



# Vestal

## (B) V Cross Country

### Coaches:

- Stephen Marcin, Head Coach
- Mike Olson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 19, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 20, 2019	Tue	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 21, 2019	Wed	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 22, 2019	Thu	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 23, 2019	Fri	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 24, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 26, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 27, 2019	Tue	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 28, 2019	Wed	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 29, 2019	Thu	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 30, 2019	Fri	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 31, 2019	Sat	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Sep 2, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Sep 3, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 4, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 5, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 6, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 7, 2019	Sat	Regular Season (Dave Forbes Invitational)	@ TBD	10:00 AM		Fortin Park, Oneonta	<b>Departure Time:</b> 7:00 AM	NL
Sep 9, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 10, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 11, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 12, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 13, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 14, 2019	Sat	Regular Season (East Syracuse-Minoa Invit)	@ TBD	8:00 AM		Pine Grove Elementary, Syracuse	<b>Departure Time:</b> 7:00 AM	NL
Sep 16, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 17, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 18, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 19, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 20, 2019	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 21, 2019	Sat	Regular Season (Baldwinsville Invitational)	@ TBD	TBD		Durgee Jr. High Baldwinsville	<b>Departure Time:</b> 9:15 AM	NL
Sep 23, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 24, 2019	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 25, 2019	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 26, 2019	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Sep 27, 2019	Fri	Regular Season (McQuaid Invitational)	@ TBD	TBD		Genesee Valley Park, Rochester	<b>Departure Time:</b> 11:00 AM	L
Sep 28, 2019	Sat	Regular Season (McQuaid Invitational)	@ TBD	TBD		Genesee Valley Park, Rochester		NL
Sep 30, 2019	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Dick Hoover Stadium		
Oct 4, 2019	Fri	Regular Season (Stock-Conwicke Invit)	@ TBD	4:00 PM		Ann McGuiness	<b>Departure Time:</b> 2:55 PM	NL
POSTPONED Oct 7, 2019	Mon	Regular Season (Division Championship)	@ TBD	TBD		Ann McGuiness	<b>Departure Time:</b> 3:00 PM	NL
Oct 11, 2019	Fri	Regular Season (Bob Greene Invit)	@ TBD	4:00 PM		Newark Valley High School	<b>Departure Time:</b> 2:20 PM	NL
CANCELLED Oct 19, 2019	Sat	Regular Season (Marathon Invit)	@ TBD	TBD		Appleby Elementary	<b>Departure Time:</b> 8:00 AM	NL
Oct 26, 2019	Sat	Regular Season (STAC Championship)	@ TBD	10:00 AM		Ann McGuiness	<b>Departure Time:</b> 8:00 AM	NL
Oct 29, 2019	Tue	Regular Season (STAC Crossover)	@ TBD	TBD		Park Station Horseheads	<b>Departure Time:</b> 2:15 PM	NL
Nov 5, 2019	Tue	Practice (CVSP practice)	N/A	3:30 PM		Chenango Valley State Park	<b>Departure Time:</b> 3:00 PM	
Nov 7, 2019	Thu	Regular Season (State Qualifiers)	@ TBD	TBD		Chenango Valley State Park	<b>Departure Time:</b> 10:30 AM	NL
Nov 16, 2019	Sat	Regular Season (State Championship)	@ TBD	TBD		Plattsburgh		NL

Date: 2026-01-22