



# Vestal

## (G) V Cross Country

### Coaches:

- Stephen Marcin, Head Coach
- Mike Olson, Asst Coach

| DATE         | WEEK DAY | TYPE     | OPPONENTS | START TIME | END TIME | LOCATION                   | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|----------|-----------|------------|----------|----------------------------|----------------|---------------------|
| Aug 22, 2022 | Mon      | Practice | N/A       | 8:00 AM    | 10:00 AM | Vestal Dick Hoover Stadium |                |                     |
| Aug 23, 2022 | Tue      | Practice | N/A       | 8:00 AM    | 10:00 AM | Vestal Dick Hoover Stadium |                |                     |
| Aug 24, 2022 | Wed      | Practice | N/A       | 8:00 AM    | 10:00 AM | Vestal Dick Hoover Stadium |                |                     |
| Aug 25, 2022 | Thu      | Practice | N/A       | 8:00 AM    | 10:00 AM | Vestal Dick Hoover Stadium |                |                     |
| Aug 26, 2022 | Fri      | Practice | N/A       | 8:00 AM    | 10:00 AM | Vestal Dick Hoover Stadium |                |                     |
| Aug 29, 2022 | Mon      | Practice | N/A       | 8:00 AM    | 10:00 AM | Vestal Dick Hoover Stadium |                |                     |
| Aug 30, 2022 | Tue      | Practice | N/A       | 8:00 AM    | 10:00 AM | Vestal Dick Hoover Stadium |                |                     |
| Aug 31, 2022 | Wed      | Practice | N/A       | 8:00 AM    | 10:00 AM | Vestal Dick Hoover Stadium |                |                     |
| Sep 1, 2022  | Thu      | Practice | N/A       | 8:00 AM    | 10:00 AM | Vestal Dick Hoover Stadium |                |                     |
| Sep 2, 2022  | Fri      | Practice | N/A       | 8:00 AM    | 10:00 AM | Vestal Dick Hoover Stadium |                |                     |

Date: 2024-05-03