



Vestal

(B) 7/8TH Cross Country

Coaches:

- Ron O'Shea

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Sep 9, 2023	Sat	Regular Season (Forbes Invitational)	@ TBD	TBD		Oneonta	Departure Time: 9:30 AM Return Date: Return Time: 1:15 PM	NL
Sep 16, 2023	Sat	Regular Season (McDaniel Baxter Invit)	@ TBD	TBD		Chenango Valley High School	Departure Time: 7:45 AM	NL
Sep 23, 2023	Sat	Regular Season (Owego Invitational)	@ TBD	TBD		Owego High School	Departure Time: 7:15 AM	NL
Sep 29, 2023	Fri	Regular Season (Pete Matzke Invitational)	@ TBD	TBD		Maine Endwell High School	Departure Time: 2:20 PM	NL
Sep 30, 2023	Sat	Regular Season (McQuaid Invittional)	@ TBD	TBD		Genesee Valley Park, Rochester		NL
Oct 14, 2023	Sat	Regular Season (Marathon Invitational)	@ TBD	TBD		Marathon High School	Departure Time: 7:10 AM	NL
Oct 21, 2023	Sat	Regular Season (STAC)	@ TBD	TBD		Ann McGuinness	Departure Time: 7:20 AM	NL
Oct 28, 2023	Sat	Regular Season (Battle of Hynes Hill Invit)	@ TBD	TBD		Ann McGuinness	Departure Time: 3:15 PM	NL

Date: 2024-05-01