



Vestal

(B) 7/8TH Lacrosse

Coaches:

- Robert Trowbridge, Head Coach
- Trevor Barney

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 27, 2023	Mon	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Mar 28, 2023	Tue	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Mar 29, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Mar 30, 2023	Thu	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Mar 31, 2023	Fri	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 3, 2023	Mon	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 4, 2023	Tue	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 5, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 6, 2023	Thu	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 17, 2023	Mon	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 18, 2023	Tue	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 19, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 20, 2023	Thu	Regular Season	TBD	5:30 PM		Sammon Field		L
Apr 21, 2023	Fri	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 24, 2023	Mon	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 25, 2023	Tue	Regular Season	@ Binghamton	5:00 PM	7:00 PM	MacArthur Elementary School Field	Departure Time: 4:15 PM	L
Apr 26, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 27, 2023	Thu	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Apr 28, 2023	Fri	Regular Season 8-13 L	Union-Endicott	5:30 PM		Vestal Dick Hoover Stadium		L
May 1, 2023	Mon	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
May 2, 2023	Tue	Regular Season	Maine-Endwell	5:00 PM		Sammon Field		L
May 3, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
May 4, 2023	Thu	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
May 5, 2023	Fri	Regular Season 12-3 W	@ Johnson City	5:00 PM	7:00 PM	JC Middle School Field	Departure Time: 4:15 PM	L
May 8, 2023	Mon	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 9, 2023	Tue	Regular Season	Chenango Forks	6:00 PM		Vestal Dick Hoover Stadium		L
May 10, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
May 11, 2023	Thu	Regular Season	@ Corning-Painted Post (Black)	5:00 PM		C P P Middle School	Departure Time: 3:30 PM	L
May 15, 2023	Mon	Regular Season	Johnson City	5:45 PM		Vestal Dick Hoover Stadium		L
May 16, 2023	Tue	Regular Season	Elmira (Elmira Express)	5:30 PM		Vestal Dick Hoover Stadium		L
May 17, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
May 18, 2023	Thu	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
May 19, 2023	Fri	Regular Season	Binghamton	5:00 PM		Sammon Field		L
May 23, 2023	Tue	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
May 24, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
May 25, 2023	Thu	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
May 30, 2023	Tue	Regular Season 6-8 L	@ Union-Endicott	5:00 PM	7:00 PM	Ann G McGuinness Elementary Lacrosse Field	Departure Time: 4:15 PM	L
May 31, 2023	Wed	Practice	N/A	3:00 PM	4:45 PM	Sammon Field		
Jun 1, 2023	Thu	Regular Season	@ Maine-Endwell	5:00 PM		Maine Memorial ES	Departure Time: 4:00 PM	L

Date: 2026-02-10