



Vestal

(B) V Football

Coaches:

- John Anderson, Asst Coach
- Brian Donlin
- Shane Hurd
- Jake Spalik

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jul 1, 2024	Mon	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 8, 2024	Mon	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 14, 2024	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 15, 2024	Mon	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 21, 2024	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 22, 2024	Mon	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 28, 2024	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Aug 19, 2024	Mon	Practice	N/A	5:00 PM	10:00 PM	Vestal Dick Hoover Stadium		
Aug 20, 2024	Tue	Practice	N/A	5:00 PM	10:00 PM	Vestal Dick Hoover Stadium		
Aug 21, 2024	Wed	Practice	N/A	5:00 PM	10:00 PM	Vestal Dick Hoover Stadium		
Aug 22, 2024	Thu	Practice	N/A	5:00 PM	10:00 PM	Vestal Dick Hoover Stadium		
Aug 23, 2024	Fri	Practice	N/A	5:00 PM	10:00 PM	Vestal Dick Hoover Stadium		
Aug 24, 2024	Sat	Practice	N/A	9:00 AM	11:30 AM	Vestal Dick Hoover Stadium		
Aug 26, 2024	Mon	Practice	N/A	6:00 PM	9:30 PM	Vestal Dick Hoover Stadium		
Aug 27, 2024	Tue	Practice	N/A	2:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Aug 28, 2024	Wed	Practice	N/A	6:00 PM	9:30 PM	Vestal Dick Hoover Stadium		
Aug 29, 2024	Thu	Practice	N/A	2:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Aug 30, 2024	Fri	Scrimmage	Corning-Painted Post, Owego Apalachin @ Chenango Forks	6:00 PM		High School - Stadium		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2024	Mon	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Sep 3, 2024	Tue	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Sep 4, 2024	Wed	Practice	N/A	4:30 PM	7:00 PM	Sammon Field		
Sep 5, 2024	Thu	Practice	N/A	5:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Sep 6, 2024	Fri	Regular Season 35-9 W	Ithaca	7:00 PM		Vestal Dick Hoover Stadium		L
Sep 7, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	Vestal High School Gym		
Sep 9, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Sep 10, 2024	Tue	Practice	N/A	6:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Sep 11, 2024	Wed	Practice	N/A	5:00 PM	7:30 PM	Vestal Dick Hoover Stadium		
Sep 12, 2024	Thu	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Sep 13, 2024	Fri	Regular Season 7-42 L	@ Maine-Endwell	7:00 PM		Maine-Endwell HS Turf		L
Sep 14, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	Vestal High School Fitness Center		
Sep 16, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Sep 17, 2024	Tue	Practice	N/A	5:00 PM	7:30 PM	Sammon Field		
Sep 18, 2024	Wed	Practice	N/A	5:00 PM	7:30 PM	Sammon Field		
Sep 19, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Vestal Dick Hoover Stadium		
Sep 20, 2024	Fri	Regular Season 21-43 L	Elmira	7:00 PM		Vestal Dick Hoover Stadium		L
Sep 21, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	Vestal High School Fitness Center		
Sep 23, 2024	Mon	Practice	N/A	4:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Sep 24, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Sep 25, 2024	Wed	Practice	N/A	4:30 PM	6:30 PM	Vestal Dick Hoover Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 26, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	TBD		
Sep 27, 2024	Fri	Regular Season 54-16 W	Johnson City	7:00 PM		Vestal Dick Hoover Stadium		L
Sep 28, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	Vestal High School Fitness Center		
Sep 30, 2024	Mon	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Oct 1, 2024	Tue	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Oct 2, 2024	Wed	Practice	N/A	4:00 PM	6:30 PM	Sammon Field		
Oct 3, 2024	Thu	Practice	N/A	5:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 4, 2024	Fri	Regular Season 20-48 L	@ Windsor	7:00 PM		Windsor Multi-Purpose Field		NL
Oct 5, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	Vestal High School Fitness Center		
Oct 7, 2024	Mon	Practice	N/A	3:00 PM	6:00 PM	Sammon Field		
Oct 8, 2024	Tue	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 9, 2024	Wed	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 10, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Sammon Field		
Oct 11, 2024	Fri	Regular Season 49-12 W	Binghamton	7:00 PM		Vestal Dick Hoover Stadium		L
Oct 12, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	Vestal High School Fitness Center		
Oct 14, 2024	Mon	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Oct 15, 2024	Tue	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 16, 2024	Wed	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 17, 2024	Thu	Practice	N/A	5:00 PM	6:30 PM	Sammon Field		
Oct 18, 2024	Fri	Regular Season 20-35 L	Horseheads	7:00 PM		Vestal Dick Hoover Stadium		L
Oct 19, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	Vestal High School Fitness Center		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 21, 2024	Mon	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Oct 21, 2024	Mon	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Oct 22, 2024	Tue	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 23, 2024	Wed	Practice	N/A	4:00 PM	6:30 PM	Sammon Field		
Oct 24, 2024	Thu	Practice	N/A	5:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 25, 2024	Fri	Regular Season (UE Senior Night) 14-7 W	@ Union-Endicott	7:00 PM	9:00 PM	UEHS Ty Cobb Stadium		L
CANCELLED Oct 26, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	Vestal High School Fitness Center		
Oct 28, 2024	Mon	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 29, 2024	Tue	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 30, 2024	Wed	Practice	N/A	3:30 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 31, 2024	Thu	Practice	N/A	4:00 PM	5:30 PM	Vestal Dick Hoover Stadium		
Nov 1, 2024	Fri	Regular Season (Senior Night) 6-45 L	@ Corning-Painted Post	7:00 PM		Corning Memorial Stadium		L
Nov 2, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	Vestal High School Gym		
Nov 4, 2024	Mon	Practice	N/A	6:30 PM	8:30 PM	Vestal Dick Hoover Stadium		
Nov 5, 2024	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal Dick Hoover Stadium		
Nov 6, 2024	Wed	Practice	N/A	7:30 PM	9:30 PM	Vestal Dick Hoover Stadium		
Nov 7, 2024	Thu	Practice	N/A	5:30 PM	7:30 PM	Vestal Dick Hoover Stadium		
Nov 8, 2024	Fri	Post-Season (Section 4 Semi Final) 24-9 W	Union-Endicott	7:00 PM		Vestal Dick Hoover Stadium		L
CANCELLED Nov 9, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	Vestal High School Gym		
Nov 11, 2024	Mon	Practice	N/A	11:00 AM	1:00 PM	Vestal Dick Hoover Stadium		
Nov 12, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Nov 14, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Nov 15, 2024	Fri	Post-Season	@ Horseheads	6:00 PM	9:00 PM	HHS HS Stadium Field 1		L
CANCELLED Nov 16, 2024	Sat	Practice	N/A	9:00 AM	10:00 AM	Vestal High School Fitness Center		
Nov 18, 2024	Mon	Practice	N/A	3:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Nov 19, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Nov 20, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Nov 21, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Nov 29, 2024	Fri	Regular Season (NYSPHSAA West Semi-Final)	TBD	12:00 PM		Vestal Dick Hoover Stadium		L
Nov 29, 2024	Fri	Post-Season (NYSPHSAA West Semi-Final)	TBD	3:00 PM		Vestal Dick Hoover Stadium		L
Nov 29, 2024	Fri	Regular Season (NYSPHSAA West Semi-Final)	TBD	6:00 PM		Vestal Dick Hoover Stadium		L
Nov 30, 2024	Sat	Regular Season (NYSPHSAA West Semi-Final)	TBD	12:00 PM		Vestal Dick Hoover Stadium		L
Nov 30, 2024	Sat	Regular Season (NYSPHSAA West Semi-Final)	TBD	3:00 PM		Vestal Dick Hoover Stadium		L
Nov 30, 2024	Sat	Regular Season (NYSPHSAA West Semi-Final)	TBD	6:00 PM		Vestal Dick Hoover Stadium		L
Mar 17, 2025	Mon	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Mar 17, 2025	Mon	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Mar 18, 2025	Tue	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Mar 20, 2025	Thu	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Mar 21, 2025	Fri	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 24, 2025	Mon	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Mar 25, 2025	Tue	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Mar 27, 2025	Thu	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Mar 28, 2025	Fri	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Mar 31, 2025	Mon	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Apr 1, 2025	Tue	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Apr 3, 2025	Thu	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Apr 4, 2025	Fri	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Apr 7, 2025	Mon	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Apr 8, 2025	Tue	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Apr 10, 2025	Thu	Practice (Strength and Conditioning)	N/A	6:00 AM	7:05 AM	Vestal High School Fitness Center		
Jun 18, 2025	Wed	Practice	N/A	3:30 PM	4:30 PM	Vestal Dick Hoover Stadium		
Jun 22, 2025	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jun 29, 2025	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
TBD		Practice	N/A	4:00 PM		Vestal Dick Hoover Stadium		

Date: 2025-12-08