



# Vestal

## (B) JV Basketball

### Coaches:

- Anthony Lindsey, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 3, 2021	Wed	Practice (Lift )	N/A	6:00 PM	7:00 PM	TBD		
Feb 3, 2021	Wed	Practice (Practice )	N/A	7:00 PM	8:30 PM	Vestal High School Baseball Field		
Feb 4, 2021	Thu	Practice (Day 1- Try outs )	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Feb 5, 2021	Fri	Practice (Day 2- Try outs)	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Feb 6, 2021	Sat	Practice (First practice )	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Feb 6, 2021	Sat	Practice (Team Lift )	N/A	10:00 AM	11:00 AM	Vestal High School Fitness Center		
Feb 8, 2021	Mon	Practice (Team Lift)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Feb 8, 2021	Mon	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Feb 9, 2021	Tue	Practice	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Feb 10, 2021	Wed	Practice (Team Lift)	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center		
Feb 10, 2021	Wed	Practice	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Feb 11, 2021	Thu	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Feb 12, 2021	Fri	Regular Season (No spectators) 64-47 W	Binghamton	5:30 PM	7:30 PM	Vestal High School Baseball Field		L
Feb 13, 2021	Sat	Regular Season 58-56 W	@ Binghamton	12:00 PM	2:00 PM	Binghamton High School-Gym		L
Feb 16, 2021	Tue	Practice	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Feb 17, 2021	Wed	Regular Season 53-36 W	Chenango Valley	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Feb 18, 2021	Thu	Practice (Team lift)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Feb 18, 2021	Thu	Practice (Film session)	N/A	4:00 PM	4:30 PM	Vestal High School Baseball Field		
Feb 18, 2021	Thu	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Fitness Center		
Feb 19, 2021	Fri	Regular Season 56-85 L	@ Union-Endicott	5:30 PM	7:30 PM	UEHS Main Gym		L
Feb 20, 2021	Sat	Practice (Walk through)	N/A	11:45 AM	12:15 PM	Vestal High School Baseball Field		
Feb 20, 2021	Sat	Regular Season (No spectators) 42-71 L	Union-Endicott	12:45 PM		Vestal High School Baseball Field		L
Feb 22, 2021	Mon	Practice (Team lift)	N/A	3:00 PM	4:00 PM	Vestal High School Fitness Center		
Feb 22, 2021	Mon	Practice (Film Session )	N/A	4:00 PM	4:30 PM	Vestal High School Baseball Field		
Feb 22, 2021	Mon	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Feb 23, 2021	Tue	Practice (Walk through )	N/A	4:15 PM	5:00 PM	Vestal High School Baseball Field	
Feb 23, 2021	Tue	Regular Season (No spectators) 59-58 W	Johnson City	5:30 PM	7:30 PM	Vestal High School Baseball Field	L
Feb 24, 2021	Wed	Practice (Team lift)	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center	
Feb 24, 2021	Wed	Practice (Film session )	N/A	7:00 PM	7:30 PM	Vestal High School Baseball Field	
Feb 24, 2021	Wed	Practice	N/A	7:30 PM	9:00 PM	Vestal High School Gym	
Feb 25, 2021	Thu	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym	
Feb 26, 2021	Fri	Regular Season	@ Chenango Forks	5:30 PM	7:30 PM	High School - Gym	L
Feb 27, 2021	Sat	Practice (Walk Through)	N/A	11:45 AM	12:15 PM	Vestal High School Baseball Field	
POSTPONED Feb 27, 2021	Sat	Regular Season (Limited spectators)	Chenango Forks	12:45 PM	2:00 PM	Vestal High School Baseball Field	L
Mar 1, 2021	Mon	Practice (Team Lift)	N/A	4:00 PM	5:00 PM	Vestal High School Fitness Center	
Mar 1, 2021	Mon	Practice (Film Session )	N/A	5:00 PM	5:30 PM	Vestal High School Baseball Field	
Mar 1, 2021	Mon	Practice	N/A	5:30 PM	7:00 PM	Vestal High School Gym	
Mar 2, 2021	Tue	Regular Season 50-53 L	@ Johnson City	5:30 PM	7:30 PM	JC HS Large Gym	L
Mar 3, 2021	Wed	Practice (Team lift)	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center	
Mar 3, 2021	Wed	Practice (Film Session )	N/A	7:00 PM	7:30 PM	Vestal High School Baseball Field	
Mar 3, 2021	Wed	Practice	N/A	7:30 PM	9:00 PM	Vestal High School Gym	
Mar 4, 2021	Thu	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym	
Mar 5, 2021	Fri	Regular Season (Limited spectators)	Maine-Endwell	5:30 PM	7:30 PM	Vestal High School Baseball Field	L
Mar 6, 2021	Sat	Regular Season	@ Maine-Endwell	12:00 PM	2:00 PM	Maine-Endwell HS Gym	L
Mar 15, 2021	Mon	Practice (Team Lift)	N/A	4:00 PM	5:00 PM	Vestal High School Fitness Center	
Mar 17, 2021	Wed	Practice (Team Lift)	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center	
Mar 17, 2021	Wed	Practice (Skills-If gym is open )	N/A	7:30 PM	9:00 PM	Vestal High School Gym	
Mar 18, 2021	Thu	Practice (Team Lift)	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center	
Mar 18, 2021	Thu	Practice (Skills- if gym is open )	N/A	7:30 PM	9:00 PM	Vestal High School Gym	
Mar 19, 2021	Fri	Practice (Team Lift)	N/A	4:00 PM	5:00 PM	Vestal High School Fitness Center	
Mar 22, 2021	Mon	Practice (Team Lift )	N/A	4:00 PM	5:00 PM	Vestal High School Fitness Center	
Mar 24, 2021	Wed	Practice (Team lift )	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center	
Mar 24, 2021	Wed	Practice (Skills- If gym is open )	N/A	7:30 PM	9:00 PM	Vestal High School Gym	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 25, 2021	Thu	Practice (Team lift )	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center		
Mar 25, 2021	Thu	Practice (Skills- if gym is open )	N/A	7:30 PM	9:00 PM	Vestal High School Fitness Center		
Mar 26, 2021	Fri	Practice (Team lift )	N/A	4:00 PM	5:00 PM	Vestal High School Fitness Center		
Mar 29, 2021	Mon	Practice (Team lift )	N/A	4:00 PM	5:00 PM	Vestal High School Fitness Center		
Mar 31, 2021	Wed	Practice (Team lift )	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center		
Mar 31, 2021	Wed	Practice (Skills- if gym is open )	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Apr 1, 2021	Thu	Practice (Team lift )	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center		
Apr 1, 2021	Thu	Practice (Skills- if gym is open )	N/A	7:30 PM	9:00 PM	Vestal High School Gym		

Date: 2024-05-03