



# Vestal

## (B) 7/8TH Outdoor Track

### Coaches:

- Ron O'Shea, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 20, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 21, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 22, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 25, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 26, 2022	Tue	Regular Season	Seton Catholic Central @ Owego Apalachin	5:00 PM		OFA Stadium	<b>Departure Time:</b> 4:00 PM	L
Apr 27, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 28, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Apr 29, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 2, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 2, 2022	Mon	Regular Season	@ Union-Endicott	5:00 PM	7:00 PM	UEHS Mike Miller Track	<b>Departure Time:</b> 4:15 PM	L
May 3, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 4, 2022	Wed	Regular Season	@ Johnson City	5:00 PM		JC Wildcat Stadium	<b>Departure Time:</b> 4:15 PM	L
May 5, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 6, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 9, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 10, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 11, 2022	Wed	Practice (Practice)	N/A	3:30 PM	5:30 PM	TBD		
May 12, 2022	Thu	Regular Season	Union-Endicott, Seton Catholic Central, Susquehanna Valley, Ithaca	4:30 PM		Vestal Dick Hoover Stadium		L
May 13, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 16, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 17, 2022	Tue	Regular Season	Chenango Valley, Ithaca @ Windsor	5:00 PM		Windsor High School Track	<b>Departure Time:</b> 4:20 PM	L
May 18, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 19, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 23, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 24, 2022	Tue	Regular Season	Johnson City, Maine-Endwell, Union-Endicott, Binghamton	5:00 PM		Vestal Dick Hoover Stadium		L
May 25, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 26, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 31, 2022	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Jun 1, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Jun 2, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Jun 3, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Jun 6, 2022	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Jun 7, 2022	Tue	Regular Season (Divisional Meet @ TBD )		5:30 PM		Owego High School	<b>Departure Time:</b> 4:15 PM	L

Date: 2024-04-26