

## Coaches:

- Emily Barnard, Head Coach
- Vickie Sax

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 21, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Aug 21, 2023	Mon	Practice	N/A	5:00 PM		Vestal High School Fitness Center		
Aug 22, 2023	Tue	Practice	N/A	6:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Aug 23, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Aug 23, 2023	Wed	Practice	N/A	5:00 PM		Vestal High School Fitness Center		
Aug 24, 2023	Thu	Practice	N/A	12:00 PM	3:00 PM	Vestal Dick Hoover Stadium		
Aug 25, 2023	Fri	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Aug 26, 2023	Sat	Practice	N/A	9:00 AM	2:00 PM	Vestal Dick Hoover Stadium		
Aug 28, 2023	Mon	Practice	N/A	1:00 PM	4:00 PM	Vestal Dick Hoover Stadium		
Aug 29, 2023	Tue	Practice	N/A	11:00 AM	2:45 PM	Vestal Dick Hoover Stadium		
Sep 1, 2023	Fri	Regular Season	South Glens Falls	5:30 PM		Vestal Dick Hoover Stadium		NL
Sep 4, 2023	Mon	Practice	N/A	7:00 PM	9:30 PM	Vestal Dick Hoover Stadium		
Sep 5, 2023	Tue	Practice	N/A	3:00 PM		Vestal High School Fitness Center		
Sep 5, 2023	Tue	Practice	N/A	4:15 PM		Vestal High School Baseball Field		
Sep 6, 2023	Wed	Regular Season	@ Maine-Endwell	5:00 PM		Maine Memorial ES		L
POSTPONED Sep 8, 2023	Fri	Regular Season	Greene	5:30 PM		Vestal Dick Hoover Stadium		L
Sep 11, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	Dicks House of Sport		
Sep 12, 2023	Tue	Practice	N/A	6:15 PM	8:45 PM	Dicks House of Sport		
Sep 13, 2023	Wed	Practice	N/A	4:00 PM	6:15 PM	Dicks House of Sport		
Sep 14, 2023	Thu	Regular Season	Marathon	6:00 PM		Vestal Dick Hoover Stadium		L
Sep 15, 2023	Fri	Regular Season	@ Greene	4:30 PM		Greene Field Hockey Grass Field-Elementary Campus	<b>Departure Time:</b> 3:00 PM	NL
Sep 18, 2023	Mon	Regular Season	Afton (Afton/Harpursville)	5:30 PM		Vestal Dick Hoover Stadium		L
Sep 19, 2023	Tue	Practice	N/A	5:00 PM		Vestal High School Fitness Center		
Sep 21, 2023	Thu	Regular Season	Whitney Point	5:30 PM		Vestal Dick Hoover Stadium		L
Sep 22, 2023	Fri	Practice	N/A	3:00 PM		Vestal High School Softball Field		
Sep 22, 2023	Fri	Practice	N/A	4:00 PM		Vestal High School Fitness Center		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 23, 2023	Sat	Regular Season	Moravia	11:30 AM		Vestal Dick Hoover Stadium		L
Sep 25, 2023	Mon	Practice	N/A	7:30 PM	9:30 PM	Vestal Dick Hoover Stadium		
Sep 26, 2023	Tue	Regular Season	Maine-Endwell	5:00 PM		Vestal Dick Hoover Stadium		L
Sep 27, 2023	Wed	Practice	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center		
Sep 28, 2023	Thu	Regular Season	@ Windsor	5:30 PM		Windsor Multi-Purpose Field	<b>Departure Time:</b> 3:30 PM	L
Sep 29, 2023	Fri	Practice	N/A	3:30 PM	4:30 PM	Vestal High School Fitness Center		
Sep 29, 2023	Fri	Practice	N/A	4:30 PM	5:30 PM	Vestal Dick Hoover Stadium		
Oct 2, 2023	Mon		@ Hancock (Deposit-Hancock)	5:30 PM		Warner Field (Field Hockey, Baseball) Deposit	<b>Departure Time:</b> 4:15 PM	L
POSTPONED Oct 3, 2023	Tue	Regular Season	@ Whitney Point	5:30 PM		WPHS Tymeson Turf Field	<b>Departure Time:</b> 3:45 PM	L
Oct 4, 2023	Wed	Regular Season	@ Marathon	6:15 PM		Marathon High School		L
Oct 9, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	Vestal Dick Hoover Stadium		
Oct 10, 2023	Tue		Hancock (Deposit- Hancock)	6:00 PM		Vestal Dick Hoover Stadium		L
Oct 13, 2023	Fri	Regular Season	@ Moravia	5:00 PM		"Terry Palmer Field" Field Hockey		L
Oct 16, 2023	Mon	Regular Season	Windsor	5:30 PM		Vestal Dick Hoover Stadium		L
Oct 19, 2023	Thu		@ Afton (Afton/Harpursville)	4:30 PM		VARSITY FIELD HOCKEY FIELD		L

Date: 2024-05-05