



Vestal

(G) V Flag Football

Coaches:

- Zack Smith

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 10, 2025	Mon	Practice	N/A	5:30 PM	7:30 PM	Vestal Dick Hoover Stadium		
Mar 12, 2025	Wed	Practice	N/A	5:30 PM	7:30 PM	Vestal Dick Hoover Stadium		
Mar 14, 2025	Fri	Practice	N/A	5:30 PM	7:30 PM	Vestal Dick Hoover Stadium		
Mar 17, 2025	Mon	Practice	N/A	7:30 PM	9:00 PM	Vestal Dick Hoover Stadium		
Mar 18, 2025	Tue	Practice	N/A	7:30 PM	9:00 PM	Vestal Dick Hoover Stadium		
Mar 19, 2025	Wed	Practice	N/A	7:30 PM	9:00 PM	Vestal Dick Hoover Stadium		
Mar 20, 2025	Thu	Practice	N/A	7:30 PM	9:00 PM	Vestal Dick Hoover Stadium		
Mar 21, 2025	Fri	Practice	N/A	7:30 PM	9:00 PM	Vestal Dick Hoover Stadium		
Mar 24, 2025	Mon	Practice (Scrimmage vs Susquehanna Valley (JV/V))	N/A	7:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Mar 25, 2025	Tue	Practice	N/A	7:30 PM	9:00 PM	Vestal Dick Hoover Stadium		
Mar 26, 2025	Wed	Regular Season 19-0 W	Ithaca	7:00 PM		Vestal Dick Hoover Stadium		NL
Mar 27, 2025	Thu	Practice	N/A	7:30 PM	9:00 PM	Vestal Dick Hoover Stadium		
Mar 28, 2025	Fri	Regular Season 27-0 W	@ Corning-Painted Post	6:00 PM		Corning Memorial Stadium		NL
Mar 28, 2025	Fri	Practice	N/A	7:30 PM	9:00 PM	Vestal Dick Hoover Stadium		
Mar 31, 2025	Mon	Practice	N/A	6:30 PM	8:00 PM	Vestal Dick Hoover Stadium		
Apr 1, 2025	Tue	Practice	N/A	3:15 PM	4:45 PM	Vestal Dick Hoover Stadium		
Apr 2, 2025	Wed	Regular Season	Horseheads (Girls Flag Football)	7:00 PM		Vestal Dick Hoover Stadium		L
Apr 3, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium		
Apr 4, 2025	Fri	Practice	N/A	5:00 PM	7:00 PM	Vestal Dick Hoover Stadium		
Apr 5, 2025	Sat	Regular Season 0-35 L	@ Binghamton	2:45 PM		Alumni Stadium		L
Apr 7, 2025	Mon	Regular Season	@ Elmira	5:30 PM		EHS Stadium		NL
Apr 9, 2025	Wed	Practice	N/A	7:00 PM	8:30 PM	Vestal High School Gym		
Apr 10, 2025	Thu	Practice	N/A	7:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Apr 12, 2025	Sat	Regular Season 12-18 L	Union-Endicott	4:00 PM		Vestal Dick Hoover Stadium		L

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Apr 15, 2025	Tue	Practice	N/A	3:30 PM	5:00 PM	Clayton Ave. Elementary Gymnasium		
Apr 18, 2025	Fri	Regular Season 6-19 L	Maine-Endwell	7:00 PM		Vestal Dick Hoover Stadium		L
Apr 19, 2025	Sat	Regular Season 26-24 W	@ Ithaca	11:00 AM	1:00 PM	IHS Moresco Stadium		NL
Apr 21, 2025	Mon	Practice	N/A	11:00 AM	12:30 PM	Vestal Dick Hoover Stadium		
Apr 22, 2025	Tue	Practice	N/A	11:00 AM	12:30 PM	Vestal Dick Hoover Stadium		
Apr 23, 2025	Wed	Regular Season	Corning-Painted Post	7:00 PM		Vestal Dick Hoover Stadium		NL
Apr 24, 2025	Thu	Practice	N/A	11:00 AM	12:30 PM	Vestal Dick Hoover Stadium		
Apr 25, 2025	Fri	Regular Season	@ Horseheads (Girls Flag Football)	7:00 PM		HHS HS Stadium Field 1		L
Apr 29, 2025	Tue	Practice	N/A	5:30 PM	7:00 PM	Vestal HS Herrick Field		
Apr 30, 2025	Wed	Practice	N/A	3:15 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 1, 2025	Thu	Regular Season 0-29 L	Binghamton	7:00 PM		Vestal Dick Hoover Stadium		L
May 2, 2025	Fri	Practice	N/A	3:15 PM	5:00 PM	Vestal Dick Hoover Stadium		
May 3, 2025	Sat	Regular Season	@ Maine-Endwell	1:00 PM		Maine-Endwell HS Turf		L
May 6, 2025	Tue	Practice	N/A	7:30 PM	9:00 PM	Vestal Dick Hoover Stadium		
May 7, 2025	Wed	Regular Season	@ Union-Endicott	7:00 PM	9:00 PM	UEHS Ty Cobb Stadium		L
May 9, 2025	Fri	Practice	N/A	5:30 PM	7:30 PM	Clayton Ave. Elementary Gymnasium		
May 10, 2025	Sat	Regular Season	Elmira	10:00 AM		Vestal Dick Hoover Stadium		NL

Date: 2025-12-05