



Vestal

(B) 7/8TH Outdoor Track

Coaches:

- Ron O'Shea, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 10, 2020	Tue	Practice (VMS- B & G mod track info. & roster meeting)	N/A	2:35 PM	3:50 PM	TBD		
POSTPONED Mar 16, 2020	Mon	Practice (VMS- Organization Practice)	N/A	2:35 PM	3:50 PM	TBD		
CANCELLED Mar 16, 2020	Mon	Practice (practice mod. B & G Track & F. cancelled)	N/A		TBD		TBD	
CANCELLED Mar 17, 2020	Tue	Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room)	N/A	2:50 PM	4:50 PM	Vestal Dick Hoover Stadium		
CANCELLED Mar 18, 2020	Wed	Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room)	N/A	2:50 PM	4:50 PM	TBD		
CANCELLED Mar 19, 2020	Thu	Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room)	N/A	2:50 PM	4:50 PM	TBD		
CANCELLED Mar 20, 2020	Fri	Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room)	N/A	2:50 PM	4:50 PM	TBD		
CANCELLED Mar 23, 2020	Mon	Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room)	N/A	2:50 PM	4:50 PM	TBD		
CANCELLED Mar 24, 2020	Tue	Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room)	N/A	2:50 PM	4:50 PM	TBD		
CANCELLED Mar 25, 2020	Wed	Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room)	N/A	2:50 PM	4:50 PM	TBD		
CANCELLED Mar 25, 2020	Wed	Practice (Practice cancelled)	N/A		TBD		TBD	
CANCELLED Mar 26, 2020	Thu	Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room)	N/A	2:50 PM	4:50 PM	TBD		
CANCELLED Mar 26, 2020	Thu	Practice (Practice cancelled)	N/A		TBD		TBD	
CANCELLED Mar 27, 2020	Fri	Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room)	N/A	2:50 PM	4:50 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
CANCELLED Mar 27, 2020	Fri	Practice (Practice cancelled)	N/A	TBD		TBD		
CANCELLED Mar 30, 2020	Mon	Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room)	N/A	2:50 PM	4:50 PM	TBD		
CANCELLED Mar 30, 2020	Mon	Practice (Practice cancelled)	N/A	TBD		TBD		
CANCELLED Mar 31, 2020	Tue	Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room)	N/A	2:50 PM	4:50 PM	TBD		
CANCELLED Mar 31, 2020	Tue	Practice (Practice cancelled)	N/A	TBD		TBD		
CANCELLED Apr 1, 2020	Wed	Practice (Practice cancelled)	N/A	TBD		TBD		
CANCELLED Apr 2, 2020	Thu	Practice (Practice cancelled)	N/A	TBD		TBD		
CANCELLED Apr 3, 2020	Fri	Practice (Practice cancelled)	N/A	TBD		TBD		
CANCELLED Apr 6, 2020	Mon	Practice (Practice cancelled)	N/A	TBD		TBD		
CANCELLED Apr 7, 2020	Tue	Practice (Practice cancelled)	N/A	TBD		TBD		
CANCELLED Apr 8, 2020	Wed	Practice (Practice cancelled)	N/A	TBD		TBD		
CANCELLED Apr 9, 2020	Thu	Practice (Practice cancelled)	N/A	TBD		TBD		
CANCELLED Apr 10, 2020	Fri	Practice (Practice cancelled)	N/A	TBD		TBD		
Apr 13, 2020	Mon	Practice (Practice cancelled)	N/A	TBD		TBD		
Apr 13, 2020	Mon	Practice (practice mod. B & G Track & F. cancelled)	N/A	TBD		TBD		
POSTPONED Apr 20, 2020	Mon	Regular Season	Oneonta, Windsor, Horseheads	4:30 PM		Vestal Dick Hoover Stadium		L
Apr 27, 2020	Mon	Regular Season	Binghamton @ Chenango Forks	5:00 PM		High School - Stadium	Departure Time: 3:20 PM	L
CANCELLED Apr 30, 2020	Thu	Regular Season	Corning-Painted Post, Norwich @ Maine-Endwell	5:00 PM		Maine-Endwell HS Turf	Departure Time: 3:20 PM	L
POSTPONED May 7, 2020	Thu	Regular Season (Vestal, Chenango Forks at SV)	Chenango Forks @ Susquehanna Valley	4:30 PM	6:30 PM	SVHS Track	Departure Time: 3:20 PM	L
CANCELLED May 11, 2020	Mon	Regular Season	Ithaca, Chenango Valley, Oneonta	5:00 PM		Vestal Dick Hoover Stadium		L
CANCELLED May 18, 2020	Mon	Regular Season (Divisional Meet)	TBD	4:30 PM		Vestal Dick Hoover Stadium		L
May 23, 2020	Sat	Regular Season (Snapple Invite-Date TBD)	@ TBD	TBD		Elmira High School		NL

Date: 2026-01-14