



# Vestal

## (G) V Cheerleading (Football)

### Coaches:

- Erin Schultz

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 22, 2022	Mon	Practice (Tryouts)	N/A	3:30 PM	6:30 PM	TBD		
Aug 23, 2022	Tue	Practice (Tryouts)	N/A	4:00 PM	6:30 PM	TBD		
Aug 24, 2022	Wed	Practice (Tryouts)	N/A	4:00 PM	6:30 PM	TBD		
Aug 25, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Aug 26, 2022	Fri	Practice	N/A	3:30 PM	6:00 PM	TBD		
Aug 27, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Aug 29, 2022	Mon	Regular Season (Trails End Camp)	@ TBD	12:00 PM		Trails End	Departure Time: 8:30 AM	NL
Aug 29, 2022	Mon	Practice (Cheer Camp)	N/A	TBD		TBD		
Aug 30, 2022	Tue	Practice (Cheer Camp)	N/A	TBD		TBD		
Aug 31, 2022	Wed	Practice (Cheer Camp)	N/A	TBD		TBD		
CANCELLED Sep 1, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Sep 1, 2022	Thu	Practice (Cheer Camp)	N/A	TBD		TBD		
Sep 2, 2022	Fri	Practice (Varsity Practice)	N/A	8:00 AM	10:00 AM	TBD		
Sep 6, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Sep 8, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Sep 9, 2022	Fri	Practice	N/A	3:30 PM	6:00 PM	TBD		
Sep 9, 2022	Fri	Regular Season	@ TBD	7:00 PM	9:00 PM	JC Wildcat Stadium	Departure Time: 5:30 PM	L
Sep 10, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Sep 12, 2022	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		
Sep 13, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Sep 15, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Sep 16, 2022	Fri	Practice	N/A	3:30 PM	6:00 PM	TBD		
Sep 17, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Sep 19, 2022	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		
Sep 20, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Sep 22, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		

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Sep 23, 2022	Fri	Practice	N/A	3:30 PM	6:00 PM	TBD		
Sep 23, 2022	Fri	Regular Season	@ Corning-Painted Post (Fall)	7:00 PM		Corning Memorial Stadium	Departure Time: 5:10 PM	L
Sep 24, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Sep 26, 2022	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		
Sep 27, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Sep 29, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Sep 30, 2022	Fri	Practice	N/A	3:30 PM	6:00 PM	TBD		
Oct 1, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 3, 2022	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		
Oct 4, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Oct 6, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Oct 7, 2022	Fri	Practice	N/A	3:30 PM	6:00 PM	TBD		
Oct 7, 2022	Fri	Regular Season (HOMECOMING)	@ Ithaca (Fall)	7:00 PM		IHS Moresco Stadium	Departure Time: 5:15 PM	L
Oct 8, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 8, 2022	Sat	Regular Season (Cheer Competition)	TBD	12:00 PM	10:00 PM	Clayton Ave. Elementary Gymnasium, Vestal Dick Hoover Stadium		NL
Oct 8, 2022	Sat	Regular Season (Cheer Comp in Vestal)	Horseheads (Fall)	TBD		Vestal High School Baseball Field		NL
Oct 10, 2022	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		
Oct 11, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Oct 13, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Oct 14, 2022	Fri	Practice	N/A	3:30 PM	6:00 PM	TBD		
Oct 14, 2022	Fri	Regular Season	Horseheads (Fall)	6:00 PM		Vestal High School Baseball Field		L
Oct 15, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 15, 2022	Sat	Regular Season (Horseheads Competition)	@ TBD	6:00 PM		Horseheads High School	Departure Time: 4:15 PM	NL
Oct 17, 2022	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		
Oct 18, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Oct 20, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Oct 21, 2022	Fri	Practice	N/A	3:30 PM	6:00 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 21, 2022	Fri	Regular Season	@ Union-Endicott (Fall)	7:00 PM		UEHS Ty Cobb Stadium	<b>Departure Time:</b> 5:50 PM	L
Oct 22, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 23, 2022	Sun	Regular Season	@ TBD	TBD		Union Endicott High School	<b>Departure Time:</b> 9:45 AM	L
Oct 24, 2022	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		
Oct 25, 2022	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Oct 27, 2022	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Oct 28, 2022	Fri	Practice	N/A	3:30 PM	6:00 PM	TBD		
Oct 29, 2022	Sat	Practice	N/A	8:00 AM	10:00 AM	TBD		
Oct 29, 2022	Sat	Post-Season (State Invitational)	@ TBD	TBD		TBD		L
Oct 31, 2022	Mon	Practice	N/A	3:30 PM	6:00 PM	TBD		

Date: 2025-12-14