



**Vestal**  
**(B) 7/8TH Cross Country**

**Coaches:**

- Ron O'Shea

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Sep 15, 2018	Sat	Regular Season (ESM Invit)	@ TBD	9:00 AM		Woodland Elementary East Syracuse	<b>Departure Time:</b> 6:25 AM NL
Sep 22, 2018	Sat	Regular Season (Owego Invitational)	@ TBD	9:00 AM		Pheasant Hill Golf Course, Owego	<b>Departure Time:</b> 6:25 AM NL
Sep 29, 2018	Sat	Regular Season (Maine-Endwell Invitational)	@ TBD	TBD		Maine Memorial Elementary	<b>Departure Time:</b> 9:10 AM NL
Oct 3, 2018	Wed	Regular Season (STAC Crossover)	@ TBD	TBD		Gibson Elementary Norwich	L
Oct 6, 2018	Sat	Regular Season (Stock-Conwicke Invit)	TBD	9:15 AM		Arnold Park	NL
Oct 9, 2018	Tue	Regular Season (STAC Division Championship)	@ TBD	TBD		Hickories Park, Owego	<b>Departure Time:</b> 2:40 PM NL
Oct 12, 2018	Fri	Regular Season (Bob Greene Invit)	@ TBD	4:00 PM		Newark Valley High School	<b>Departure Time:</b> 2:25 PM NL
Oct 20, 2018	Sat	Regular Season (Marathon Invit)	@ TBD	TBD		Appleby Elementary	<b>Departure Time:</b> 7:25 PM NL
Oct 27, 2018	Sat	Regular Season (STAC Championship)	@ TBD	TBD		Ann McGuiness	<b>Departure Time:</b> 7:30 AM NL

Date: 2026-02-02