



Vestal

(B) 7/8TH Lacrosse

Coaches:

- Robert Trowbridge, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 25, 2024	Mon	Practice	N/A	2:45 PM	4:45 PM	Sammon Field		
Mar 26, 2024	Tue	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Mar 27, 2024	Wed	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Mar 28, 2024	Thu	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Apr 9, 2024	Tue	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Apr 10, 2024	Wed	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Apr 11, 2024	Thu	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Apr 12, 2024	Fri	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Apr 15, 2024	Mon	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Apr 16, 2024	Tue	Regular Season	@ Oneonta	5:45 PM	7:00 PM	Oneonta High School		L
Apr 17, 2024	Wed	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Apr 18, 2024	Thu	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Apr 19, 2024	Fri	Regular Season	Binghamton	5:00 PM		Vestal Dick Hoover Stadium		L
Apr 22, 2024	Mon	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Apr 23, 2024	Tue	Regular Season	@ Union-Endicott	5:00 PM	6:30 PM	Ann G McGuinness Elementary Lacrosse Field		L
Apr 24, 2024	Wed	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Apr 25, 2024	Thu	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
Apr 26, 2024	Fri	Regular Season	@ Maine-Endwell	5:00 PM		Maine Memorial ES		L
Apr 29, 2024	Mon	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 1, 2024	Wed	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 2, 2024	Thu	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 3, 2024	Fri	Regular Season	@ Corning-Painted Post (Gold)	5:45 PM		Erwin Valley Elementary School		L
May 6, 2024	Mon	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 7, 2024	Tue	Regular Season	Corning-Painted Post (Black)	5:00 PM		Vestal Dick Hoover Stadium		L
May 8, 2024	Wed	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 8, 2024	Wed	Regular Season	Johnson City	5:00 PM		Sammon Field		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 9, 2024	Thu	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 10, 2024	Fri	Regular Season	@ Elmira (Elmira Express)	5:45 PM		EDA Turf		L
May 13, 2024	Mon	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 14, 2024	Tue	Regular Season	@ Binghamton	5:00 PM	7:00 PM	West Middle School Field		L
May 15, 2024	Wed	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 16, 2024	Thu	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 20, 2024	Mon	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 22, 2024	Wed	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 23, 2024	Thu	Regular Season	Union-Endicott	5:00 PM		Sammon Field		L
May 28, 2024	Tue	Regular Season	Maine-Endwell	5:30 PM		Vestal Dick Hoover Stadium		L
May 29, 2024	Wed	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 30, 2024	Thu	Practice (Practice)	N/A	2:45 PM	4:45 PM	Sammon Field		
May 31, 2024	Fri	Regular Season	@ Johnson City	5:00 PM	7:00 PM	JC Middle School Field		L

Date: 2024-05-16