PM Pool           Jan 20, 2021         Wed Practice         N/A         3:00 5:15 Vestal High School	Jan 11, 2021	Mon	Practice	N/A			_	
Jan 14, 2021 Thu Practice N/A 3:00 5:15 Vestal High School PM PM Pool  Jan 15, 2021 Fri Practice N/A 3:45 5:45 Vestal High School PM PM Pool  Jan 16, 2021 Sat Practice N/A 9:00 11:00 Vestal High School AM AM Pool  POSTPONED Jan Mon Practice N/A 3:45 5:45 Vestal High School N/A 3:45 5:45 Vestal High School PM PM Pool  POSTPONED Jan Mon Practice N/A 3:45 5:45 Vestal High School PM PM Pool  Jan 19, 2021 Tue Practice N/A 3:00 5:15 Vestal High School PM PM Pool	Jan 12, 2021	Tue	Practice	N/A			_	
Jan 15, 2021 Fri Practice N/A 3:45 5:45 Vestal High School PM PM Pool  Jan 16, 2021 Sat Practice N/A 9:00 11:00 Vestal High School AM AM Pool  POSTPONED Jan Mon Practice N/A 3:45 5:45 Vestal High School N/A 3:45 5:45 Vestal High School PM PM Pool  N/A 3:45 5:45 Vestal High School PM PM Pool  Jan 19, 2021 Tue Practice N/A 3:00 5:15 Vestal High School PM PM Pool  Jan 20 2021 Wood Practice N/A 3:00 5:15 Vestal High School	Jan 13, 2021	Wed	Practice	N/A			•	
Jan 16, 2021 Sat Practice N/A 9:00 11:00 Vestal High School AM AM Pool  POSTPONED Jan Mon Practice N/A 3:45 5:45 Vestal High School 18, 2021 Tue Practice N/A 3:00 5:15 Vestal High School PM PM Pool  Jan 19, 2021 Tue Practice N/A 3:00 5:15 Vestal High School PM PM Pool	Jan 14, 2021	Thu	Practice	N/A			_	
POSTPONED Jan Mon Practice N/A 3:45 5:45 Vestal High School 18, 2021 Tue Practice N/A 3:00 5:15 Vestal High School PM PM Pool  Jan 19, 2021 Tue Practice N/A 3:00 5:15 Vestal High School PM PM Pool  Jan 20, 2021 Word Practice N/A 3:00 5:15 Vestal High School	Jan 15, 2021	Fri	Practice	N/A				
18, 2021 Practice N/A PM PM Pool  Jan 19, 2021 Tue Practice N/A 3:00 5:15 Vestal High School  PM PM Pool  3:00 5:15 Vestal High School	Jan 16, 2021	Sat	Practice	N/A			_	
Jan 19, 2021 Tue Practice N/A PM PM Pool  Jan 20, 2021 Wed Practice N/A 3:00 5:15 Vestal High School		Mon	Practice	N/A				
	Jan 19, 2021	Tue	Practice	N/A				
	Jan 20, 2021	Wed	Practice	N/A			_	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 21, 2021	Thu	Practice	N/A	3:00 PM	5:15 PM	Vestal High School Pool		
Jan 22, 2021	Fri	Practice	N/A	3:00 PM	5:15 PM	Vestal High School Pool		
Jan 23, 2021	Sat	Practice	N/A	9:00 AM	11:00 AM	Vestal High School Pool Gym		
Jan 25, 2021	Mon	Practice	N/A	3:00 PM	5:30 PM	Vestal High School Pool		
Jan 27, 2021	Wed	Practice	N/A	3:00 PM	5:30 PM	Vestal High School Pool		
Jan 28, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal High School Pool		
Jan 29, 2021	Fri	Regular Season (Virtual no spectators at HH location - Duo- Meet/Vestal will be at Elmira)	Horseheads	5:30 PM	7:30 PM	Vestal High School Baseball Field, HHS High School Pool		L
Jan 29, 2021	Fri	Regular Season 125-60 W	@ Elmira	5:30 PM		EDA Pool		L
Jan 30, 2021	Sat	Practice	N/A	8:45 AM	11:00 AM	Vestal High School Pool Gym		
Feb 3, 2021	Wed	Regular Season (Virtual meet-limited spectators at Vestal)	Maine- Endwell	5:30 PM	7:30 PM	Vestal High School Baseball Field, Maine Endwell High School		L
Feb 4, 2021	Thu	Practice	N/A	3:00 PM	5:30 PM	Vestal High School Pool		
Feb 5, 2021	Fri	Regular Season (Virtual meet-limited spectators at Vestal)	Ithaca	5:30 PM	7:30 PM	Vestal High School Baseball Field, Ithaca High School		L
Feb 6, 2021	Sat	Practice	N/A	9:00 AM	11:00 AM	Vestal High School Pool		
Feb 8, 2021	Mon	Practice	N/A	3:00 PM	5:30 PM	Vestal High School Pool		
Feb 9, 2021	Tue	Regular Season (Virtual)	@ Binghamton	5:30 PM	7:30 PM	East Middle School Pool		L
Feb 9, 2021	Tue	Regular Season (Both teams @ JC-limited spectators)	@ Johnson City	5:30 PM	7:30 PM	JC HS Pool	<b>Departure Time:</b> 4:00 PM	L
Feb 10, 2021	Wed	Practice	N/A	3:00 PM	5:30 PM	Vestal High School Pool		
Feb 11, 2021	Thu	Practice	N/A	3:00 PM	5:30 PM	Vestal High School Pool		
Feb 12, 2021	Fri	Regular Season (Both teams @ Vestal-limited spectators)	Union- Endicott	5:30 PM	7:30 PM	Vestal High School Baseball Field		L
Feb 13, 2021	Sat	Practice	N/A	9:00 AM	11:00 AM	Vestal High School Pool		
Feb 17, 2021	Wed	Regular Season 77-94 L	Corning- Painted Post	5:30 PM	7:30 PM	Vestal High School Baseball Field		L
Feb 23, 2021	Tue	Practice	N/A	3:00 PM	4:45 PM	Vestal High School Pool		
Feb 24, 2021	Wed	Practice	N/A	3:00 PM	4:45 PM	Vestal High School Pool		
Feb 25, 2021	Thu	Practice	N/A	3:00 PM	4:45 PM	Vestal High School Pool		
Feb 26, 2021	Fri	Practice	N/A	3:00 PM	4:45 PM	Vestal High School Pool		
Feb 27, 2021	Sat	Regular Season (Sectionals)	TBD	12:00 PM		Vestal High School Baseball Field		L

Date: 2024-05-20