

## Coaches:

• Vickie Sax, Head Coach

| DATE         | WEEK<br>DAY | ТҮРЕ                    | OPPONENTS                     | START<br>TIME | END<br>TIME | LOCATION                                | TRANSPORTATION                 | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|-------------------------|-------------------------------|---------------|-------------|---|--------------------------------|----------------------------|
| Aug 22, 2022 | Mon         | Practice                | N/A                           | 3:00<br>PM    | 6:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                |                            |
| Aug 22, 2022 | Mon         | Practice                | N/A                           | 5:30<br>PM    | 6:30<br>PM  | Vestal High<br>School Fitness<br>Center |                                |                            |
| Aug 23, 2022 | Tue         | Practice                | N/A                           | 9:00<br>AM    | 12:00<br>PM | Vestal High<br>School Softball<br>Field |                                |                            |
| Aug 23, 2022 | Tue         | Practice                | N/A                           | 6:00<br>PM    | 9:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                |                            |
| Aug 24, 2022 | Wed         | Practice                | N/A                           | 10:00<br>AM   | 11:15<br>AM | Vestal High<br>School Fitness<br>Center |                                |                            |
| Aug 24, 2022 | Wed         | Practice                | N/A                           | 3:00<br>PM    | 6:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                |                            |
| Aug 25, 2022 | Thu         | Practice                | N/A                           | 9:00<br>AM    | 12:00<br>PM | Vestal High<br>School Softball<br>Field |                                |                            |
| Aug 25, 2022 | Thu         | Practice                | N/A                           | 6:00<br>PM    | 9:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                |                            |
| Aug 26, 2022 | Fri         | Practice                | N/A                           | 3:00<br>PM    | 6:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                |                            |
| Aug 29, 2022 | Mon         | Scrimmage               | @ Liverpool                   | 11:30<br>AM   |             | LIVERPOOL<br>HS STADIUM                 | <b>Departure Time:</b> 7:00 AM | NL                         |
| Aug 30, 2022 | Tue         | Scrimmage               | Sidney                        | 6:30<br>PM    |             | Vestal Dick<br>Hoover<br>Stadium        |                                | NL                         |
| Sep 1, 2022  | Thu         | Regular Season<br>5-2 W | @ Owego<br>Apalachin          | 6:45<br>PM    |             | OFA Stadium                             | <b>Departure Time:</b> 3:45 PM | NL                         |
| Sep 5, 2022  | Mon         | Practice                | N/A                           | 4:00<br>PM    | 6:30<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                |                            |
| Sep 6, 2022  | Tue         | Practice                | N/A                           | 12:00<br>PM   | 2:30<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                |                            |
| Sep 6, 2022  | Tue         | Practice                | N/A                           | 2:45<br>PM    | 3:45<br>PM  | Vestal High<br>School Fitness<br>Center |                                |                            |
| Sep 7, 2022  | Wed         | Regular Season<br>3-2 W | Afton<br>(Afton/Harpursville) | 7:00<br>PM    |             | Vestal Dick<br>Hoover<br>Stadium        |                                | L                          |
| Sep 8, 2022  | Thu         | Practice                | N/A                           | 3:15<br>PM    | 5:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                |                            |
| Sep 9, 2022  | Fri         | Regular Season<br>4-1 W | Greene                        | 7:15<br>PM    |             | Vestal Dick<br>Hoover<br>Stadium        |                                | L                          |
| Sep 12, 2022 | Mon         | Practice                | N/A                           | 6:30<br>PM    | 7:30<br>PM  | Vestal High<br>School Fitness<br>Center |                                |                            |

| DATE         | WEEK<br>DAY | ТҮРЕ                                  | OPPONENTS                          | START<br>TIME | END<br>TIME | LOCATION   | TRANSPORTATION                          | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---------------------------------------|------------------------------------|---------------|-------------|--|---|----------------------------|
| Sep 13, 2022 | Tue         | Regular Season<br>5-0 W               | @ Maine-Endwell                    | 7:00<br>PM    |             | Maine-Endwell<br>HS Turf                                 | <b>Departure Time:</b><br>3:45 PM       | L                          |
| Sep 14, 2022 | Wed         | Practice                              | N/A                                | 4:00<br>PM    | 5:00<br>PM  | Vestal High<br>School Fitness<br>Center                  |   |                            |
| Sep 14, 2022 | Wed         | Practice                              | N/A                                | 5:15<br>PM    | 6:30<br>PM  | Vestal HS<br>Baseball Field                              |   |                            |
| Sep 15, 2022 | Thu         | Regular Season<br>2-3 L               | Whitney Point                      | 7:15<br>PM    |             | Vestal Dick<br>Hoover<br>Stadium                         |   | L                          |
| Sep 16, 2022 | Fri         | Practice                              | N/A                                | 3:00<br>PM    | 5:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium                         |   |                            |
| Sep 20, 2022 | Tue         | Regular Season<br>1-2 L               | @ Afton<br>(Afton/Harpursville)    | 4:30<br>PM    | 8:00<br>PM  | Harpursville<br>Central School                           | <b>Departure Time:</b> 3:00 PM          | L                          |
| Sep 21, 2022 | Wed         | Practice                              | N/A                                | 5:00<br>PM    | 6:30<br>PM  | Vestal Dick<br>Hoover<br>Stadium                         |   |                            |
| Sep 22, 2022 | Thu         | Practice                              | N/A                                | 5:15<br>PM    | 6:15<br>PM  | Vestal High<br>School Fitness<br>Center                  |   |                            |
| Sep 24, 2022 | Sat         | Regular Season<br>7-1 W               | @ Walton                           | 11:00<br>AM   |             | Walton HS field hockey field                             | <b>Departure Time:</b> 9:00 AM          | NL                         |
| Sep 26, 2022 | Mon         | Practice                              | N/A                                | 7:00<br>PM    | 9:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium                         |   |                            |
| Sep 27, 2022 | Tue         | Regular Season<br>1-2 L               | @ Greene                           | 5:00<br>PM    |             | George G.<br>Raymond Turf<br>Field                       | Departure Time: 3:30 PM                 | L                          |
| Sep 29, 2022 | Thu         | Regular Season<br>4-0 W               | Maine-Endwell                      | 7:15<br>PM    |             | Vestal Dick<br>Hoover<br>Stadium                         |   | L                          |
| Sep 30, 2022 | Fri         | Regular Season<br>2-0 W               | @ Moravia                          | 4:30<br>PM    |             | "Terry Palmer<br>Field" Field<br>Hockey                  | <b>Departure Time:</b> 2:15 PM          | NL                         |
| Oct 3, 2022  | Mon         | Regular Season (Sr.<br>Nite)<br>6-0 W | Spencer-Van Etten<br>(SVEC Eagles) | 7:15<br>PM    |             | Vestal High<br>School<br>Baseball Field                  |   | L                          |
| Oct 4, 2022  | Tue         | Practice                              | N/A                                | 3:15<br>PM    | 5:00<br>PM  | Vestal HS<br>Baseball Field                              |   |                            |
| Oct 5, 2022  | Wed         | Regular Season<br>0-3 L               | @ Whitney Point                    | 7:00<br>PM    |             | CEA Field<br>Hockey-<br>Lacrosse Girls<br>- Rotary Field | <b>Departure Time:</b> 3:00 PM          | L                          |
| Oct 6, 2022  | Thu         | Practice                              | N/A                                | 3:45<br>PM    | 5:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium                         |   |                            |
| Oct 7, 2022  | Fri         | Regular Season<br>4-1 W               | @ Auburn                           | 6:00<br>PM    |             | Auburn -<br>Holland<br>Stadium (Turf)                    | Return Date:<br>Return Time: 3:00<br>PM | NL                         |
| Oct 10, 2022 | Mon         | Practice                              | N/A                                | 7:00<br>PM    | 8:30<br>PM  | Vestal Dick<br>Hoover<br>Stadium                         |   |                            |
| Oct 11, 2022 | Tue         | Regular Season<br>4-0 W               | Deposit (Deposit-<br>Hancock)      | 7:15<br>PM    |             | Vestal Dick<br>Hoover<br>Stadium                         |   | L                          |
| Oct 12, 2022 | Wed         | Practice                              | N/A                                | 5:00<br>PM    | 6:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium                         |   |                            |

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|--------------|-------------|---|----------------|---------------|-------------|---|---------------------------------|----------------------------|
| Oct 12, 2022 | Wed         | Practice  | N/A            | 5:00<br>PM    | 6:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                 |                            |
| Oct 13, 2022 | Thu         | Practice  | N/A            | 6:00<br>PM    | 7:30<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                 |                            |
| Oct 14, 2022 | Fri         | Practice  | N/A            | 5:00<br>PM    | 6:00<br>PM  | Vestal HS<br>Baseball Field             |                                 |                            |
| Oct 15, 2022 | Sat         | Regular Season<br>(Lake Lehman)<br>0-4 L                                | @ TBD          | 2:30<br>PM    |             | Lake Lehman,<br>PA                      |                                 | NL                         |
| Oct 17, 2022 | Mon         | Practice  | N/A            | 4:00<br>PM    | 6:30<br>PM  | 434 Sportsplex                          |                                 |                            |
| Oct 18, 2022 | Tue         | Regular Season<br>1-0 W   | @ Windsor      | 7:15<br>PM    |             | Windsor Multi-<br>Purpose Field         | <b>Departure Time:</b> 3:15 PM  | NL                         |
| Oct 20, 2022 | Thu         | Practice  | N/A            | 4:30<br>PM    | 5:30<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                 |                            |
| Oct 21, 2022 | Fri         | Scrimmage   | Greene         | 3:30<br>PM    |             | Vestal Dick<br>Hoover<br>Stadium        |                                 | NL                         |
| Oct 22, 2022 | Sat         | Practice  | N/A            | 8:00<br>AM    | 1:30<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                 |                            |
| Oct 24, 2022 | Mon         | Practice  | N/A            | 3:30<br>PM    | 5:00<br>PM  | Vestal HS<br>Baseball Field             |                                 |                            |
| Oct 26, 2022 | Wed         | Practice  | N/A            | 5:30<br>PM    | 7:30<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                 |                            |
| Oct 28, 2022 | Fri         | Practice  | N/A            | 3:30<br>PM    | 5:00<br>PM  | 434 Sportsplex                          |                                 |                            |
| Oct 29, 2022 | Sat         | Post-Season<br>(Sectional Finals vs.<br>Afton/Harpursville)<br>2-1 W    | @ TBD          | 6:00<br>PM    |             | Owego High<br>School                    | Departure Time:<br>4:30 PM      | NL                         |
| Nov 1, 2022  | Tue         | Practice  | N/A            | 4:30<br>PM    | 6:00<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                 |                            |
| Nov 3, 2022  | Thu         | Practice  | N/A            | 6:00<br>PM    | 7:30<br>PM  | Vestal Dick<br>Hoover<br>Stadium        |                                 |                            |
| Nov 5, 2022  | Sat         | Post-Season<br>(Regionals vs Sect 3)<br>2-1 W                           | Holland Patent | 1:00<br>PM    |             | Sidney High<br>School                   | <b>Departure Time:</b> 11:15 AM | NL                         |
| Nov 12, 2022 | Sat         | Post-Season (State Semifinals)  | @ Iroquois     | 11:30<br>AM   |             | Centereach<br>High School               | <b>Departure Time:</b> 9:00 AM  | NL                         |
| Nov 13, 2022 | Sun         | Post-Season (State<br>Finals vs. South<br>Glen Falls or Garden<br>City) | @ TBD          | 12:30<br>PM   |             | Centereach<br>High School               |                                 | NL                         |
| Feb 1, 2023  | Wed         | Practice  | N/A            | 5:00<br>PM    | 7:30<br>PM  | Vestal High<br>School Pool<br>Gym       |                                 |                            |
| Feb 14, 2023 | Tue         | Practice  | N/A            | 4:30<br>PM    | 9:15<br>PM  | Clayton Ave.<br>Elementary<br>Gymnasium |                                 |                            |

Date: 2024-04-28