



# Vestal

## (B) V Football

### Coaches:

- John Anderson, Asst Coach
- Brian Donlin
- Shane Hurd
- Jake Spalik

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jul 9, 2023	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 11, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 16, 2023	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 18, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 23, 2023	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 25, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 27, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jul 30, 2023	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Aug 6, 2023	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Aug 21, 2023	Mon	Practice	N/A	3:00 PM	10:00 PM	Vestal Dick Hoover Stadium		
Aug 22, 2023	Tue	Practice	N/A	3:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Aug 23, 2023	Wed	Practice	N/A	3:00 PM	10:00 PM	Vestal Dick Hoover Stadium		
Aug 24, 2023	Thu	Practice	N/A	3:00 PM	7:30 PM	Vestal Dick Hoover Stadium		
Aug 25, 2023	Fri	Practice	N/A	6:00 PM	10:00 PM	Vestal Dick Hoover Stadium		
Aug 26, 2023	Sat	Practice (Practice )	N/A	6:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Aug 28, 2023	Mon	Practice	N/A	3:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Aug 29, 2023	Tue	Practice	N/A	5:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Aug 30, 2023	Wed	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Aug 30, 2023	Wed	Practice	N/A	5:00 PM	10:00 PM	Vestal Dick Hoover Stadium		
Aug 31, 2023	Thu	Practice	N/A	2:00 PM	4:00 PM	Vestal Dick Hoover Stadium		
Sep 1, 2023	Fri	Scrimmage	Corning-Painted Post, Owego Apalachin, Deposit (Deposit-Hancock), Johnson City @ Chenango Forks	6:00 PM		High School - Stadium		NL
Sep 4, 2023	Mon	Practice	N/A	1:35 PM	4:00 PM	Vestal Dick Hoover Stadium		
Sep 5, 2023	Tue	Practice	N/A	3:00 PM	6:00 PM	Sammon Field		
Sep 6, 2023	Wed	Practice	N/A	4:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Sep 7, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Sep 8, 2023	Fri	Regular Season	Baldwinsville	7:00 PM	9:30 PM	Vestal Dick Hoover Stadium		L
Sep 11, 2023	Mon	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Sep 12, 2023	Tue	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Sep 13, 2023	Wed	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
CANCELLED Sep 14, 2023	Thu	Practice	N/A	5:00 PM	7:30 PM	Vestal Dick Hoover Stadium		
Sep 14, 2023	Thu	Practice	N/A	5:00 PM	7:30 PM	Sammon Field		
Sep 15, 2023	Fri	Practice	N/A	4:30 PM	6:00 PM	Vestal Dick Hoover Stadium		
Sep 16, 2023	Sat	Regular Season	@ West Genesee	2:00 PM		Syracuse JMA Dome		NL
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	6:00 PM	Sammon Field		
Sep 19, 2023	Tue	Practice	N/A	4:30 PM	7:00 PM	Vestal Dick Hoover Stadium		
Sep 20, 2023	Wed	Practice	N/A	4:30 PM	7:00 PM	Vestal Dick Hoover Stadium		
Sep 21, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	Sammon Field		
Sep 22, 2023	Fri	Regular Season	Union-Endicott	7:00 PM		Vestal Dick Hoover Stadium		L
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 26, 2023	Tue	Practice	N/A	4:00 PM	6:30 PM	Sammon Field		
Sep 27, 2023	Wed	Practice	N/A	4:30 PM	7:00 PM	Vestal Dick Hoover Stadium		
Sep 28, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Sep 29, 2023	Fri	Regular Season 35-15 W	Norwich	7:00 PM		Vestal Dick Hoover Stadium		L
Oct 2, 2023	Mon	Practice (Practice )	N/A	3:00 PM	5:30 PM	Sammon Field, Vestal High School Fitness Center		
Oct 3, 2023	Tue	Practice (Practice )	N/A	4:30 PM	7:00 PM	Vestal Dick Hoover Stadium		
Oct 4, 2023	Wed	Practice (Practice )	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 5, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	Sammon Field		
Oct 6, 2023	Fri	Regular Season	@ Elmira	7:00 PM	9:00 PM	EHS Stadium		L
Oct 9, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Oct 10, 2023	Tue	Practice	N/A	4:00 PM	6:30 PM	Sammon Field		
Oct 11, 2023	Wed	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 12, 2023	Thu	Practice	N/A	4:30 PM	6:00 PM	Vestal Dick Hoover Stadium		
Oct 13, 2023	Fri	Regular Season 41-8 W	Corning-Painted Post	7:00 PM		Vestal Dick Hoover Stadium		L
Oct 16, 2023	Mon	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Oct 17, 2023	Tue	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 18, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Oct 19, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 20, 2023	Fri	Regular Season	@ Horseheads	7:00 PM	9:00 PM	HHS HS Stadium Field 1		L
Oct 23, 2023	Mon	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Oct 24, 2023	Tue	Practice	N/A	3:30 PM	5:30 PM	Vestal Dick Hoover Stadium		
Oct 25, 2023	Wed	Practice	N/A	4:30 PM	7:00 PM	Vestal Dick Hoover Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 26, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Oct 27, 2023	Fri	Regular Season	@ Binghamton	7:00 PM		Alumni Stadium		L
Oct 30, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Oct 31, 2023	Tue	Practice	N/A	4:30 PM	6:30 PM	Vestal Dick Hoover Stadium		
Nov 1, 2023	Wed	Practice	N/A	3:30 PM	6:30 PM	Vestal Dick Hoover Stadium		
Nov 2, 2023	Thu	Practice	N/A	4:30 PM	6:30 PM	Vestal Dick Hoover Stadium		
Nov 10, 2023	Fri	Post-Season (Sectional Finals)	Horseheads	7:00 PM		Vestal Dick Hoover Stadium		NL
Nov 11, 2023	Sat	Practice (SECTION 4 FOOTBALL CHAMPIONSHIPS TEAM LOCKERROOM BOYS LR)	N/A	11:00 AM	9:00 PM	TBD		
Nov 11, 2023	Sat	Practice (SECTION 4 CHAMPIONSHIPS OFFICIALS LOCLERROOM)	N/A	11:00 AM	9:00 PM	Vestal High School Fitness Center		
Nov 13, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Nov 14, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Nov 15, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Nov 16, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Nov 17, 2023	Fri	Post-Season (Class A Regional Championship)	Whitesboro	8:00 PM		Vestal Dick Hoover Stadium		NL
Feb 6, 2024	Tue	Practice	N/A	7:00 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 13, 2024	Tue	Practice	N/A	7:00 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 20, 2024	Tue	Practice	N/A	7:00 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 27, 2024	Tue	Practice	N/A	7:00 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 5, 2024	Tue	Practice (Skill Workouts)	N/A	7:00 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Mar 12, 2024	Tue	Practice (Skill Workouts)	N/A	7:00 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Apr 30, 2024	Tue	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Apr 30, 2024	Tue	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
May 7, 2024	Tue	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
May 14, 2024	Tue	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
May 20, 2024	Mon	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
May 27, 2024	Mon	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jun 3, 2024	Mon	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jun 10, 2024	Mon	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jun 16, 2024	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jun 17, 2024	Mon	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jun 23, 2024	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jun 24, 2024	Mon	Practice	N/A	7:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Jun 30, 2024	Sun	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		

Date: 2025-12-09