

Coaches:

- Jeremy Daino, Head Coach
- Gina Talbut

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | LEAGUE / TRANSPORTATION NON- LEAGUE |
|--------------|-------------|-----------------------------|------------|---------------|-------------|-------------------------------|---|
| Feb 19, 2024 | Mon | Practice | N/A | 3:15 PM | 4:45 PM | 434 Sportsplex | |
| Feb 22, 2024 | Thu | Practice | N/A | 3:15 PM | 4:45 PM | 434 Sportsplex | |
| Feb 26, 2024 | Mon | Practice | N/A | 3:15 PM | 4:45 PM | Vestal Dick Hoover Stadium | |
| Feb 29, 2024 | Thu | Practice | N/A | 3:15 PM | 4:45 PM | 434 Sportsplex | |
| Mar 4, 2024 | Mon | Practice | N/A | 3:15 PM | 4:45 PM | Vestal Dick Hoover Stadium | |
| Mar 7, 2024 | Thu | Practice | N/A | 3:15 PM | 4:45 PM | 434 Sportsplex | |
| Mar 11, 2024 | Mon | Practice | N/A | 5:15 PM | 7:15 PM | Vestal Dick Hoover Stadium | |
| Mar 12, 2024 | Tue | Practice | N/A | 5:15 PM | 7:15 PM | Vestal Dick Hoover Stadium | |
| Mar 13, 2024 | Wed | Practice | N/A | 5:15 PM | 7:15 PM | Vestal Dick Hoover Stadium | |
| Mar 14, 2024 | Thu | Practice | N/A | 3:15 PM | 5:15 PM | Vestal Dick Hoover Stadium | |
| Mar 15, 2024 | Fri | Practice | N/A | 9:00 AM | 11:00 AM | Vestal Dick Hoover Stadium | |
| Mar 16, 2024 | Sat | Practice | N/A | 8:00 AM | 10:00 AM | Vestal Dick Hoover Stadium | |
| Mar 18, 2024 | Mon | Practice | N/A | 5:15 PM | 7:15 PM | Vestal Dick Hoover Stadium | |
| Mar 19, 2024 | Tue | Practice | N/A | 5:15 PM | 7:15 PM | Vestal Dick Hoover Stadium | |
| Mar 20, 2024 | Wed | Practice | N/A | 5:15 PM | 7:15 PM | Vestal Dick Hoover Stadium | |
| Mar 21, 2024 | Thu | Practice | N/A | 3:15 PM | 4:30 PM | Vestal Dick Hoover Stadium | |
| Mar 25, 2024 | Mon | Practice | N/A | 5:15 PM | 7:00 PM | Vestal Dick Hoover Stadium | |
| Mar 26, 2024 | Tue | Regular Season 11-9 W | Horseheads | 7:00 PM | | Vestal Dick Hoover Stadium | L |
| Mar 27, 2024 | Wed | Practice | N/A | 5:15 PM | 7:00 PM | Vestal Dick Hoover Stadium | |
| Mar 29, 2024 | Fri | Practice | N/A | 10:00 AM | 12:00 PM | Vestal Dick Hoover Stadium | |
| Mar 30, 2024 | Sat | Practice | N/A | 8:00 AM | 9:20 AM | Vestal Dick Hoover Stadium | |
| Apr 1, 2024 | Mon | Practice | N/A | 10:00 AM | 12:00 PM | Vestal Dick Hoover Stadium | |
| Apr 2, 2024 | Tue | Practice | N/A | 10:00 AM | 12:00 PM | Vestal Dick Hoover Stadium | |
| Apr 3, 2024 | Wed | Practice | N/A | 10:00 AM | 12:00 PM | Vestal Dick Hoover Stadium | |
| Apr 4, 2024 | Thu | Regular Season 4-11 L | Ithaca | 7:00 PM | | Vestal Dick Hoover Stadium | L |

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|-----------------------------|--------------------|---------------|-------------|-------------------------------|----------------|----------------------------|
| Apr 5, 2024 | Fri | Practice | N/A | 10:00 AM | 12:00 PM | Vestal Dick Hoover Stadium | | |
| Apr 8, 2024 | Mon | Practice | N/A | 5:30 PM | 7:15 PM | Vestal Dick Hoover Stadium | | |
| Apr 10, 2024 | Wed | Practice | N/A | 3:10 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| Apr 12, 2024 | Fri | Practice | N/A | 3:10 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| Apr 15, 2024 | Mon | Regular Season 14-2 W | Maine- Endwell | 7:00 PM | | Vestal Dick Hoover Stadium | | L |
| Apr 16, 2024 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| Apr 17, 2024 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| Apr 19, 2024 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| Apr 20, 2024 | Sat | Practice | N/A | 9:00 AM | 10:30 AM | Vestal Dick Hoover Stadium | | |
| Apr 22, 2024 | Mon | Practice | N/A | 3:10 PM | 4:45 PM | Vestal Dick Hoover Stadium | | |
| Apr 24, 2024 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| Apr 25, 2024 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| Apr 26, 2024 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| Apr 27, 2024 | Sat | Practice | N/A | 10:45 AM | 12:15 PM | Vestal Dick Hoover Stadium | | |
| POSTPONED Apr 27, 2024 | Sat | Regular Season | Windsor | 12:00 PM | | Vestal Dick Hoover Stadium | | L |
| Apr 29, 2024 | Mon | Practice | N/A | 5:00 PM | 6:45 PM | Vestal Dick Hoover Stadium | | |
| May 1, 2024 | Wed | Practice | N/A | 5:00 PM | 6:45 PM | Vestal Dick Hoover Stadium | | |
| May 2, 2024 | Thu | Regular Season 13-7 W | Owego Apalachin | 7:00 PM | | Vestal Dick Hoover Stadium | | L |
| May 3, 2024 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| May 6, 2024 | Mon | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| May 8, 2024 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| POSTPONED May 9, 2024 | Thu | Regular Season | Johnson City | 7:00 PM | | Vestal Dick Hoover Stadium | | L |
| May 10, 2024 | Fri | Regular Season 13-6 W | Union- Endicott | 7:00 PM | | Vestal Dick Hoover Stadium | | L |
| May 11, 2024 | Sat | Practice | N/A | 10:30 AM | 1:30 PM | Vestal Dick Hoover Stadium | | |
| May 13, 2024 | Mon | Regular Season | Chenango Forks | 7:00 PM | | Vestal Dick Hoover Stadium | | L |
| May 14, 2024 | Tue | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| May 15, 2024 | Wed | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |
| May 16, 2024 | Thu | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | | |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | LEAGUE / TRANSPORTATION NON- LEAGUE |
|--------------|-------------|----------|-----------|---------------|-------------|-------------------------------|---|
| May 17, 2024 | Fri | Practice | N/A | 3:00 PM | 4:30 PM | Vestal Dick Hoover Stadium | |

Date: 2024-05-12