



# Vestal

## (G) V Field Hockey

### Coaches:

- Vickie Sax, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 17, 2023	Thu	Practice	N/A	6:30 PM	8:00 PM	Vestal Dick Hoover Stadium		
Aug 21, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Aug 21, 2023	Mon	Practice	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center		
Aug 22, 2023	Tue	Practice	N/A	6:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Aug 23, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Aug 23, 2023	Wed	Practice	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center		
Aug 24, 2023	Thu	Practice	N/A	12:00 PM	3:00 PM	Vestal Dick Hoover Stadium		
Aug 25, 2023	Fri	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Aug 26, 2023	Sat	Practice	N/A	9:00 AM	2:00 PM	Vestal Dick Hoover Stadium		
Aug 28, 2023	Mon	Practice	N/A	1:00 PM	3:30 PM	Vestal Dick Hoover Stadium		
Aug 29, 2023	Tue	Scrimmage	@ Sidney	5:00 PM	8:00 PM	Sidney HS multi-purpose field	Departure Time: 3:30 PM	NL
Sep 1, 2023	Fri	Regular Season	South Glens Falls	3:00 PM		Vestal Dick Hoover Stadium		NL
Sep 4, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Sep 5, 2023	Tue	Practice	N/A	12:00 PM	3:00 PM	Vestal Dick Hoover Stadium		
Sep 5, 2023	Tue	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Sep 6, 2023	Wed	Regular Season	@ Maine-Endwell	7:00 PM		Maine-Endwell HS Turf	Departure Time: 4:00 PM	L
Sep 8, 2023	Fri	Regular Season 3-0 W	@ Spencer-Van Etten (SVEC Eagles)	5:30 PM		Spencer-Van Etten HS	Departure Time: 3:45 PM	L
Sep 11, 2023	Mon	Practice	N/A	4:00 PM	6:30 PM	Dicks House of Sport		
Sep 12, 2023	Tue	Practice	N/A	4:00 PM	6:15 PM	Dicks House of Sport		
Sep 13, 2023	Wed	Practice	N/A	7:00 PM	9:00 PM	Dicks House of Sport		
Sep 14, 2023	Thu	Regular Season	Marathon	7:30 PM		Vestal Dick Hoover Stadium		L
Sep 15, 2023	Fri	Practice	N/A	4:00 PM	6:30 PM	Dicks House of Sport		
Sep 18, 2023	Mon	Regular Season	Tioga	7:15 PM		Vestal Dick Hoover Stadium		L
Sep 19, 2023	Tue	Practice	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center		
Sep 20, 2023	Wed	Regular Season 10-1 W	@ Owego Apalachin	6:45 PM		OFA Stadium	Departure Time: 3:45 PM	L
Sep 21, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	Dicks House of Sport		

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Sep 22, 2023	Fri	Practice	N/A	4:00 PM	5:00 PM	Vestal High School Fitness Center		
Sep 23, 2023	Sat	Regular Season	Moravia	10:00 AM		Vestal Dick Hoover Stadium		L
Sep 25, 2023	Mon	Regular Season	@ Newark Valley	4:30 PM		Newark Valley High School	Departure Time: 3:00 PM	L
Sep 26, 2023	Tue	Regular Season	Maine-Endwell	7:15 PM		Vestal Dick Hoover Stadium		L
Sep 27, 2023	Wed	Practice	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center		
Sep 28, 2023	Thu	Regular Season	Spencer-Van Etten (SVEC Eagles)	7:30 PM		Vestal Dick Hoover Stadium		L
Sep 29, 2023	Fri	Practice	N/A	3:15 PM	5:30 PM	Vestal Dick Hoover Stadium		
Oct 1, 2023	Sun	Practice	N/A	7:30 PM	9:30 PM	Vestal Dick Hoover Stadium		
Oct 2, 2023	Mon	Regular Season	Newark Valley	5:30 PM		Vestal Dick Hoover Stadium		L
Oct 4, 2023	Wed	Regular Season	@ Marathon	4:30 PM		Marathon High School	Departure Time: 3:00 PM	L
Oct 6, 2023	Fri	Regular Season	@ Tioga	5:30 PM		Haggerty Field/Track	Departure Time: 3:15 PM	L
Oct 9, 2023	Mon	Practice	N/A	12:00 PM	2:00 PM	Vestal Dick Hoover Stadium		
Oct 9, 2023	Mon	Practice	N/A	7:30 PM	9:30 PM	Vestal Dick Hoover Stadium		
Oct 10, 2023	Tue	Regular Season	Owego Apalachin	7:30 PM		Vestal Dick Hoover Stadium		L
Oct 13, 2023	Fri	Regular Season	@ Moravia	3:30 PM		"Terry Palmer Field" Field Hockey	Departure Time: 1:45 PM	L
Oct 16, 2023	Mon	Regular Season 2-3 L	Windsor	7:15 PM		Vestal Dick Hoover Stadium		L
Oct 18, 2023	Wed	Scrimmage	Marathon	7:30 PM		Vestal Dick Hoover Stadium		L
Oct 20, 2023	Fri	Post-Season (Sectionals Begin)	@ TBD	TBD		TBD		NL
Oct 21, 2023	Sat	Scrimmage	Lake-Lehman JSHS	3:00 PM		Vestal Dick Hoover Stadium		L
Oct 23, 2023	Mon	Scrimmage	@ Windsor	5:00 PM		Windsor Multi-Purpose Field		L
Oct 28, 2023	Sat	Post-Season (Sectional Finals)	@ TBD	3:00 PM		TBD		NL
Nov 5, 2023	Sun	Post-Season (Regional Finals)	@ Camden	3:00 PM		Turf Field Stadium		L
Nov 11, 2023	Sat	Post-Season (State Championships)	@ TBD	TBD		Centereach High School		NL
Nov 29, 2023	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Dec 6, 2023	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Dec 13, 2023	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Dec 20, 2023	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		

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Dec 27, 2023	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Jan 3, 2024	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Jan 10, 2024	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Jan 17, 2024	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Jan 24, 2024	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Jan 31, 2024	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 7, 2024	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 14, 2024	Wed	Practice (Field Hockey Skills)	N/A	3:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		

Date: 2025-12-06