



Vestal

(B) 7/8TH Outdoor Track

Coaches:

- Ron O'Shea, Head Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|--|-----------|------------|----------|----------------------------|----------------|---------------------|
| Mar 10, 2020 | Tue | Practice (VMS- B & G mod track info. & roster meeting) | N/A | 2:35 PM | 3:50 PM | TBD | | |
| POSTPONED Mar 16, 2020 | Mon | Practice (VMS- Organization Practice) | N/A | 2:35 PM | 3:50 PM | TBD | | |
| CANCELLED Mar 16, 2020 | Mon | Practice (practice mod. B & G Track & F. cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Mar 17, 2020 | Tue | Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room) | N/A | 2:50 PM | 4:50 PM | Vestal Dick Hoover Stadium | | |
| CANCELLED Mar 18, 2020 | Wed | Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room) | N/A | 2:50 PM | 4:50 PM | TBD | | |
| CANCELLED Mar 19, 2020 | Thu | Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room) | N/A | 2:50 PM | 4:50 PM | TBD | | |
| CANCELLED Mar 20, 2020 | Fri | Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room) | N/A | 2:50 PM | 4:50 PM | TBD | | |
| CANCELLED Mar 23, 2020 | Mon | Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room) | N/A | 2:50 PM | 4:50 PM | TBD | | |
| CANCELLED Mar 24, 2020 | Tue | Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room) | N/A | 2:50 PM | 4:50 PM | TBD | | |
| CANCELLED Mar 25, 2020 | Wed | Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room) | N/A | 2:50 PM | 4:50 PM | TBD | | |
| CANCELLED Mar 25, 2020 | Wed | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Mar 26, 2020 | Thu | Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room) | N/A | 2:50 PM | 4:50 PM | TBD | | |
| CANCELLED Mar 26, 2020 | Thu | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Mar 27, 2020 | Fri | Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room) | N/A | 2:50 PM | 4:50 PM | TBD | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|------------------------|----------|--|---|------------|----------|----------------------------|--------------------------------|---------------------|
| CANCELLED Mar 27, 2020 | Fri | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Mar 30, 2020 | Mon | Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room) | N/A | 2:50 PM | 4:50 PM | TBD | | |
| CANCELLED Mar 30, 2020 | Mon | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Mar 31, 2020 | Tue | Practice (Practice at Stadium Track, girls report to team room, boys to CAElem. locker room) | N/A | 2:50 PM | 4:50 PM | TBD | | |
| CANCELLED Mar 31, 2020 | Tue | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Apr 1, 2020 | Wed | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Apr 2, 2020 | Thu | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Apr 3, 2020 | Fri | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Apr 6, 2020 | Mon | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Apr 7, 2020 | Tue | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Apr 8, 2020 | Wed | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Apr 9, 2020 | Thu | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| CANCELLED Apr 10, 2020 | Fri | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| Apr 13, 2020 | Mon | Practice (Practice cancelled) | N/A | TBD | | TBD | | |
| Apr 13, 2020 | Mon | Practice (practice mod. B & G Track & F. cancelled) | N/A | TBD | | TBD | | |
| POSTPONED Apr 20, 2020 | Mon | Regular Season | Oneonta, Windsor, Horseheads | 4:30 PM | | Vestal Dick Hoover Stadium | | L |
| Apr 27, 2020 | Mon | Regular Season | Binghamton @ Chenango Forks | 5:00 PM | | High School - Stadium | Departure Time: 3:20 PM | L |
| CANCELLED Apr 30, 2020 | Thu | Regular Season | Corning-Painted Post, Norwich @ Maine-Endwell | 5:00 PM | | Maine-Endwell HS Turf | Departure Time: 3:20 PM | L |
| POSTPONED May 7, 2020 | Thu | Regular Season (Vestal, Chenango Forks at SV) | Chenango Forks @ Susquehanna Valley | 4:30 PM | 6:30 PM | SVHS Track | Departure Time: 3:20 PM | L |
| CANCELLED May 11, 2020 | Mon | Regular Season | Ithaca, Chenango Valley, Oneonta | 5:00 PM | | Vestal Dick Hoover Stadium | | L |
| CANCELLED May 18, 2020 | Mon | Regular Season (Divisional Meet) | TBD | 4:30 PM | | Vestal Dick Hoover Stadium | | L |
| May 23, 2020 | Sat | Regular Season (Snapple Invite-Date TBD) | @ TBD | TBD | | Elmira High School | | NL |

Date: 2026-01-14