



# Vestal

## (G) V Basketball

### Coaches:

- Nick Anderson

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jul 5, 2023	Wed	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Jul 10, 2023	Mon	Practice (Open Gym)	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Jul 26, 2023	Wed	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Aug 1, 2023	Tue	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Aug 9, 2023	Wed	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Aug 14, 2023	Mon	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Oct 3, 2023	Tue	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Oct 5, 2023	Thu	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Oct 10, 2023	Tue	Practice (Open Gym)	N/A	6:00 PM	7:30 PM	Vestal High School Gym		
Oct 12, 2023	Thu	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Oct 18, 2023	Wed	Practice (Open Gym)	N/A	6:30 PM	7:30 PM	Clayton Ave. Elementary Gymnasium		
Oct 24, 2023	Tue	Practice (Open Gym)	N/A	6:30 PM	7:30 PM	Vestal High School Gym		
Oct 26, 2023	Thu	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Vestal High School Gym		
Nov 2, 2023	Thu	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Vestal High School Gym		
Nov 7, 2023	Tue	Practice (Open Gym)	N/A	6:30 PM	7:30 PM	Vestal High School Gym		
Nov 9, 2023	Thu	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Vestal High School Gym		
Nov 13, 2023	Mon	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Nov 14, 2023	Tue	Practice	N/A	6:00 PM	8:30 PM	Vestal High School Gym		
Nov 15, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Nov 16, 2023	Thu	Practice	N/A	5:00 PM	8:00 PM	Vestal High School Gym		
Nov 17, 2023	Fri	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Nov 18, 2023	Sat	Practice	N/A	8:30 AM	10:00 AM	Vestal High School Gym		
Nov 20, 2023	Mon	Practice	N/A	6:00 PM	8:30 PM	Vestal High School Gym		
Nov 21, 2023	Tue	Scrimmage	Owego Apalachin	6:00 PM		Vestal High School Gym		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Nov 22, 2023	Wed	Practice	N/A	10:00 AM	11:30 AM	Clayton Ave. Elementary Gymnasium	
Nov 25, 2023	Sat	Practice	N/A	10:15 AM	12:00 PM	Clayton Ave. Elementary Gymnasium	
Nov 28, 2023	Tue	Practice	N/A	3:30 PM	6:30 PM	Vestal High School Gym	
Nov 29, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Vestal High School Gym	
Nov 30, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	Vestal High School Gym	
Dec 4, 2023	Mon	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym	
Dec 5, 2023	Tue	Practice	N/A	5:00 PM	8:00 PM	Vestal High School Gym	
Dec 6, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Vestal High School Gym	
Dec 7, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	Vestal High School Gym	
Dec 8, 2023	Fri	Practice	N/A	5:00 PM	7:00 PM	Vestal High School Gym	
Dec 11, 2023	Mon	Practice	N/A	5:00 PM	7:30 PM	Vestal High School Gym	
Dec 12, 2023	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym	
Dec 13, 2023	Wed	Regular Season 45-39 W	Ithaca	7:15 PM	9:30 PM	Vestal High School Gym	L
Dec 14, 2023	Thu	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym	
Dec 15, 2023	Fri	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym	
Dec 16, 2023	Sat	Practice	N/A	10:00 AM	11:00 AM	Clayton Ave. Elementary Gymnasium	
Dec 18, 2023	Mon	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym	
Dec 19, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym	
Dec 22, 2023	Fri	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Gym	
POSTPONED Dec 26, 2023	Tue	Practice	N/A	TBD		Vestal High School Gym	
Dec 27, 2023	Wed	Practice	N/A	1:00 PM	3:00 PM	Vestal High School Gym	
Dec 28, 2023	Thu	Regular Season 43-47 L	Chenango Valley	2:45 PM		Vestal High School Gym	NL
Dec 29, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	Vestal High School Gym	
Dec 30, 2023	Sat	Practice	N/A	10:00 AM	11:00 AM	Vestal High School Gym	
Jan 2, 2024	Tue	Practice	N/A	6:00 PM	8:30 PM	Vestal High School Gym	
Jan 3, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym	
Jan 4, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	Vestal High School Gym	
Jan 5, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 9, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Jan 10, 2024	Wed	Regular Season 62-32 W	Maine-Endwell	7:15 PM	9:30 PM	Vestal High School Gym		L
Jan 11, 2024	Thu	Practice	N/A	5:00 PM	7:30 PM	Vestal High School Gym		
Jan 12, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Jan 15, 2024	Mon	Practice	N/A	1:00 PM	2:30 PM	TBD		
Jan 17, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Vestal High School Gym		
Jan 18, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Jan 19, 2024	Fri	Practice	N/A	6:00 PM	7:30 PM	Vestal High School Gym		
Jan 20, 2024	Sat	Regular Season 56-61 L	Binghamton	5:00 PM		Vestal High School Gym		L
Jan 22, 2024	Mon	Practice	N/A	7:30 PM	8:30 PM	Vestal High School Gym		
Jan 23, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Jan 24, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Jan 25, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Jan 26, 2024	Fri	Regular Season 62-51 W	Union-Endicott	7:15 PM	9:30 PM	Vestal High School Gym		L
Jan 29, 2024	Mon	Practice	N/A	6:00 PM	7:30 PM	Vestal High School Gym		
Jan 30, 2024	Tue	Regular Season 74-65 W	Elmira	7:15 PM	9:30 PM	Vestal High School Gym		L
Jan 31, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 1, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Feb 5, 2024	Mon	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Feb 6, 2024	Tue	Regular Season 63-55 W	Johnson City	7:15 PM	9:30 PM	Vestal High School Gym		L
Feb 7, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 9, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 10, 2024	Sat	Regular Season 65-35 W	Seton Catholic Central	12:45 PM		Vestal High School Gym		NL
Feb 12, 2024	Mon	Practice	N/A	4:00 PM	5:00 PM	Vestal High School Gym		
Feb 13, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Vestal High School Gym		
Feb 14, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 15, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 16, 2024	Fri	Practice	N/A	10:00 AM	11:30 AM	Vestal High School Gym		

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Feb 20, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 21, 2024	Wed	Scrimmage	Susquehanna Valley	4:00 PM		Vestal High School Gym		L
Feb 22, 2024	Thu	Practice	N/A	4:45 PM	6:30 PM	Vestal High School Gym		
Feb 23, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 26, 2024	Mon	Practice	N/A	5:00 PM	6:30 PM	Vestal High School Gym		
Feb 27, 2024	Tue	Practice	N/A	4:00 PM	5:00 PM	Vestal High School Gym		
Apr 29, 2024	Mon	Practice (Skills/Open Gym)	N/A	6:00 PM	7:30 PM	Clayton Ave. Elementary Gymnasium		
May 6, 2024	Mon	Practice (Skills/Open Gym)	N/A	6:00 PM	7:30 PM	Clayton Ave. Elementary Gymnasium		
May 13, 2024	Mon	Practice (Skills/Open Gym)	N/A	6:00 PM	7:30 PM	Clayton Ave. Elementary Gymnasium		
May 20, 2024	Mon	Practice (Skills/Open Gym)	N/A	6:00 PM	7:30 PM	Clayton Ave. Elementary Gymnasium		

Date: 2024-05-04