



Vestal
(B) 7/8TH Football

Coaches:

- Mike Phillips

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 28, 2023	Mon	Practice (First Week Mod Football Practice)	N/A	8:30 AM	10:30 AM	Sammon Field		
Aug 29, 2023	Tue	Practice (First Week Mod Football Practice)	N/A	8:30 AM	10:30 AM	Sammon Field		
Aug 30, 2023	Wed	Practice (First Week Mod Football Practice)	N/A	8:30 AM	10:30 AM	Sammon Field		
Aug 31, 2023	Thu	Practice (First Week Mod Football Practice)	N/A	8:30 AM	10:30 AM	Sammon Field		
Sep 1, 2023	Fri	Practice (First Week Mod Football Practice)	N/A	8:30 AM	10:30 AM	Sammon Field		
Sep 5, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 6, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 8, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Sammon Field		
Sep 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 12, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 14, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 15, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 18, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 19, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 22, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 23, 2023	Sat	Regular Season 18-38 L	@ Ithaca	10:00 AM	12:00 PM	IHS Moresco Stadium	Departure Point: Old Central Jr High L Departure Time: 8:00 AM	
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 25, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		
Sep 26, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Sammon Field		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION		LEAGUE / NON- LEAGUE
							SHUTTLE	CAR	
Sep 26, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Sammon Field			
Sep 27, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Sammon Field			
Sep 27, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Sammon Field			
Sep 28, 2023	Thu	Practice	N/A	3:00 PM	4:30 PM	Sammon Field			
Sep 28, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Sammon Field			
CANCELLED Sep 29, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Sammon Field			
Sep 29, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Sammon Field			
Oct 3, 2023	Tue	Regular Season 18-16 W	Chenango Forks	7:00 PM		Vestal Dick Hoover Stadium		L	
Oct 4, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Sammon Field			
Oct 5, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	Sammon Field			
Oct 6, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	Sammon Field			
Oct 7, 2023	Sat	Regular Season	@ Binghamton (Binghamton Blue-WEST)	10:00 AM	12:00 PM	West Middle School Field		L	
Oct 16, 2023	Mon	Regular Season	Waverly	5:30 PM		Sammon Field		L	
Oct 23, 2023	Mon	Regular Season 28-16 W	Johnson City	7:00 PM		Vestal Dick Hoover Stadium		L	
Oct 28, 2023	Sat	Regular Season	Norwich	1:30 PM		Vestal Dick Hoover Stadium		L	

Date: 2026-02-15