



Vestal

(G) V Flag Football

Coaches:

- Zack Smith

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Mar 18, 2024	Mon	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 19, 2024	Tue	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 20, 2024	Wed	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 21, 2024	Thu	Practice	N/A	7:00 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Mar 21, 2024	Thu	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 22, 2024	Fri	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 24, 2024	Sun	Practice	N/A	2:30 PM	4:30 PM	Vestal Dick Hoover Stadium		
Mar 25, 2024	Mon	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 26, 2024	Tue	Practice	N/A	5:15 PM	7:15 PM	Sammon Field		
Mar 27, 2024	Wed	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 28, 2024	Thu	Practice	N/A	6:30 PM	8:30 PM	Vestal Dick Hoover Stadium		
Apr 2, 2024	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Apr 6, 2024	Sat	Regular Season	Owego Apalachin (Owego Apalachin)	5:00 PM		Vestal Dick Hoover Stadium		L
Apr 8, 2024	Mon	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Apr 9, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Apr 11, 2024	Thu	Practice	N/A	7:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Apr 12, 2024	Fri	Practice	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Apr 15, 2024	Mon	Practice	N/A	7:00 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Apr 16, 2024	Tue	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Apr 18, 2024	Thu	Practice	N/A	7:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Apr 19, 2024	Fri	Practice	N/A	3:15 PM	5:15 PM	Vestal Dick Hoover Stadium		
Apr 20, 2024	Sat	Regular Season	Norwich	5:00 PM		Vestal Dick Hoover Stadium		L
Apr 23, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Apr 24, 2024	Wed	Practice	N/A	7:00 PM	9:00 PM	Vestal High School Gym		
Apr 24, 2024	Wed	Practice	N/A	7:00 PM	8:30 PM	Clayton Ave. Elementary Gymnasium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON-LEAGUE
Apr 25, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium	
Apr 29, 2024	Mon	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium	
Apr 29, 2024	Mon	Practice	N/A	7:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium	
Apr 30, 2024	Tue	Practice	N/A	6:30 PM	8:00 PM	Clayton Ave. Elementary Gymnasium	
May 1, 2024	Wed	Regular Season	Johnson City	8:00 PM		Vestal Dick Hoover Stadium	L
May 2, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium	
May 3, 2024	Fri	Practice	N/A	5:15 PM	7:15 PM	Sammon Field	
May 6, 2024	Mon	Regular Season	Greene	8:00 PM		Vestal Dick Hoover Stadium	L
May 7, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium	
May 9, 2024	Thu	Practice	N/A	7:00 PM	8:30 PM	Clayton Ave. Elementary Gymnasium	
May 10, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium	
May 11, 2024	Sat	Regular Season	Union-Endicott	6:00 PM		Vestal Dick Hoover Stadium	L

Date: 2024-05-07