

Coaches:

• Michelle Anderson, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 12, 2019	Tue	Practice (Tryouts V/JV)	N/A	3:30 PM	5:30 PM	Vestal High School Gym		
Nov 13, 2019	Wed	Practice (Tryouts V/JV)	N/A	6:00 PM	8:00 PM	Vestal High School Gym		
Nov 14, 2019	Thu	Practice (Tryouts V/JV)	N/A	3:30 PM	5:30 PM	Vestal High School Baseball Field		
Nov 15, 2019	Fri	Practice (V/JV)	N/A	6:00 PM	8:00 PM	Vestal High School Gym		
Nov 16, 2019	Sat	Practice (V/JV)	N/A	12:00 PM	2:00 PM	Vestal High School Gym		
Nov 18, 2019	Mon	Practice (V/JV)	N/A	6:00 PM	8:00 PM	Vestal High School Gym		
Nov 19, 2019	Tue	Scrimmage (Scrimmage Closed to Spectators)	@ Chenango Valley	5:15 PM	7:00 PM	CV - HS Gym	Departure Point: Pool Parking Lot Departure Time: 4:15 PM	NL
Nov 20, 2019	Wed	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Nov 21, 2019	Thu	Scrimmage	Chenango Forks	5:30 PM		Vestal High School Baseball Field		NL
Nov 22, 2019	Fri	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Nov 23, 2019	Sat	Practice	N/A	10:00 AM	11:30 AM	Vestal High School Gym		
Nov 25, 2019	Mon	Practice	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Nov 26, 2019	Tue	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Nov 27, 2019	Wed	Scrimmage	@ Windsor	9:00 AM	11:00 AM	Windsor Middle School	Departure Point: Pool Parking Lot Departure Time: 8:00 AM	NL
Nov 29, 2019	Fri	Practice	N/A	2:00 PM	3:30 PM	TBD		
Nov 30, 2019	Sat	Practice	N/A	10:00 AM	11:30 AM	TBD		
Dec 3, 2019	Tue	Practice (Team Pictures)	N/A	3:45 PM		Vestal High School Gym		
Dec 3, 2019	Tue	Practice	N/A	4:00 PM	5:30 PM	Vestal High School Gym		
Dec 4, 2019	Wed	Regular Season 15-39 L	@ Oneonta	6:00 PM	7:30 PM	Oneonta High School		NL
Dec 5, 2019	Thu	Practice	N/A	6:00 PM	7:30 PM	Vestal High School Gym		
Dec 6, 2019	Fri	Practice	N/A	6:00 PM	7:30 PM	Vestal High School Gym		
Dec 7, 2019	Sat	Scrimmage	Norwich	4:00 PM	5:30 PM	TBD		NL
Dec 9, 2019	Mon	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Dec 10, 2019	Tue	Regular Season 38-37 W	@ Elmira	5:30 PM	6:30 PM	EHS Gym		L

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Dec 11, 2019	Wed	Practice	N/A	6:00 PM	7:30 PM	Vestal High School Gym		
Dec 12, 2019	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD		
Dec 13, 2019	Fri	Regular Season 41-32 W	Corning- Painted Post	5:30 PM	6:30 PM	Vestal High School Baseball Field		L
Dec 16, 2019	Mon	Practice	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Dec 18, 2019	Wed	Practice	N/A	3:30 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Dec 19, 2019	Thu	Practice	N/A	5:30 PM	7:00 PM	Vestal High School Gym		
Dec 20, 2019	Fri	Regular Season 61-55 W	Maine- Endwell	5:30 PM	6:30 PM	Vestal High School Baseball Field		L
POSTPONED Dec 23, 2019	Mon	Practice	N/A	8:00 AM	9:30 AM	Vestal High School Gym		
Dec 23, 2019	Mon	Regular Season 38-41 L	Horseheads	5:30 PM	6:30 PM	Vestal High School Baseball Field		L
POSTPONED Dec 24, 2019	Tue	Practice	N/A	10:00 AM	11:30 AM	Vestal High School Gym		
Dec 26, 2019	Thu	Regular Season 49-25 W	@ Delaware Academy	10:00 AM	11:30 AM	JC HS Large Gym		NL
Dec 27, 2019	Fri	Regular Season (JV Girls Championship) 46-41 W	@ Maine- Endwell	11:45 AM	1:10 PM	Maine-Endwell HS Gym		NL
Dec 30, 2019	Mon	Practice	N/A	10:00 AM	11:30 AM	Vestal High School Gym		
Dec 31, 2019	Tue	Practice	N/A	10:00 AM	AM	Vestal High School Gym		
Jan 2, 2020	Thu	Practice	N/A	7:00 PM	8:30 PM	Vestal High School Gym		
Jan 3, 2020	Fri	Regular Season 42-25 W	@ Susquehanna Valley	5:30 PM	6:45 PM	SVHS Gym		NL
Jan 6, 2020	Mon	Practice	N/A	3:00 PM	4:45 PM	Vestal High School Gym		
Jan 7, 2020	Tue	Regular Season 36-32 W	@ Owego Apalachin	5:30 PM	6:30 PM	OFA Gymnasium		L
Jan 8, 2020	Wed	Practice	N/A	7:00 PM	8:30 PM	Vestal High School Gym		
Jan 9, 2020	Thu	Practice	N/A	4:00 PM	5:30 PM	Vestal High School Gym		
Jan 10, 2020	Fri	Regular Season 43-37 W	Johnson City	5:30 PM	6:30 PM	Vestal High School Baseball Field		L
Jan 13, 2020	Mon	Regular Season 31-48 L	@ Union- Endicott	5:30 PM	6:30 PM	UEHS Main Gym		L
Jan 14, 2020	Tue	Practice	N/A	3:00 PM	4:45 PM	Vestal High School Gym		
Jan 15, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Jan 16, 2020	Thu	Regular Season 49-38 W	@ Binghamton	5:30 PM	6:30 PM	Binghamton High School-Gym		L
Jan 17, 2020	Fri	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		

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Jan 20, 2020	Mon	Practice	N/A	9:00 AM	10:30 AM	Vestal High School Gym		
Jan 21, 2020	Tue	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Jan 22, 2020	Wed	Regular Season 34-43 L	Newark Valley	5:30 PM		Vestal High School Baseball Field		NL
Jan 23, 2020	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Jan 24, 2020	Fri	Regular Season 37-31 W	Ithaca	5:30 PM	6:30 PM	Vestal High School Baseball Field		L
Jan 27, 2020	Mon	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Jan 28, 2020	Tue	Practice	N/A	7:00 PM	8:30 PM	Vestal High School Gym		
Jan 29, 2020	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Jan 30, 2020	Thu	Regular Season 44-38 W	@ Maine- Endwell	5:00 PM	6:30 PM	Maine-Endwell HS Gym		L
Feb 3, 2020	Mon	Regular Season 36-19 W	Owego Apalachin	5:30 PM	6:30 PM	Vestal High School Baseball Field		L
Feb 4, 2020	Tue	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Feb 5, 2020	Wed	Practice	N/A	6:00 PM	7:30 PM	TBD		
Feb 6, 2020	Thu	Regular Season 55-48 W	@ Johnson City	6:00 PM	7:45 PM	JC HS Large Gym		L
Feb 10, 2020	Mon	Regular Season 41-67 L	Union- Endicott	5:30 PM	6:30 PM	Vestal High School Baseball Field		L
Feb 12, 2020	Wed	Regular Season	Oneonta	5:30 PM	7:00 PM	Vestal High School Baseball Field		NL
Feb 21, 2020	Fri	Practice (Epiphany Team)	N/A	4:30 PM	5:30 PM	Vestal High School Gym		
Feb 26, 2020	Wed	Practice (Epiphany Team)	N/A	4:30 PM	5:30 PM	Vestal High School Gym		

Date: 2025-12-09