



Vestal

(B) V Outdoor Track

Coaches:

- Jim Cerra, Head Coach
- Flavia Cass, Asst Coach
- Joe Nemecek, Asst Coach
- Stephen Marcin, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|-------------------------|------------|----------|----------------------------|---------------------------------|---------------------|
| Apr 3, 2019 | Wed | Regular Season 58-72 L | Owego Apalachin | 4:15 PM | | Vestal Dick Hoover Stadium | | L |
| Apr 6, 2019 | Sat | Regular Season (NY/PENN) | @ TBD | 10:00 AM | | Windsor High School | Departure Time: 8:20 PM | NL |
| Apr 9, 2019 | Tue | Regular Season | Maine-Endwell | 4:15 PM | | Vestal Dick Hoover Stadium | | L |
| Apr 11, 2019 | Thu | Regular Season (CSI Relays) | @ TBD | 4:00 PM | | Chenango Forks | Departure Time: 3:00 PM | NL |
| Apr 13, 2019 | Sat | Regular Season (Square Deal Invitational) | @ TBD | 12:00 PM | | Johnson City High School | Departure Time: 10:20 AM | NL |
| Apr 23, 2019 | Tue | Regular Season 21-110 L | @ Union-Endicott | 4:15 PM | 7:00 PM | UEHS Mike Miller Track | Departure Time: 2:50 PM | L |
| Apr 25, 2019 | Thu | Regular Season (Penn Relays) | @ TBD | 12:00 PM | | University of Pennsylvania | | L |
| Apr 26, 2019 | Fri | Regular Season (Ithaca Relays) | @ TBD | 4:00 PM | | Ithaca High School | Departure Time: 1:50 PM | NL |
| Apr 27, 2019 | Sat | Regular Season (Waite Invitational) | @ TBD | 12:00 PM | | Elmira High School | Departure Time: 10:00 AM | L |
| Apr 30, 2019 | Tue | Regular Season | Elmira (Elmira Express) | 4:15 PM | | Vestal Dick Hoover Stadium | | L |
| May 3, 2019 | Fri | Regular Season (Golden Bear Invitational \$3.00) | TBD | 4:00 PM | | Vestal Dick Hoover Stadium | | NL |
| May 7, 2019 | Tue | Regular Season 52-80 L | @ Johnson City | 4:15 PM | | JC HS Track | Departure Time: 2:50 PM | L |
| May 11, 2019 | Sat | Regular Season (Parkhurst) | @ TBD | 12:00 PM | | Union Endicott High School | Departure Time: 10:45 AM | NL |
| May 13, 2019 | Mon | Regular Season (3 Bald Guys Pentathlon) | @ TBD | 4:00 PM | | Johnson City High School | | NL |
| May 16, 2019 | Thu | Regular Season (STAC Meet \$5.00 Admission) | @ TBD | 4:00 PM | | Johnson City High School | Departure Time: 2:30 PM | NL |
| May 21, 2019 | Tue | Regular Season (Sectionals \$5.00 admission) | TBD | 4:00 PM | | Vestal Dick Hoover Stadium | | NL |
| May 23, 2019 | Thu | Regular Season (Need for Speed) | @ TBD | 3:30 PM | | Johnson City High School | Departure Time: 2:30 PM | L |
| May 29, 2019 | Wed | Regular Season (State Qualifiers) | @ TBD | 5:00 PM | | Union Endicott High School | Departure Time: 3:45 PM | NL |
| May 30, 2019 | Thu | Regular Season (State Qualifiers) | @ TBD | 5:00 PM | | Union Endicott High School | Departure Time: 3:45 PM | NL |
| Jun 7, 2019 | Fri | Regular Season (States) | @ TBD | 11:30 AM | | Middletown High School | | NL |
| Jun 8, 2019 | Sat | Regular Season (States) | @ TBD | 10:00 AM | | Middletown High School | | NL |

Date: 2026-01-11