



Vestal

(G) V Basketball

Coaches:

- Nick Anderson

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jul 5, 2023	Wed	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Jul 10, 2023	Mon	Practice (Open Gym)	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Jul 26, 2023	Wed	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Aug 1, 2023	Tue	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Aug 9, 2023	Wed	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Aug 14, 2023	Mon	Practice (Open Gym)	N/A	3:00 PM	4:30 PM	Vestal High School Gym		
Oct 3, 2023	Tue	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Oct 5, 2023	Thu	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Oct 10, 2023	Tue	Practice (Open Gym)	N/A	6:00 PM	7:30 PM	Vestal High School Gym		
Oct 12, 2023	Thu	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
Oct 18, 2023	Wed	Practice (Open Gym)	N/A	6:30 PM	7:30 PM	Clayton Ave. Elementary Gymnasium		
Oct 24, 2023	Tue	Practice (Open Gym)	N/A	6:30 PM	7:30 PM	Vestal High School Gym		
Oct 26, 2023	Thu	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Vestal High School Gym		
Nov 2, 2023	Thu	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Vestal High School Gym		
Nov 7, 2023	Tue	Practice (Open Gym)	N/A	6:30 PM	7:30 PM	Vestal High School Gym		
Nov 9, 2023	Thu	Practice (Open Gym)	N/A	6:30 PM	8:00 PM	Vestal High School Gym		
Nov 13, 2023	Mon	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Nov 14, 2023	Tue	Practice	N/A	6:00 PM	8:30 PM	Vestal High School Gym		
Nov 15, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Nov 16, 2023	Thu	Practice	N/A	5:00 PM	8:00 PM	Vestal High School Gym		
Nov 17, 2023	Fri	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Nov 18, 2023	Sat	Practice	N/A	8:30 AM	10:00 AM	Vestal High School Gym		
Nov 20, 2023	Mon	Practice	N/A	6:00 PM	8:30 PM	Vestal High School Gym		
Nov 21, 2023	Tue	Scrimmage	Owego Apalachin	6:00 PM		Vestal High School Gym		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 22, 2023	Wed	Practice	N/A	10:00 AM	11:30 AM	Clayton Ave. Elementary Gymnasium		
Nov 25, 2023	Sat	Practice	N/A	10:15 AM	12:00 PM	Clayton Ave. Elementary Gymnasium		
Nov 27, 2023	Mon	Scrimmage	Harpurville @ Chenango Valley	5:30 PM	7:00 PM	CV - HS Gym	Departure Time: 4:40 PM	NL
Nov 28, 2023	Tue	Practice	N/A	3:30 PM	6:30 PM	Vestal High School Gym		
Nov 29, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	Vestal High School Gym		
Nov 30, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	Vestal High School Gym		
Dec 1, 2023	Fri	Regular Season (Drago Tournament @ ONEONTA vs Newark Valley) 43-35 W	@ Newark Valley	TBD		Oneonta High School		NL
Dec 2, 2023	Sat	Regular Season (Game 2 of Drago Tournament TIME TBD following Game 1) 64-31 W	@ Oneonta	3:30 PM		Oneonta High School		NL
Dec 4, 2023	Mon	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Dec 5, 2023	Tue	Practice	N/A	5:00 PM	8:00 PM	Vestal High School Gym		
Dec 6, 2023	Wed	Practice	N/A	3:30 PM	5:30 PM	Vestal High School Gym		
Dec 7, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	Vestal High School Gym		
Dec 8, 2023	Fri	Practice	N/A	5:00 PM	7:00 PM	Vestal High School Gym		
Dec 9, 2023	Sat	Regular Season 42-38 W	@ Susquehanna Valley	4:45 PM	6:30 PM	SVHS Gym	Departure Time: 1:50 PM	NL
Dec 11, 2023	Mon	Practice	N/A	5:00 PM	7:30 PM	Vestal High School Gym		
Dec 12, 2023	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Dec 13, 2023	Wed	Regular Season 45-39 W	Ithaca	7:15 PM	9:30 PM	Vestal High School Gym		L
Dec 14, 2023	Thu	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Dec 15, 2023	Fri	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Dec 16, 2023	Sat	Practice	N/A	10:00 AM	11:00 AM	Clayton Ave. Elementary Gymnasium		
Dec 18, 2023	Mon	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym		
Dec 19, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Dec 20, 2023	Wed	Regular Season 38-41 L	@ Corning-Painted Post	7:15 PM	9:30 PM	C P P High School		L
Dec 21, 2023	Thu	Regular Season 46-64 L	@ Horseheads	7:30 PM	9:30 PM	HHS MS Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Dec 22, 2023	Fri	Practice	N/A	10:00 AM	12:00 PM	Vestal High School Gym	
POSTPONED Dec 26, 2023	Tue	Practice	N/A	TBD		Vestal High School Gym	
Dec 27, 2023	Wed	Practice	N/A	1:00 PM	3:00 PM	Vestal High School Gym	
Dec 28, 2023	Thu	Regular Season 43-47 L	Chenango Valley	2:45 PM		Vestal High School Gym	NL
Dec 29, 2023	Fri	Practice	N/A	9:00 AM	11:00 AM	Vestal High School Gym	
Dec 30, 2023	Sat	Practice	N/A	10:00 AM	11:00 AM	Vestal High School Gym	
Jan 2, 2024	Tue	Practice	N/A	6:00 PM	8:30 PM	Vestal High School Gym	
Jan 3, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Vestal High School Gym	
Jan 4, 2024	Thu	Practice	N/A	6:00 PM	7:30 PM	Vestal High School Gym	
Jan 5, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym	
Jan 6, 2024	Sat	Regular Season 60-63 L	@ Chenango Forks	12:45 PM		High School - Gym	NL
Jan 8, 2024	Mon	Regular Season 40-55 L	@ Union-Endicott	7:15 PM	9:30 PM	UEHS Main Gym	L
Jan 9, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym	
Jan 10, 2024	Wed	Regular Season 62-32 W	Maine-Endwell	7:15 PM	9:30 PM	Vestal High School Gym	L
Jan 11, 2024	Thu	Practice	N/A	5:00 PM	7:30 PM	Vestal High School Gym	
Jan 12, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym	
Jan 13, 2024	Sat	Regular Season 39-55 L	@ Johnson City	1:45 PM	3:30 PM	JC HS Large Gym	L
Jan 15, 2024	Mon	Practice	N/A	1:00 PM	2:30 PM	TBD	
Jan 17, 2024	Wed	Practice	N/A	3:30 PM	5:30 PM	Vestal High School Gym	
Jan 18, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym	
Jan 19, 2024	Fri	Practice	N/A	6:00 PM	7:30 PM	Vestal High School Gym	
Jan 20, 2024	Sat	Regular Season 56-61 L	Binghamton	5:00 PM		Vestal High School Gym	L
Jan 22, 2024	Mon	Practice	N/A	7:30 PM	8:30 PM	Vestal High School Gym	
Jan 23, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym	
Jan 24, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym	
Jan 25, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym	
Jan 26, 2024	Fri	Regular Season 62-51 W	Union-Endicott	7:15 PM	9:30 PM	Vestal High School Gym	L
Jan 29, 2024	Mon	Practice	N/A	6:00 PM	7:30 PM	Vestal High School Gym	
Jan 30, 2024	Tue	Regular Season 74-65 W	Elmira	7:15 PM	9:30 PM	Vestal High School Gym	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Jan 31, 2024	Wed	Practice	N/A	3:30 PM	6:00 PM	Clayton Ave. Elementary Gymnasium		
Feb 1, 2024	Thu	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Feb 2, 2024	Fri	Regular Season 53-27 W	@ Maine-Endwell	6:45 PM		Maine-Endwell HS Gym		L
Feb 5, 2024	Mon	Practice	N/A	4:30 PM	6:00 PM	Vestal High School Gym		
Feb 6, 2024	Tue	Regular Season 63-55 W	Johnson City	7:15 PM	9:30 PM	Vestal High School Gym		L
Feb 7, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 8, 2024	Thu	Regular Season 54-45 W	@ Binghamton	7:15 PM	9:30 PM	Binghamton High School-Gym		L
Feb 9, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 10, 2024	Sat	Regular Season 65-35 W	Seton Catholic Central	12:45 PM		Vestal High School Gym		NL
Feb 12, 2024	Mon	Practice	N/A	4:00 PM	5:00 PM	Vestal High School Gym		
Feb 13, 2024	Tue	Practice	N/A	3:30 PM	5:30 PM	Vestal High School Gym		
Feb 14, 2024	Wed	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 15, 2024	Thu	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 16, 2024	Fri	Practice	N/A	10:00 AM	11:30 AM	Vestal High School Gym		
Feb 20, 2024	Tue	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 21, 2024	Wed	Scrimmage	Susquehanna Valley	4:00 PM		Vestal High School Gym		L
Feb 22, 2024	Thu	Practice	N/A	4:45 PM	6:30 PM	Vestal High School Gym		
Feb 23, 2024	Fri	Practice	N/A	3:30 PM	5:00 PM	Vestal High School Gym		
Feb 26, 2024	Mon	Practice	N/A	5:00 PM	6:30 PM	Vestal High School Gym		
Feb 27, 2024	Tue	Practice	N/A	4:00 PM	5:00 PM	Vestal High School Gym		
Feb 27, 2024	Tue	Post-Season (Section IV Class AA Semi-final) 45-66 L	@ Union-Endicott	6:00 PM	8:00 PM	UEHS Main Gym		NL
Apr 29, 2024	Mon	Practice (Skills/Open Gym)	N/A	6:00 PM	7:30 PM	Clayton Ave. Elementary Gymnasium		
May 6, 2024	Mon	Practice (Skills/Open Gym)	N/A	6:00 PM	7:30 PM	Clayton Ave. Elementary Gymnasium		
May 13, 2024	Mon	Practice (Skills/Open Gym)	N/A	6:00 PM	7:30 PM	Clayton Ave. Elementary Gymnasium		
May 20, 2024	Mon	Practice (Skills/Open Gym)	N/A	6:00 PM	7:30 PM	Clayton Ave. Elementary Gymnasium		

Date: 2024-04-24