



Vestal

(B) V Outdoor Track

Coaches:

- Jim Cerra, Head Coach
- Flavia Cass, Asst Coach
- Joe Nemecek, Asst Coach
- Stephen Marcin, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 3, 2019	Wed	Regular Season 58-72 L	Owego Apalachin	4:15 PM		Vestal Dick Hoover Stadium		L
Apr 6, 2019	Sat	Regular Season (NY/PENN)	@ TBD	10:00 AM		Windsor High School	Departure Time: 8:20 PM	NL
Apr 9, 2019	Tue	Regular Season	Maine-Endwell	4:15 PM		Vestal Dick Hoover Stadium		L
Apr 11, 2019	Thu	Regular Season (CSI Relays)	@ TBD	4:00 PM		Chenango Forks	Departure Time: 3:00 PM	NL
Apr 13, 2019	Sat	Regular Season (Square Deal Invitational)	@ TBD	12:00 PM		Johnson City High School	Departure Time: 10:20 AM	NL
Apr 23, 2019	Tue	Regular Season 21-110 L	@ Union-Endicott	4:15 PM	7:00 PM	UEHS Mike Miller Track	Departure Time: 2:50 PM	L
Apr 25, 2019	Thu	Regular Season (Penn Relays)	@ TBD	12:00 PM		University of Pennsylvania		L
Apr 26, 2019	Fri	Regular Season (Ithaca Relays)	@ TBD	4:00 PM		Ithaca High School	Departure Time: 1:50 PM	NL
Apr 27, 2019	Sat	Regular Season (Waite Invitational)	@ TBD	12:00 PM		Elmira High School	Departure Time: 10:00 AM	L
Apr 30, 2019	Tue	Regular Season	Elmira (Elmira Express)	4:15 PM		Vestal Dick Hoover Stadium		L
May 3, 2019	Fri	Regular Season (Golden Bear Invitational \$3.00)	TBD	4:00 PM		Vestal Dick Hoover Stadium		NL
May 7, 2019	Tue	Regular Season 52-80 L	@ Johnson City	4:15 PM		JC HS Track	Departure Time: 2:50 PM	L
May 11, 2019	Sat	Regular Season (Parkhurst)	@ TBD	12:00 PM		Union Endicott High School	Departure Time: 10:45 AM	NL
May 13, 2019	Mon	Regular Season (3 Bald Guys Pentathlon)	@ TBD	4:00 PM		Johnson City High School		NL
May 16, 2019	Thu	Regular Season (STAC Meet \$5.00 Admission)	@ TBD	4:00 PM		Johnson City High School	Departure Time: 2:30 PM	NL
May 21, 2019	Tue	Regular Season (Sectionals \$5.00 admission)	TBD	4:00 PM		Vestal Dick Hoover Stadium		NL
May 23, 2019	Thu	Regular Season (Need for Speed)	@ TBD	3:30 PM		Johnson City High School	Departure Time: 2:30 PM	L
May 29, 2019	Wed	Regular Season (State Qualifiers)	@ TBD	5:00 PM		Union Endicott High School	Departure Time: 3:45 PM	NL
May 30, 2019	Thu	Regular Season (State Qualifiers)	@ TBD	5:00 PM		Union Endicott High School	Departure Time: 3:45 PM	NL
Jun 7, 2019	Fri	Regular Season (States)	@ TBD	11:30 AM		Middletown High School		NL
Jun 8, 2019	Sat	Regular Season (States)	@ TBD	10:00 AM		Middletown High School		NL

Date: 2026-01-11