



Vestal

(B) JV Baseball

Coaches:

- Jake Spalik

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 6, 2024	Wed	Practice (Practice -)	N/A	3:45 PM	5:00 PM	Vestal High School Pool Gym		
Mar 11, 2024	Mon	Practice (Practice - Tryouts)	N/A	6:00 PM	9:00 PM	Vestal High School Gym, Vestal High School Pool Gym		
Mar 12, 2024	Tue	Practice (Practice - Tryouts)	N/A	6:00 PM	9:00 PM	Vestal High School Gym, Vestal High School Pool Gym		
Mar 13, 2024	Wed	Practice (Practice - Tryouts)	N/A	5:45 PM	8:15 PM	Vestal High School Pool Gym, Vestal High School Baseball Field		
Mar 14, 2024	Thu	Practice (Practice)	N/A	3:00 PM	5:30 PM	Vestal HS Baseball Field		
Mar 15, 2024	Fri	Practice (Practice)	N/A	10:30 AM	1:00 PM	TBD		
Mar 18, 2024	Mon	Practice (Practice - with Varsity)	N/A	3:00 PM	6:00 PM	Vestal High School Gym, Vestal High School Pool Gym		
Mar 19, 2024	Tue	Practice (Practice - with Varsity)	N/A	3:00 PM	6:00 PM	Vestal High School Gym, Vestal High School Pool Gym		
Mar 20, 2024	Wed	Practice (Practice - with Varsity)	N/A	3:00 PM	6:00 PM	Vestal High School Gym, Vestal High School Pool Gym		
Mar 21, 2024	Thu	Practice (Practice - Times between 3:00 PM and 6:00 PM may vary slightly due to facility usage and weather)	N/A	3:00 PM	6:00 PM	Vestal High School Gym, Vestal High School Pool Gym		
Mar 22, 2024	Fri	Practice (Practice - Times between 3:00 PM and 6:00 PM may vary slightly due to facility usage and weather)	N/A	3:00 PM	6:00 PM	Vestal High School Gym, Vestal High School Pool Gym		
Mar 23, 2024	Sat	Practice (Practice)	N/A	10:30 AM	12:30 PM	Vestal High School Pool Gym, Vestal High School Gym		
Mar 25, 2024	Mon	Practice (Practice - Times between 3:00 PM and 6:00 PM may vary slightly due to facility usage and weather)	N/A	3:00 PM	5:15 PM	Vestal HS Baseball Field		
Mar 27, 2024	Wed	Practice (Practice - Times between 3:00 PM and 6:00 PM may vary slightly due to facility usage and weather)	N/A	3:00 PM	5:15 PM	Vestal HS Baseball Field		
Mar 28, 2024	Thu	Regular Season 7-5 W	@ Horseheads	5:00 PM	8:00 PM	HHS High School Baseball Field		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
POSTPONED Mar 29, 2024	Fri	Practice (Practice - Times between 3:00 PM and 6:00 PM may vary slightly due to facility usage and weather)	N/A	2:56 PM	5:11 PM	Vestal HS Baseball Field		
Mar 30, 2024	Sat	Practice	N/A	12:00 PM	2:15 PM	Vestal High School Baseball Field		
Apr 1, 2024	Mon	Regular Season 6-2 W	Ithaca	11:00 AM	1:00 PM	Vestal High School Baseball Field		L
Apr 2, 2024	Tue	Practice (Practice)	N/A	1:00 PM	3:30 PM	Vestal High School Pool Gym, Vestal High School Gym		
Apr 3, 2024	Wed	Practice (Practice)	N/A	1:00 PM	3:30 PM	Vestal High School Pool Gym, Vestal High School Gym		
Apr 4, 2024	Thu	Practice (Practice)	N/A	1:00 PM	3:30 PM	Vestal High School Pool Gym, Vestal High School Gym		
Apr 5, 2024	Fri	Practice (Practice - Voluntary Practice)	N/A	8:15 AM	10:00 AM	Vestal High School Pool Gym, Vestal High School Gym		
Apr 7, 2024	Sun	Practice	N/A	2:30 PM	4:00 PM	Vestal HS Baseball Field		
Apr 8, 2024	Mon	Regular Season 6-3 W	@ Binghamton	5:30 PM	8:00 PM	Conlon Field		L
Apr 9, 2024	Tue	Practice (Practice)	N/A	3:10 PM	4:45 PM	Vestal High School Baseball Field		
Apr 10, 2024	Wed	Regular Season 16-1 W	@ Binghamton	5:00 PM		Conlon Field		L
Apr 11, 2024	Thu	Practice (Practice)	N/A	3:10 PM	4:45 PM	Vestal High School Baseball Field		
POSTPONED Apr 12, 2024	Fri	Regular Season 1-0 W	Binghamton	4:30 PM	7:00 PM	Vestal High School Baseball Field		L
Apr 15, 2024	Mon	Regular Season 11-3 W	@ Johnson City	5:00 PM	8:00 PM	Pophular Field		L
Apr 16, 2024	Tue	Regular Season 11-0 W	@ Johnson City	5:00 PM	8:00 PM	Pophular Field		L
Apr 17, 2024	Wed	Practice (Practice)	N/A	3:00 PM	4:30 PM	Vestal High School Gym, Vestal High School Pool Gym		
Apr 17, 2024	Wed	Regular Season 1-0 W	Johnson City	5:00 PM	8:00 PM	Vestal High School Baseball Field		L
Apr 18, 2024	Thu	Practice (Practice)	N/A	3:00 PM	4:30 PM	Vestal High School Gym, Vestal High School Pool Gym		
Apr 20, 2024	Sat	Regular Season 12-5 W	@ Corning-Painted Post	11:00 AM		C P P High School	Departure Time: 2:45 PM	L
Apr 22, 2024	Mon	Regular Season 5-2 W	@ Maine-Endwell	5:00 PM	8:00 PM	Maine-Endwell HS Baseball Field		L
Apr 23, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal HS Baseball Field		
Apr 24, 2024	Wed	Regular Season 2-11 L	Maine-Endwell	5:00 PM	8:00 PM	Vestal High School Baseball Field		L
Apr 25, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal HS Baseball Field		
Apr 26, 2024	Fri	Regular Season 7-6 W	@ Maine-Endwell	5:00 PM	8:00 PM	Maine-Endwell HS Baseball Field		L
Apr 29, 2024	Mon	Practice (Practice)	N/A	3:00 PM	4:45 PM	Vestal HS Baseball Field		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 1, 2024	Wed	Regular Season 4-1 W	@ Union-Endicott	5:00 PM	8:00 PM	UEHS Pete Sylvester Field		L
May 2, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal High School Baseball Field, Vestal High School Pool Gym		
May 3, 2024	Fri	Regular Season 8-2 W	Union-Endicott	5:00 PM	8:00 PM	Vestal High School Baseball Field		L
May 6, 2024	Mon	Regular Season	Owego Apalachin	5:00 PM		Vestal High School Baseball Field		NL
May 7, 2024	Tue	Regular Season 6-2 W	Union-Endicott	5:00 PM	8:00 PM	Vestal High School Baseball Field		L
May 8, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	Vestal High School Baseball Field, Vestal High School Pool Gym		
May 9, 2024	Thu	Regular Season 6-4 W	Elmira (Elmira Express)	5:00 PM	8:00 PM	Vestal High School Baseball Field		L
May 10, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Vestal High School Baseball Field, Vestal High School Pool Gym		
May 11, 2024	Sat	Practice (Practice - Pregame)	N/A	8:30 AM	11:00 AM	Vestal High School Pool Gym, Vestal High School Gym		
May 11, 2024	Sat	Regular Season (STAC) 7-5 W	Chenango Valley	11:00 AM	1:00 PM	Vestal High School Baseball Field		L
May 13, 2024	Mon	Practice (Practice Pool Gym 4p - 5p field time 5p - 6p)	N/A	4:00 PM	6:00 PM	Vestal High School Pool Gym, Vestal HS Baseball Field		
May 14, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal High School Baseball Field		
May 15, 2024	Wed	Post-Season 10-5 W	@ Horseheads	5:00 PM	7:30 PM	HHS High School Baseball Field		L
TBD		Practice (Practice)	N/A	TBD		Vestal HS Baseball Field, Vestal High School Gym, Vestal High School Pool Gym		

Date: 2025-12-14