



# Vestal

## (G) V Outdoor Track

### Coaches:

- Jim Cerra, Head Coach
- Flavia Cass, Asst Coach
- Joe Nemecek, Asst Coach
- Stephen Marcin, Asst Coach
- Alanna Lenga

| DATE         | WEEK DAY | TYPE                                  | OPPONENTS  | START TIME | END TIME | LOCATION                          | TRANSPORTATION / NON-LEAGUE | LEAGUE |
|--------------|----------|---------------------------------------|------------|------------|----------|-----------------------------------|-----------------------------|--------|
| Apr 23, 2021 | Fri      | Practice (Practice)                   | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| Apr 24, 2021 | Sat      | Practice (Practice)                   | N/A        | 11:00 AM   | 12:30 PM | Vestal Dick Hoover Stadium        |                             |        |
| Apr 26, 2021 | Mon      | Practice (Practice)                   | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| Apr 28, 2021 | Wed      | Practice (Practice)                   | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| Apr 29, 2021 | Thu      | Practice (Practice)                   | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| Apr 30, 2021 | Fri      | Practice (Practice)                   | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 3, 2021  | Mon      | Practice                              | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 4, 2021  | Tue      | Practice (Varsity Meet at Binghamton) | N/A        | TBD        |          | Binghamton Alumni Stadium         |                             |        |
| May 5, 2021  | Wed      | Practice                              | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 6, 2021  | Thu      | Practice                              | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 10, 2021 | Mon      | Practice                              | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 11, 2021 | Tue      | Practice                              | N/A        | TBD        |          | Maine Endwell High School         |                             |        |
| May 12, 2021 | Wed      | Practice                              | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 13, 2021 | Thu      | Practice                              | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 17, 2021 | Mon      | Practice                              | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 19, 2021 | Wed      | Practice                              | N/A        | 3:00 PM    | 4:30 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 20, 2021 | Thu      | Practice                              | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 24, 2021 | Mon      | Practice                              | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 26, 2021 | Wed      | Practice                              | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| May 27, 2021 | Thu      | Practice                              | N/A        | 3:00 PM    | 5:00 PM  | Vestal Dick Hoover Stadium        |                             |        |
| Jun 9, 2021  | Wed      | Post-Season (Class A Meet)            | Horseheads | 5:00 PM    |          | Vestal High School Baseball Field |                             | L      |
| Jun 9, 2021  | Wed      | Regular Season (Class A Championship) | Ithaca     | 5:00 PM    | 8:30 PM  | Vestal Dick Hoover Stadium        |                             | L      |

Date: 2024-05-09