Vestal
(B) JV Basketball

Coaches:

- Anthony Lindsey, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jul 1, 2022	Fri	Practice (Basketball/Football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 7, 2022	Thu	Practice (Basketball/Football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 8, 2022	Fri	Practice (Basketball/football Lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 8, 2022	Fri	Practice (Varsity Boys practice)	N/A	5:00 PM	7:00 PM	Vestal High School Gym		
Jul 11, 2022	Mon	Practice (Basketball/Football Lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 12, 2022	Tue	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 14, 2022	Thu	Practice (Basketball/football Lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 15, 2022	Fri	Practice (basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 15, 2022	Fri	Practice (Varsity Boys practice)	N/A	5:00 PM	7:00 PM	Vestal High School Gym		
Jul 18, 2022	Mon	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 19, 2022	Tue	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 19, 2022	Tue	Practice (JV/Varsity Practice)	N/A	4:00 PM	6:00 PM	Vestal High School Gym		
Jul 20, 2022	Wed	Practice (Basketball/Football Lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 21, 2022	Thu	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 22, 2022	Fri	Practice (Basketball/Football Lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 22, 2022	Fri	Practice (JV practice)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Jul 22, 2022	Fri	Practice (Varsity boys practice)	N/A	5:00 PM	7:00 PM	Vestal High School Gym		
Jul 25, 2022	Mon	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 26, 2022	Tue	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 26, 2022	Tue	Practice (JV/Varsity Practice)	N/A	4:00 PM	6:00 PM	Vestal High School Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jul 27, 2022	Wed	Practice (Basketball/Football Lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 28, 2022	Thu	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Jul 28, 2022	Thu	Practice (JV practice)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Jul 28, 2022	Thu	Practice (Varsity practice)	N/A	5:00 PM	7:00 PM	Vestal High School Gym		
Jul 29, 2022	Fri	Practice (Varsity boys practice)	N/A	5:00 PM	7:00 PM	Vestal High School Gym		
Aug 1, 2022	Mon	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Aug 2, 2022	Tue	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Aug 2, 2022	Tue	Practice (JV/Varsity Practice)	N/A	4:00 PM	6:00 PM	Vestal High School Gym		
Aug 3, 2022	Wed	Practice (Basketball/Football Lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Aug 4, 2022	Thu	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Aug 5, 2022	Fri	Practice (Varsity boys practice)	N/A	5:00 PM	7:00 PM	Vestal High School Gym		
Aug 8, 2022	Mon	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Aug 9, 2022	Tue	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Aug 9, 2022	Tue	Practice (JV/Varsity Practice)	N/A	4:00 PM	6:00 PM	Vestal High School Gym		
Aug 10, 2022	Wed	Practice (Basketball/Football Lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Aug 11, 2022	Thu	Practice (Basketball/football lift)	N/A	8:00 AM	9:00 AM	Vestal High School Fitness Center		
Aug 12, 2022	Fri	Practice (Varsity boys practice)	N/A	5:00 PM	7:00 PM	Vestal High School Gym		
Sep 12, 2022	Mon	Practice (Grade 7-12 open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Sep 14, 2022	Wed	Practice (Grade 7-12 open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Sep 19, 2022	Mon	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Sep 21, 2022	Wed	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Sep 26, 2022	Mon	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Sep 28, 2022	Wed	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Oct 3, 2022	Mon	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Oct 5, 2022	Wed	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 10, 2022	Mon	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Oct 12, 2022	Wed	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Oct 17, 2022	Mon	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Oct 19, 2022	Wed	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Oct 24, 2022	Mon	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Oct 26, 2022	Wed	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Oct 31, 2022	Mon	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Nov 2, 2022	Wed	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Nov 7, 2022	Mon	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Nov 9, 2022	Wed	Practice (Boys open Gym)	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Nov 14, 2022	Mon	Practice (JV Basketball Lift)	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center		
Nov 14, 2022	Mon	Practice (JV Basketball Practice)	N/A	6:00 PM	7:30 PM	Vestal High School Baseball Field		
Nov 15, 2022	Tue	Practice (JV Basketball Practice)	N/A	6:00 PM	7:30 PM	Vestal High School Baseball Field		
Nov 16, 2022	Wed	Practice (JV Basketball Lift)	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center		
Nov 16, 2022	Wed	Practice (JV Basketball Practice)	N/A	7:30 PM	9:00 PM	Vestal High School Baseball Field		
Nov 17, 2022	Thu	Practice (JV Basketball Practice)	N/A	3:00 PM	4:30 PM	Vestal High School Baseball Field		
Nov 18, 2022	Fri	Practice (JV Basketball Practice)	N/A	7:30 PM	9:00 PM	Vestal High School Baseball Field		
Nov 19, 2022	Sat	Practice (JV Basketball Practice)	N/A	9:00 AM	10:30 AM	Vestal High School Baseball Field		
Nov 21, 2022	Mon	Practice (JV Basketball Lift)	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center		
Nov 21, 2022	Mon	Practice (JV Basketball Practice)	N/A	7:30 PM	9:00 PM	Vestal High School Baseball Field		
Nov 22, 2022	Tue	Practice (JV Basketball Practice)	N/A	3:30 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Nov 23, 2022	Wed	Practice (JV Boys Basketball)	N/A	12:30 PM	2:00 PM	Vestal High School Baseball Field		
Nov 25, 2022	Fri	Practice (JV Basketball Practice)	N/A	11:00 AM	1:00 PM	TBD		
Nov 26, 2022	Sat	Scrimmage (Closed Scrimmage)	Susquehanna Valley	10:00 AM		TBD		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 28, 2022	Mon	Practice (JV Basketball Lift)	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center		
Nov 28, 2022	Mon	Practice (JV Basketball Practice)	N/A	6:00 PM	7:30 PM	Vestal High School Baseball Field		
Nov 29, 2022	Tue	Practice (JV Basketball Practice)	N/A	3:00 PM	5:00 PM	Vestal High School Baseball Field		
Nov 30, 2022	Wed	Practice (JV Basketball Practice)	N/A	6:00 PM	7:30 PM	Vestal High School Baseball Field		
Dec 1, 2022	Thu	Regular Season (Drago Tournament vs. Unatego) 57-23 W	@ TBD	5:00 PM		Oneonta High School	**Departure Time:** 2:50 PM	NL
Dec 3, 2022	Sat	Regular Season (Drago Tourn vs. Oneonta) 41-39 W	@ TBD	10:30 AM		Oneonta High School	**Departure Time:** 8:10 AM	NL
Dec 3, 2022	Sat	Regular Season 41-39 W	@ Oneonta	TBD		Oneonta High School		NL
Dec 5, 2022	Mon	Practice (JV Basketball Practice)	N/A	3:00 PM	4:30 PM	Vestal High School Baseball Field		
Dec 5, 2022	Mon	Practice (JV Basketball Lift)	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center		
Dec 6, 2022	Tue	Regular Season 47-40 W	Blue Ridge	5:30 PM		Vestal High School Baseball Field		NL
Dec 7, 2022	Wed	Practice (JV Basketball Practice)	N/A	3:00 PM	4:30 PM	Vestal High School Baseball Field		
Dec 7, 2022	Wed	Practice (JV Basketball Lift)	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center		
Dec 8, 2022	Thu	Practice (JV Basketball Practice)	N/A	5:00 PM	6:30 PM	Vestal High School Baseball Field		
Dec 9, 2022	Fri	Regular Season 37-47 L	Ithaca	5:30 PM		Vestal High School Baseball Field		L
Dec 10, 2022	Sat	Practice (JV Basketball Practice)	N/A	9:00 AM	10:30 PM	TBD		
Dec 12, 2022	Mon	Practice (JV Basketball Lift)	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center		
Dec 12, 2022	Mon	Practice (JV Basketball Practice)	N/A	7:30 PM	9:00 PM	Vestal High School Baseball Field		
Dec 13, 2022	Tue	Practice (JV Basketball Practice)	N/A	5:00 PM	7:00 PM	TBD		
Dec 14, 2022	Wed	Regular Season 51-66 L	@ Horseheads	5:30 PM	7:00 PM	HHS MS Gym		L
Dec 17, 2022	Sat	Practice (JV Basketball Practice)	N/A	8:00 AM	9:30 AM	Vestal High School Baseball Field		
Dec 19, 2022	Mon	Practice (JV Basketball Lift)	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center		
Dec 19, 2022	Mon	Practice (JV Basketball Practice)	N/A	7:30 PM	9:00 PM	Vestal High School Baseball Field		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 20, 2022	Tue	Practice (JV Basketball Practice)	N/A	5:00 PM	7:00 PM	TBD		
Dec 21, 2022	Wed	Regular Season 32-70 L	@ Union-Endicott	5:30 PM	7:00 PM	UEHS Main Gym		L
Dec 22, 2022	Thu	Practice (JV Basketball Practice)	N/A	3:00 PM	5:00 PM	Vestal High School Baseball Field		
Dec 22, 2022	Thu	Practice (JV Basketball Lift)	N/A	6:00 PM	7:00 PM	Vestal High School Fitness Center		
Dec 23, 2022	Fri	Practice (JV Basketball Practice)	N/A	12:30 PM	2:00 PM	Vestal High School Baseball Field		
Dec 26, 2022	Mon	Regular Season (Josh Palmer Xmas Tournament) 35-68 L	@ Elmira	12:30 PM	2:00 PM	EDA Gym	**Departure Time:** 10:20 AM	NL
Dec 27, 2022	Tue	Regular Season (Josh Palmer Xmas Tournament vs END) 48-26 W	TBD	TBD		Ernie Davis		NL
Dec 28, 2022	Wed	Practice (JV Basketball Lift)	N/A	9:00 AM	10:00 AM	Vestal High School Fitness Center		
Dec 28, 2022	Wed	Practice (JV Basketball Practice)	N/A	10:00 AM	11:30 AM	Vestal High School Baseball Field		
Dec 29, 2022	Thu	Practice (JV Basketball Practice)	N/A	12:30 PM	2:00 PM	Vestal High School Baseball Field		
Dec 30, 2022	Fri	Practice (JV Basketball Practice)	N/A	8:30 AM	10:00 AM	Vestal High School Gym		
Jan 2, 2023	Mon	Practice (JV Basketball Practice)	N/A	1:00 PM	2:30 PM	Vestal High School Baseball Field		
Jan 3, 2023	Tue	Practice (JV Basketball Lift)	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center		
Jan 3, 2023	Tue	Practice (JV Basketball Practice)	N/A	6:00 PM	7:30 PM	Vestal High School Gym		
Jan 4, 2023	Wed	Regular Season 35-67 L	Maine-Endwell	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Jan 5, 2023	Thu	Practice (JV Basketball Practice)	N/A	3:00 PM	5:00 PM	Vestal High School Baseball Field		
Jan 6, 2023	Fri	Practice (JV Basketball Practice)	N/A	6:30 PM	8:00 PM	Vestal High School Baseball Field		
Jan 7, 2023	Sat	Regular Season 40-48 L	Chenango Valley	5:00 PM		Vestal High School Baseball Field		NL
Jan 9, 2023	Mon	Practice (JV Basketball Practice)	N/A	3:00 PM	5:00 PM	Vestal High School Baseball Field		
Jan 10, 2023	Tue	Regular Season 66-64 W	@ Johnson City	5:30 PM	7:00 PM	JC HS Large Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 11, 2023	Wed	Practice (JV Basketball Practice)	N/A	3:00 PM	5:00 PM	Vestal High School Baseball Field		
Jan 12, 2023	Thu	Practice (JV Basketball Practice)	N/A	3:00 PM	4:30 PM	Vestal High School Baseball Field		
Jan 13, 2023	Fri	Regular Season 62-63 L	Binghamton	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Jan 16, 2023	Mon	Practice (JV Basketball Practice)	N/A	8:30 AM	10:30 AM	Vestal High School Baseball Field		
Jan 17, 2023	Tue	Practice (JV Basketball Practice)	N/A	6:30 PM	8:00 PM	Vestal High School Gym		
Jan 18, 2023	Wed	Practice (JV Basketball Practice)	N/A	3:00 PM	5:00 PM	Vestal High School Baseball Field		
Jan 20, 2023	Fri	Regular Season 51-83 L	Union-Endicott	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Jan 23, 2023	Mon	Practice (JV Basketball Practice)	N/A	3:00 PM	4:30 PM	Vestal High School Baseball Field		
Jan 24, 2023	Tue	Regular Season 49-62 L	@ Corning-Painted Post	5:30 PM	7:00 PM	C P P High School		L
Jan 25, 2023	Wed	Practice (JV Basketball Practice)	N/A	7:30 PM	9:00 PM	Vestal High School Baseball Field		
Jan 26, 2023	Thu	Practice (JV Basketball Practice)	N/A	6:30 PM	8:30 PM	Vestal High School Baseball Field		
Jan 27, 2023	Fri	Regular Season 29-49 L	Elmira	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Jan 28, 2023	Sat	Practice (JV Basketball Practice)	N/A	10:30 AM	12:00 PM	Vestal High School Baseball Field		
Jan 30, 2023	Mon	Practice (JV Basketball Practice)	N/A	4:30 PM	6:00 PM	Vestal High School Baseball Field		
Jan 31, 2023	Tue	Regular Season 52-61 L	@ Maine-Endwell	5:00 PM		Maine-Endwell HS Gym		L
Feb 1, 2023	Wed	Practice (JV Basketball Practice)	N/A	5:15 PM	7:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 2, 2023	Thu	Practice (JV Basketball Practice)	N/A	3:00 PM	5:00 PM	Vestal High School Baseball Field		
Feb 3, 2023	Fri	Regular Season 52-59 L	Johnson City	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Feb 6, 2023	Mon	Practice (JV Basketball Practice)	N/A	3:00 PM	5:00 PM	Vestal High School Baseball Field		
Feb 6, 2023	Mon	Practice (JV Basketball Lift)	N/A	5:00 PM	6:00 PM	Vestal High School Fitness Center		
Feb 7, 2023	Tue	Regular Season	@ Binghamton	5:30 PM	7:00 PM	Binghamton High School-Gym		L

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Feb 10, 2023	Fri	Regular Season	Windsor	5:30 PM		Vestal High School Baseball Field		NL
Feb 11, 2023	Sat	Regular Season	TBD	11:00 AM		Vestal High School Baseball Field		NL

Date: 2024-04-26