

Coaches:

• Vickie Sax, Head Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--------------------------|---|---------------|-------------|--------------------------------------|-----------------------------------|----------------------------|
| Aug 17, 2023 | Thu | Practice | N/A | 6:30 PM | 8:00 PM | Vestal Dick Hoover Stadium | | |
| Aug 21, 2023 | Mon | Practice | N/A | 3:00 PM | | Vestal Dick Hoover Stadium | | |
| Aug 21, 2023 | Mon | Practice | N/A | 5:00 PM | | Vestal High School Fitness Center | | |
| Aug 22, 2023 | Tue | Practice | N/A | 6:00 PM | 9:00 PM | Vestal Dick Hoover Stadium | | |
| Aug 23, 2023 | Wed | Practice | N/A | 3:00 PM | | Vestal Dick Hoover Stadium | | |
| Aug 23, 2023 | Wed | Practice | N/A | 5:00 PM | 6:00 PM | Vestal High School Fitness Center | | |
| Aug 24, 2023 | Thu | Practice | N/A | 12:00 PM | | Vestal Dick Hoover Stadium | | |
| Aug 25, 2023 | Fri | Practice | N/A | 3:00 PM | 6:00 PM | Vestal Dick Hoover Stadium | | |
| Aug 26, 2023 | Sat | Practice | N/A | 9:00 AM | 2:00 PM | Vestal Dick Hoover Stadium | | |
| Aug 28, 2023 | Mon | Practice | N/A | 1:00 PM | | Vestal Dick Hoover Stadium | | |
| Aug 29, 2023 | Tue | Scrimmage | @ Sidney | 5:00 PM | 8:00 PM | Sidney HS multi- purpose field | Departure Time: 3:30 PM | NL |
| Sep 1, 2023 | Fri | Regular Season | South Glens Falls | 3:00 PM | | Vestal Dick Hoover Stadium | | NL |
| Sep 4, 2023 | Mon | Practice | N/A | 5:00 PM | 7:00 PM | Vestal Dick Hoover Stadium | | |
| Sep 5, 2023 | Tue | Practice | N/A | 12:00 PM | | Vestal Dick Hoover Stadium | | |
| Sep 5, 2023 | Tue | Practice | N/A | 3:00 PM | | Vestal High School Fitness Center | | |
| Sep 6, 2023 | Wed | Regular Season | @ Maine-Endwell | 7:00 PM | | Maine-Endwell HS Turf | Departure Time: 4:00 PM | L |
| Sep 8, 2023 | Fri | Regular Season 3-0 W | @ Spencer-Van Etten (SVEC Eagles) | 5:30 PM | | Spencer-Van Etten HS | Departure Time: 3:45 PM | L |
| Sep 11, 2023 | Mon | Practice | N/A | 4:00 PM | 6:30 PM | Dicks House of Sport | | |
| Sep 12, 2023 | Tue | Practice | N/A | 4:00 PM | 6:15 PM | Dicks House of Sport | | |
| Sep 13, 2023 | Wed | Practice | N/A | 7:00 PM | 9:00 PM | Dicks House of Sport | | |
| Sep 14, 2023 | Thu | Regular Season | Marathon | 7:30 PM | | Vestal Dick Hoover Stadium | | L |
| Sep 15, 2023 | Fri | Practice | N/A | 4:00 PM | | Dicks House of Sport | | |
| Sep 18, 2023 | Mon | Regular Season | Tioga | 7:15 PM | | Vestal Dick Hoover Stadium | | L |
| Sep 19, 2023 | Tue | Practice | N/A | 5:00 PM | | Vestal High School Fitness Center | | |
| Sep 20, 2023 | Wed | Regular Season 10-1 W | @ Owego Apalachin | 6:45 PM | | OFA Stadium | Departure Time: 3:45 PM | L |
| Sep 21, 2023 | Thu | Practice | N/A | 4:00 PM | | Dicks House of Sport | | |
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| Sep 22, 2023 | Fri | Practice | N/A | 4:00 PM | 5:00 PM | Vestal High School Fitness Center | | |
| Sep 23, 2023 | Sat | Regular Season | Moravia | 10:00 AM | | Vestal Dick Hoover Stadium | | L |
| Sep 25, 2023 | Mon | Regular Season | @ Newark Valley | 4:30 PM | | Newark Valley High School | Departure Time: 3:00 PM | L |
| Sep 26, 2023 | Tue | Regular Season | Maine-Endwell | 7:15 PM | | Vestal Dick Hoover Stadium | | L |
| Sep 27, 2023 | Wed | Practice | N/A | 5:00 PM | 6:00 PM | Vestal High School Fitness Center | | |
| Sep 28, 2023 | Thu | Regular Season | Spencer-Van Etten (SVEC Eagles) | 7:30 PM | | Vestal Dick Hoover Stadium | | L |
| Sep 29, 2023 | Fri | Practice | N/A | 3:15 PM | PM | Vestal Dick Hoover Stadium | | |
| Oct 1, 2023 | Sun | Practice | N/A | 7:30 PM | 9:30 PM | Vestal Dick Hoover Stadium | | |
| Oct 2, 2023 | Mon | Regular Season | Newark Valley | 5:30 PM | | Vestal Dick Hoover Stadium | | L |
| Oct 4, 2023 | Wed | Regular Season | @ Marathon | 4:30 PM | | Marathon High School | Departure Time: 3:00 PM | L |
| Oct 6, 2023 | Fri | Regular Season | @ Tioga | 5:30 PM | | Haggerty Field/Track | Departure Time: 3:15 PM | L |
| Oct 9, 2023 | Mon | Practice | N/A | 12:00 PM | 2:00 PM | Vestal Dick Hoover Stadium | | |
| Oct 9, 2023 | Mon | Practice | N/A | 7:30 PM | 9:30 PM | Vestal Dick Hoover Stadium | | |
| Oct 10, 2023 | Tue | Regular Season | Owego Apalachin | 7:30 PM | | Vestal Dick Hoover Stadium | | L |
| Oct 13, 2023 | Fri | Regular Season | @ Moravia | 3:30 PM | | "Terry Palmer Field" Field Hockey | Departure Time: 1:45 PM | L |
| Oct 16, 2023 | Mon | Regular Season 2-3 L | Windsor | 7:15 PM | | Vestal Dick Hoover Stadium | | L |
| Oct 18, 2023 | Wed | Scrimmage | Marathon | 7:30 PM | | Vestal Dick Hoover Stadium | | L |
| Oct 20, 2023 | Fri | Post-Season (Sectionals Begin) | @ TBD | TBD | | TBD | | NL |
| Oct 21, 2023 | Sat | Scrimmage | Lake-Lehman JSHS | 3:00 PM | | Vestal Dick Hoover Stadium | | L |
| Oct 23, 2023 | Mon | Scrimmage | @ Windsor | 5:00 PM | | Windsor Multi- Purpose Field | | L |
| Oct 28, 2023 | Sat | Post-Season (Sectional Finals) | @ TBD | 3:00 PM | | TBD | | NL |
| Nov 5, 2023 | Sun | Post-Season (Regional Finals) | @ Camden | 3:00 PM | | Turf Field Stadium | | L |
| Nov 11, 2023 | Sat | Post-Season (State Championships) | @ TBD | TBD | | Centereach High School | | NL |
| Nov 29, 2023 | Wed | Practice (Field Hockey Skills) | N/A | 3:30 PM | 9:00 PM | Clayton Ave. Elementary Gymnasium | | |
| Dec 6, 2023 | Wed | Practice (Field Hockey Skills) | N/A | 3:30 PM | 9:00 PM | Clayton Ave. Elementary Gymnasium | | |
| Dec 13, 2023 | Wed | Practice (Field Hockey Skills) | N/A | 3:30 PM | 9:00 PM | Clayton Ave. Elementary Gymnasium | | |
| Dec 20, 2023 | Wed | Practice (Field Hockey Skills) | N/A | 3:30 PM | 9:00 PM | Clayton Ave. Elementary Gymnasium | | |

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| Dec 27, 2023 | Wed Practice (Field Hockey Skills) | N/A | 3:30 9:00 Clayton Ave. PM PM Elementary Gymnasium | |
| Jan 3, 2024 | Wed Practice (Field Hockey Skills) | N/A | 3:30 9:00 Clayton Ave. PM PM Gymnasium | |
| Jan 10, 2024 | Wed Practice (Field Hockey Skills) | N/A | 3:30 9:00 Clayton Ave. PM PM Elementary Gymnasium | |
| Jan 17, 2024 | Wed Practice (Field Hockey Skills) | N/A | 3:30 9:00 Clayton Ave. PM PM Elementary Gymnasium | |
| Jan 24, 2024 | Wed Practice (Field Hockey Skills) | N/A | 3:30 9:00 Clayton Ave. PM PM Elementary Gymnasium | |
| Jan 31, 2024 | Wed Practice (Field Hockey Skills) | N/A | 3:30 9:00 Clayton Ave. PM PM Gymnasium | |
| Feb 7, 2024 | Wed Practice (Field Hockey Skills) | N/A | 3:30 9:00 Clayton Ave. PM PM Elementary Gymnasium | |
| Feb 14, 2024 | Wed Practice (Field Hockey Skills) | N/A | 3:30 9:00 Clayton Ave. PM PM Elementary Gymnasium | |

Date: 2024-05-04