

Coaches:

• Michelle Anderson, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 17, 2025	Mon	Practice	N/A	6:00 PM	8:30 PM	Vestal High School Gym		
Nov 18, 2025	Tue	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Nov 19, 2025	Wed	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Nov 20, 2025	Thu	Practice	N/A	5:00 PM	8:00 PM	Vestal High School Gym		
Nov 21, 2025	Fri	Practice (Pictures 3-4)	N/A	3:00 PM	6:00 PM	Vestal High School Gym		
Nov 22, 2025	Sat	Practice	N/A	8:00 AM	10:00 AM	Vestal High School Gym		
Nov 25, 2025	Tue	Scrimmage	@ Chenango Valley	6:00 PM	8:00 PM	CV - MS Gym		NL
Dec 1, 2025	Mon	Practice	N/A	6:00 PM	8:00 PM	Vestal High School Gym		
Dec 2, 2025	Tue	Practice (practice and lift)	N/A	3:15 PM	5:45 PM	Vestal High School Gym		
Dec 3, 2025	Wed	Practice	N/A	3:15 PM	5:30 PM	Vestal High School Gym		
Dec 5, 2025	Fri	Practice	N/A	3:15 PM	5:30 PM	Vestal High School Gym		
Dec 6, 2025	Sat	Regular Season (Drago Tournament Championship)	@ Oneonta	11:30 AM		Oneonta High School		NL
Dec 10, 2025	Wed	Regular Season	@ Binghamton	5:30 PM	7:00 PM	Binghamton High School- Gym		L
Dec 17, 2025	Wed	Regular Season	Ithaca	5:30 PM	7:00 PM	Vestal High School Gym		L
Dec 19, 2025	Fri	Regular Season	@ Horseheads	5:30 PM		HHS MS Gym		L
Dec 22, 2025	Mon	Regular Season	@ Chenango Forks	12:00 PM		High School - Gym		NL
Dec 30, 2025	Tue	Regular Season	Chenango Valley	12:00 PM		Vestal High School Gym		L
Jan 7, 2026	Wed	Regular Season	@ Corning- Painted Post	5:30 PM	7:00 PM	C P P High School		L
Jan 10, 2026	Sat	Regular Season	@ Union- Endicott	12:00 PM	1:00 PM	UEHS Main Gym		L
Jan 13, 2026	Tue	Regular Season	Maine- Endwell	5:30 PM	7:00 PM	Vestal High School Gym		L
Jan 16, 2026	Fri	Regular Season	@ Johnson City	5:30 PM	7:00 PM	JC HS Large Gym		L
Jan 23, 2026	Fri	Regular Season	Binghamton	5:30 PM	7:00 PM	Vestal High School Gym		L
Jan 30, 2026	Fri	Regular Season	Union- Endicott	5:30 PM	7:00 PM	Vestal High School Gym		L
Feb 3, 2026	Tue	Regular Season	Elmira	5:30 PM	7:00 PM	Vestal High School Gym		L
Feb 6, 2026	Fri	Regular Season	@ Maine- Endwell	5:30 PM	7:00 PM	Maine-Endwell HS Gym		L

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Feb 10, 2026	Tue	Regular Season	Johnson City	5:30 PM	7:00 PM	Vestal High School Gym	L

Date: 2025-12-07