



# Vestal

## (G) V Outdoor Track

### Coaches:

- Jim Cerra, Head Coach
- Flavia Cass, Asst Coach
- Joe Nemecek, Asst Coach
- Stephen Marcin, Asst Coach
- Alanna Lenga

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 23, 2021	Fri	Practice (Practice)	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 24, 2021	Sat	Practice (Practice)	N/A	11:00 AM	12:30 PM	Vestal Dick Hoover Stadium		
Apr 26, 2021	Mon	Practice (Practice)	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 28, 2021	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 29, 2021	Thu	Practice (Practice)	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 30, 2021	Fri	Practice (Practice)	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 3, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 4, 2021	Tue	Practice (Varsity Meet at Binghamton)	N/A	TBD		Binghamton Alumni Stadium		
May 5, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 6, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 10, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 11, 2021	Tue	Practice	N/A	TBD		Maine Endwell High School		
May 12, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 13, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 17, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 19, 2021	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium		
May 20, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 24, 2021	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 26, 2021	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 27, 2021	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Jun 9, 2021	Wed	Post-Season (Class A Meet)	Horseheads	5:00 PM		Vestal High School Baseball Field		L
Jun 9, 2021	Wed	Regular Season (Class A Championship)	Ithaca	5:00 PM	8:30 PM	Vestal Dick Hoover Stadium		L

Date: 2024-05-19