



Vestal

(B) V Swimming/Diving

Coaches:

- Joe Shore, Head Coach
- Sara Rostedt, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2018	Fri	Regular Season 83-103 L	Horseheads	5:30 PM		Vestal High School Baseball Field		NL
Dec 14, 2018	Fri	Regular Season 87-94 L	Maine-Endwell	5:30 PM	7:30 PM	Vestal High School Baseball Field		L
Dec 18, 2018	Tue	Regular Season 106-77 W	Johnson City	5:30 PM	7:30 PM	Vestal High School Baseball Field		L
Dec 21, 2018	Fri	Regular Season 74-64 W	@ Owego Apalachin	4:30 PM	6:30 PM	OFA Pool	Departure Time: 2:30 PM	L
Dec 24, 2018	Mon	Practice	N/A	7:45 AM	10:30 AM	Vestal High School Baseball Field		
Dec 26, 2018	Wed	Practice	N/A	8:15 AM	10:00 AM	Vestal High School Baseball Field		
Dec 26, 2018	Wed	Practice	N/A	3:00 PM	5:15 PM	Vestal High School Baseball Field		
Dec 27, 2018	Thu	Practice	N/A	8:15 AM	10:00 AM	Vestal High School Baseball Field		
Dec 27, 2018	Thu	Practice	N/A	3:00 PM	5:15 PM	Vestal High School Baseball Field		
Dec 28, 2018	Fri	Practice	N/A	8:15 AM	10:00 AM	Vestal High School Baseball Field		
Dec 28, 2018	Fri	Practice	N/A	3:00 PM	5:15 PM	Vestal High School Baseball Field		
Dec 29, 2018	Sat	Practice	N/A	8:15 AM	11:00 AM	Vestal High School Baseball Field		
Jan 11, 2019	Fri	Regular Season 60-36 W	@ Union-Endicott	5:30 PM	7:30 PM	UEHS Pool	Departure Time: 3:40 PM	L
Jan 18, 2019	Fri	Regular Season (Elmira Diving Invitational)	@ TBD	5:15 PM		Ernie Davis	Departure Time: 2:30 PM	NL
Jan 26, 2019	Sat	Regular Season (Elmira Swim Invitational)	@ TBD	10:15 AM		Ernie Davis	Departure Time: 7:20 AM	NL
Feb 1, 2019	Fri	Regular Season (Sr. Nite) 88-66 W	Binghamton	5:30 PM		Vestal High School Baseball Field		NL
Feb 5, 2019	Tue	Regular Season (Senior Night) 87-67 W	@ Susquehanna Valley	5:30 PM	7:15 PM	SVHS Pool	Departure Time: 3:30 PM	NL
Feb 13, 2019	Wed	Post-Season (Sectional Prelims)	@ TBD	4:30 PM		Elmira High School	Departure Time: 1:20 PM	NL
Feb 15, 2019	Fri	Post-Season (Sectionals Diving)	@ TBD	TBD		Watkins Glen High School	Departure Time: 12:50 AM	NL
Feb 16, 2019	Sat	Post-Season (Sectional Finals)	@ TBD	10:00 AM		Watkins Glen High School	Departure Time: 6:50 AM	NL
Mar 1, 2019	Fri	Post-Season (State Championships)	@ TBD	TBD		Nassau Aquatics Center		NL

Date: 2026-01-12