



# Vestal

## (G) 7/8TH Outdoor Track

### Coaches:

- Ron O'Shea

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 24, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Mar 25, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Mar 26, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Mar 27, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Mar 28, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Mar 31, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 1, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 2, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 3, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 4, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 7, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 8, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 9, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 10, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 11, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 15, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 16, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 17, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		

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Apr 28, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 29, 2025	Tue	Regular Season	Windsor, Horseheads @ Owego Apalachin	5:00 PM	7:00 PM	OFA Stadium		L
Apr 30, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 1, 2025	Thu	Regular Season	Waverly, Susquehanna Valley @ Elmira (Elmira Express)	5:00 PM	7:00 PM	EHS Stadium		L
May 2, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 5, 2025	Mon	Regular Season	Chenango Valley @ Norwich	5:00 PM	8:00 PM	NHS Stadium (Turf Field)		L
May 5, 2025	Mon	Regular Season	Chenango Valley, Seton Catholic Central, Johnson City @ Norwich	5:00 PM	8:00 PM	NHS Stadium (Turf Field)		L
May 6, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 7, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 8, 2025	Thu	Regular Season	Johnson City, Maine-Endwell, Union-Endicott, Binghamton	5:00 PM		Vestal Dick Hoover Stadium		L
May 9, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
CANCELLED May 12, 2025	Mon	Regular Season	Oneonta, Corning-Painted Post @ TBD	5:00 PM		High School - Stadium		L
May 13, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 14, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 15, 2025	Thu	Regular Season	Corning-Painted Post, Oneonta, Seton Catholic Central	5:30 PM		Vestal Dick Hoover Stadium		L
May 16, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 19, 2025	Mon	Regular Season	Owego Apalachin, Ithaca @ Windsor	4:30 PM	7:00 PM	Windsor High School Track		L
May 20, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 21, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 22, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 27, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 28, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		

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May 29, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 30, 2025	Fri	Post-Season	Oneonta	5:00 PM		Vestal Dick Hoover Stadium		NL
May 30, 2025	Fri	Regular Season	Susquehanna Valley, Johnson City, Binghamton, Maine-Endwell, Union-Endicott, Elmira (Elmira Express), Corning-Painted Post, Ithaca, Horseheads	5:00 PM	8:30 PM	Vestal Dick Hoover Stadium		L

Date: 2025-12-10