

## Coaches:

• Vickie Sax, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 22, 2022	Mon	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Aug 22, 2022	Mon	Practice	N/A	5:30 PM	6:30 PM	Vestal High School Fitness Center		
Aug 23, 2022	Tue	Practice	N/A	9:00 AM	12:00 PM	Vestal High School Softball Field		
Aug 23, 2022	Tue	Practice	N/A	6:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Aug 24, 2022	Wed	Practice	N/A	10:00 AM	11:15 AM	Vestal High School Fitness Center		
Aug 24, 2022	Wed	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Aug 25, 2022	Thu	Practice	N/A	9:00 AM	12:00 PM	Vestal High School Softball Field		
Aug 25, 2022	Thu	Practice	N/A	6:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Aug 26, 2022	Fri	Practice	N/A	3:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Aug 29, 2022	Mon	Scrimmage	@ Liverpool	11:30 AM		LIVERPOOL HS STADIUM	<b>Departure Time:</b> 7:00 AM	NL
Aug 30, 2022	Tue	Scrimmage	Sidney	6:30 PM		Vestal Dick Hoover Stadium		NL
Sep 1, 2022	Thu	Regular Season 5-2 W	@ Owego Apalachin	6:45 PM		OFA Stadium	<b>Departure Time:</b> 3:45 PM	NL
Sep 5, 2022	Mon	Practice	N/A	4:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Sep 6, 2022	Tue	Practice	N/A	12:00 PM	2:30 PM	Vestal Dick Hoover Stadium		
Sep 6, 2022	Tue	Practice	N/A	2:45 PM	3:45 PM	Vestal High School Fitness Center		
Sep 7, 2022	Wed	Regular Season 3-2 W	Afton (Afton/Harpursville)	7:00 PM		Vestal Dick Hoover Stadium		L
Sep 8, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 9, 2022	Fri	Regular Season 4-1 W	Greene	7:15 PM		Vestal Dick Hoover Stadium		L
Sep 12, 2022	Mon	Practice	N/A	6:30 PM	7:30 PM	Vestal High School Fitness Center		

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Sep 13, 2022	Tue	Regular Season 5-0 W	@ Maine-Endwell	7:00 PM		Maine-Endwell HS Turf	<b>Departure Time:</b> 3:45 PM	L
Sep 14, 2022	Wed	Practice	N/A	4:00 PM	5:00 PM	Vestal High School Fitness Center		
Sep 14, 2022	Wed	Practice	N/A	5:15 PM	6:30 PM	Vestal HS Baseball Field		
Sep 15, 2022	Thu	Regular Season 2-3 L	Whitney Point	7:15 PM		Vestal Dick Hoover Stadium		L
Sep 16, 2022	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 20, 2022	Tue	Regular Season 1-2 L	@ Afton (Afton/Harpursville)	4:30 PM	8:00 PM	Harpursville Central School	<b>Departure Time:</b> 3:00 PM	L
Sep 21, 2022	Wed	Practice	N/A	5:00 PM	6:30 PM	Vestal Dick Hoover Stadium		
Sep 22, 2022	Thu	Practice	N/A	5:15 PM	6:15 PM	Vestal High School Fitness Center		
Sep 24, 2022	Sat	Regular Season 7-1 W	@ Walton	11:00 AM		Walton HS field hockey field	<b>Departure Time:</b> 9:00 AM	NL
Sep 26, 2022	Mon	Practice	N/A	7:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Sep 27, 2022	Tue	Regular Season 1-2 L	@ Greene	5:00 PM		George G. Raymond Turf Field	Departure Time: 3:30 PM	L
Sep 29, 2022	Thu	Regular Season 4-0 W	Maine-Endwell	7:15 PM		Vestal Dick Hoover Stadium		L
Sep 30, 2022	Fri	Regular Season 2-0 W	@ Moravia	4:30 PM		"Terry Palmer Field" Field Hockey	<b>Departure Time:</b> 2:15 PM	NL
Oct 3, 2022	Mon	Regular Season (Sr. Nite) 6-0 W	Spencer-Van Etten (SVEC Eagles)	7:15 PM		Vestal High School Baseball Field		L
Oct 4, 2022	Tue	Practice	N/A	3:15 PM	5:00 PM	Vestal HS Baseball Field		
Oct 5, 2022	Wed	Regular Season 0-3 L	@ Whitney Point	7:00 PM		CEA Field Hockey- Lacrosse Girls - Rotary Field	<b>Departure Time:</b> 3:00 PM	L
Oct 6, 2022	Thu	Practice	N/A	3:45 PM	5:00 PM	Vestal Dick Hoover Stadium		
Oct 7, 2022	Fri	Regular Season 4-1 W	@ Auburn	6:00 PM		Auburn - Holland Stadium (Turf)	Return Date: Return Time: 3:00 PM	NL
Oct 10, 2022	Mon	Practice	N/A	7:00 PM	8:30 PM	Vestal Dick Hoover Stadium		
Oct 11, 2022	Tue	Regular Season 4-0 W	Deposit (Deposit- Hancock)	7:15 PM		Vestal Dick Hoover Stadium		L
Oct 12, 2022	Wed	Practice	N/A	5:00 PM	6:00 PM	Vestal Dick Hoover Stadium		

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Oct 12, 2022	Wed	Practice	N/A	5:00 PM	6:00 PM	Vestal Dick Hoover Stadium		
Oct 13, 2022	Thu	Practice	N/A	6:00 PM	7:30 PM	Vestal Dick Hoover Stadium		
Oct 14, 2022	Fri	Practice	N/A	5:00 PM	6:00 PM	Vestal HS Baseball Field		
Oct 15, 2022	Sat	Regular Season (Lake Lehman) 0-4 L	@ TBD	2:30 PM		Lake Lehman, PA		NL
Oct 17, 2022	Mon	Practice	N/A	4:00 PM	6:30 PM	434 Sportsplex		
Oct 18, 2022	Tue	Regular Season 1-0 W	@ Windsor	7:15 PM		Windsor Multi- Purpose Field	<b>Departure Time:</b> 3:15 PM	NL
Oct 20, 2022	Thu	Practice	N/A	4:30 PM	5:30 PM	Vestal Dick Hoover Stadium		
Oct 21, 2022	Fri	Scrimmage	Greene	3:30 PM		Vestal Dick Hoover Stadium		NL
Oct 22, 2022	Sat	Practice	N/A	8:00 AM	1:30 PM	Vestal Dick Hoover Stadium		
Oct 24, 2022	Mon	Practice	N/A	3:30 PM	5:00 PM	Vestal HS Baseball Field		
Oct 26, 2022	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal Dick Hoover Stadium		
Oct 28, 2022	Fri	Practice	N/A	3:30 PM	5:00 PM	434 Sportsplex		
Oct 29, 2022	Sat	Post-Season (Sectional Finals vs. Afton/Harpursville) 2-1 W	@ TBD	6:00 PM		Owego High School	Departure Time: 4:30 PM	NL
Nov 1, 2022	Tue	Practice	N/A	4:30 PM	6:00 PM	Vestal Dick Hoover Stadium		
Nov 3, 2022	Thu	Practice	N/A	6:00 PM	7:30 PM	Vestal Dick Hoover Stadium		
Nov 5, 2022	Sat	Post-Season (Regionals vs Sect 3) 2-1 W	Holland Patent	1:00 PM		Sidney High School	<b>Departure Time:</b> 11:15 AM	NL
Nov 12, 2022	Sat	Post-Season (State Semifinals)	@ Iroquois	11:30 AM		Centereach High School	<b>Departure Time:</b> 9:00 AM	NL
Nov 13, 2022	Sun	Post-Season (State Finals vs. South Glen Falls or Garden City)	@ TBD	12:30 PM		Centereach High School		NL
Feb 1, 2023	Wed	Practice	N/A	5:00 PM	7:30 PM	Vestal High School Pool Gym		
Feb 14, 2023	Tue	Practice	N/A	4:30 PM	9:15 PM	Clayton Ave. Elementary Gymnasium		

Date: 2024-05-10