



# Vestal

## (G) V Cross Country

### Coaches:

- Stephen Marcin, Head Coach
- Mike Olson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice (Practice)	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 22, 2023	Tue	Practice (Practice)	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 23, 2023	Wed	Practice (Practice)	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 24, 2023	Thu	Practice (Practice)	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 25, 2023	Fri	Practice (Practice)	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 28, 2023	Mon	Practice (Practice)	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 29, 2023	Tue	Practice (Practice)	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 30, 2023	Wed	Practice (Practice)	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Aug 31, 2023	Thu	Practice (Practice)	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		
Sep 1, 2023	Fri	Practice (Practice)	N/A	8:00 AM	10:00 AM	Vestal Dick Hoover Stadium		

Date: 2024-05-03