



Vestal

(B) V Basketball

Coaches:

- Frank D'Esti

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jul 1, 2024	Mon	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 2, 2024	Tue	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 3, 2024	Wed	Practice (Practice)	N/A	5:00 PM	7:30 PM	Vestal High School Gym		
Jul 4, 2024	Thu	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 5, 2024	Fri	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 8, 2024	Mon	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 9, 2024	Tue	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 10, 2024	Wed	Practice (Practice)	N/A	5:00 PM	7:30 PM	Vestal High School Gym		
Jul 11, 2024	Thu	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 12, 2024	Fri	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 15, 2024	Mon	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 16, 2024	Tue	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 17, 2024	Wed	Practice (Practice)	N/A	5:00 PM	7:30 PM	Vestal High School Gym		
Jul 18, 2024	Thu	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 19, 2024	Fri	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 19, 2024	Fri	Practice (Paul Kerns Alumni Classic)	N/A	3:30 PM	8:00 PM	Vestal High School Gym		
Jul 22, 2024	Mon	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 23, 2024	Tue	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 24, 2024	Wed	Practice (Practice)	N/A	5:00 PM	7:30 PM	Vestal High School Gym		
Jul 25, 2024	Thu	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 26, 2024	Fri	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 29, 2024	Mon	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 30, 2024	Tue	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Jul 31, 2024	Wed	Practice (Practice)	N/A	5:00 PM	7:30 PM	Vestal High School Gym		
Aug 1, 2024	Thu	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 2, 2024	Fri	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 5, 2024	Mon	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 6, 2024	Tue	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 7, 2024	Wed	Practice (Practice)	N/A	5:00 PM	7:30 PM	Vestal High School Gym		
Aug 8, 2024	Thu	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 9, 2024	Fri	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 12, 2024	Mon	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 13, 2024	Tue	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 14, 2024	Wed	Practice (Practice)	N/A	5:00 PM	7:30 PM	Vestal High School Gym		
Aug 15, 2024	Thu	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 16, 2024	Fri	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 19, 2024	Mon	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 20, 2024	Tue	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 21, 2024	Wed	Practice (Practice)	N/A	5:00 PM	7:30 PM	Vestal High School Gym		
Aug 22, 2024	Thu	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Aug 23, 2024	Fri	Practice (Skills)	N/A	8:00 AM	9:30 AM	Vestal High School Gym		

Date: 2024-04-28