



Vestal

(G) JV Basketball

Coaches:

- Noah Economides, Head Coach
- Michelle Anderson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 14, 2022	Mon	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Nov 15, 2022	Tue	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Nov 16, 2022	Wed	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Nov 17, 2022	Thu	Practice	N/A	5:00 PM	8:00 PM	Vestal High School Gym		
Nov 18, 2022	Fri	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Nov 19, 2022	Sat	Practice	N/A	10:30 AM	12:30 PM	Vestal High School Baseball Field		
Nov 21, 2022	Mon	Practice	N/A	3:00 PM	4:30 PM	Vestal High School Baseball Field		
Nov 22, 2022	Tue	Scrimmage	Chenango Valley	6:00 PM		TBD		NL
Nov 23, 2022	Wed	Practice	N/A	9:30 AM	12:00 PM	Vestal High School Gym		
Nov 26, 2022	Sat	Practice	N/A	10:30 AM	12:00 PM	Clayton Ave. Elementary Gymnasium		
Nov 28, 2022	Mon	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Nov 29, 2022	Tue	Scrimmage	@ Newark Valley	5:00 PM		Newark Valley Middle School		L
Nov 30, 2022	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal High School Gym		
Dec 1, 2022	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal High School Gym		
Dec 2, 2022	Fri	Practice	N/A	6:00 PM	8:00 PM	Vestal High School Gym		
Dec 5, 2022	Mon	Practice	N/A	5:00 PM	8:00 PM	Vestal High School Gym		
Dec 6, 2022	Tue	Practice	N/A	3:10 PM	5:00 PM	Vestal High School Gym		
Dec 7, 2022	Wed	Practice	N/A	6:00 PM	7:30 PM	Vestal High School Gym		
Dec 8, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Dec 9, 2022	Fri	Regular Season 12-32 L	@ Ithaca	5:30 PM	7:00 PM	IHS Bliss Gym (C149)		L
Dec 12, 2022	Mon	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Dec 13, 2022	Tue	Regular Season 22-27 L	Horseheads	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Dec 14, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
CANCELLED Dec 15, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Dec 17, 2022	Sat	Practice	N/A	11:00 AM	12:30 PM	Vestal High School Gym		

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Dec 19, 2022	Mon	Practice	N/A	3:10 PM	5:00 PM	Vestal High School Gym		
Dec 20, 2022	Tue	Regular Season 20-41 L	Union-Endicott	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Dec 21, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Dec 22, 2022	Thu	Practice	N/A	5:00 PM	6:30 PM	Vestal High School Baseball Field		
Dec 23, 2022	Fri	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Baseball Field		
Dec 26, 2022	Mon	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Gym		
Dec 27, 2022	Tue	Practice	N/A	9:00 AM	10:30 AM	Vestal High School Baseball Field		
Dec 28, 2022	Wed	Regular Season 32-37 L	Chenango Forks	1:00 PM		Vestal High School Baseball Field		NL
Dec 29, 2022	Thu	Practice	N/A	9:15 AM	10:45 AM	Clayton Ave. Elementary Gymnasium		
Dec 30, 2022	Fri	Practice	N/A	11:00 AM	12:30 PM	Vestal High School Gym		
Jan 2, 2023	Mon	Practice	N/A	10:00 AM	11:00 AM	Vestal High School Baseball Field		
Jan 3, 2023	Tue	Regular Season 26-37 L	@ Chenango Valley	5:30 PM	7:00 PM	CV - HS Gym		NL
Jan 4, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Jan 5, 2023	Thu	Regular Season 39-44 L	@ Maine-Endwell	5:30 PM		Maine-Endwell HS Gym		L
Jan 6, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Jan 7, 2023	Sat	Practice	N/A	9:30 AM	11:00 AM	Vestal High School Gym		
Jan 9, 2023	Mon	Regular Season 31-36 L	Corning-Painted Post	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Jan 10, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Jan 11, 2023	Wed	Regular Season 37-49 L	Johnson City	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Jan 12, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	Vestal High School Gym		
Jan 13, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Jan 14, 2023	Sat	Regular Season 24-36 L	@ Binghamton	12:00 PM	1:30 PM	Binghamton High School-Gym		L
Jan 17, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Jan 18, 2023	Wed	Regular Season 41-29 W	@ Oneonta	6:00 PM		Oneonta High School		NL
Jan 19, 2023	Thu	Practice	N/A	5:00 PM	7:30 PM	Vestal High School Gym		
Jan 20, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 21, 2023	Sat	Regular Season 29-43 L	@ Union-Endicott	12:00 PM	1:30 PM	UEHS Main Gym		L
Jan 24, 2023	Tue	Practice	N/A	5:00 PM	6:30 PM	Vestal High School Gym		
CANCELLED Jan 25, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Jan 26, 2023	Thu	Practice	N/A	6:30 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Jan 27, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Jan 28, 2023	Sat	Regular Season 49-53 L	@ Elmira	12:00 PM	1:30 PM	EHS Gym		L
Jan 30, 2023	Mon	Practice	N/A	3:15 PM	4:45 PM	Clayton Ave. Elementary Gymnasium		
Jan 31, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Feb 1, 2023	Wed	Regular Season 36-33 W	Maine-Endwell	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Feb 2, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 3, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Feb 4, 2023	Sat	Regular Season 42-53 L	@ Johnson City	12:00 PM	1:30 PM	JC HS Large Gym		L
Feb 6, 2023	Mon	Regular Season 28-30 L	@ Owego Apalachin	5:30 PM	7:00 PM	OFA Gymnasium		NL
Feb 7, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Feb 8, 2023	Wed	Regular Season 22-36 L	Binghamton	5:30 PM	7:00 PM	Vestal High School Baseball Field		L
Feb 9, 2023	Thu	Practice	N/A	3:15 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 10, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	Vestal High School Gym		
Feb 11, 2023	Sat	Regular Season	@ Horseheads	12:00 PM	4:00 PM	HHS MS Gym		NL
Feb 13, 2023	Mon	Regular Season	Norwich	5:30 PM		Vestal High School Baseball Field		NL

Date: 2025-12-16