



Vestal

(G) V Flag Football

Coaches:

- Zack Smith

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 18, 2024	Mon	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 19, 2024	Tue	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 20, 2024	Wed	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 21, 2024	Thu	Practice	N/A	7:00 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Mar 21, 2024	Thu	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 22, 2024	Fri	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 24, 2024	Sun	Practice	N/A	2:30 PM	4:30 PM	Vestal Dick Hoover Stadium		
Mar 25, 2024	Mon	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 26, 2024	Tue	Practice	N/A	5:15 PM	7:15 PM	Sammon Field		
Mar 27, 2024	Wed	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Mar 28, 2024	Thu	Practice	N/A	6:30 PM	8:30 PM	Vestal Dick Hoover Stadium		
Mar 29, 2024	Fri	Regular Season 7-36 L	@ Maine-Endwell	7:00 PM		Maine-Endwell HS Turf		L
Apr 2, 2024	Tue	Practice	N/A	5:30 PM	7:30 PM	Vestal High School Gym		
Apr 6, 2024	Sat	Regular Season	Owego Apalachin (Owego Apalachin)	5:00 PM		Vestal Dick Hoover Stadium		L
Apr 8, 2024	Mon	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Apr 9, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Apr 10, 2024	Wed	Regular Season	@ Elmira	7:00 PM		EHS Stadium		L
Apr 11, 2024	Thu	Practice	N/A	7:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Apr 12, 2024	Fri	Practice	N/A	7:30 PM	9:00 PM	Vestal High School Gym		
Apr 13, 2024	Sat	Regular Season 19-2 W	@ Chenango Forks	4:00 PM		High School - Stadium		L
Apr 15, 2024	Mon	Practice	N/A	7:00 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Apr 16, 2024	Tue	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Apr 17, 2024	Wed	Regular Season 46-0 W	@ Chenango Valley	6:00 PM	7:30 PM	CV - HS Warrior Stadium		L
Apr 18, 2024	Thu	Practice	N/A	7:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Apr 19, 2024	Fri	Practice	N/A	3:15 PM	5:15 PM	Vestal Dick Hoover Stadium		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 20, 2024	Sat	Regular Season	Norwich	5:00 PM		Vestal Dick Hoover Stadium		L
Apr 23, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	Vestal Dick Hoover Stadium		
Apr 24, 2024	Wed	Practice	N/A	7:00 PM	8:30 PM	Clayton Ave. Elementary Gymnasium		
Apr 24, 2024	Wed	Practice	N/A	7:00 PM	9:00 PM	Vestal High School Gym		
Apr 25, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium		
Apr 27, 2024	Sat	Regular Season	@ Susquehanna Valley	1:00 PM	2:30 PM	Sabers Stadium		L
Apr 29, 2024	Mon	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
Apr 29, 2024	Mon	Practice	N/A	7:30 PM	9:00 PM	Clayton Ave. Elementary Gymnasium		
Apr 30, 2024	Tue	Practice	N/A	6:30 PM	8:00 PM	Clayton Ave. Elementary Gymnasium		
May 1, 2024	Wed	Regular Season 70-12 W	Johnson City	8:00 PM		Vestal Dick Hoover Stadium		L
May 2, 2024	Thu	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium		
May 3, 2024	Fri	Practice	N/A	5:15 PM	7:15 PM	Sammon Field		
May 4, 2024	Sat	Regular Season (Girls Flag Football)	@ Waverly	11:00 AM		Veteran's Memorial Stadium, Waverly		L
May 6, 2024	Mon	Regular Season	Greene	8:00 PM		Vestal Dick Hoover Stadium		L
May 7, 2024	Tue	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium		
May 8, 2024	Wed	Regular Season 26-6 W	@ Windsor (Flag Football)	7:30 PM		Windsor Multi-Purpose Field		L
May 9, 2024	Thu	Practice	N/A	7:00 PM	8:30 PM	Clayton Ave. Elementary Gymnasium		
May 10, 2024	Fri	Practice	N/A	3:00 PM	4:30 PM	Vestal Dick Hoover Stadium		
May 11, 2024	Sat	Regular Season	Union-Endicott	6:00 PM		Vestal Dick Hoover Stadium		L
May 14, 2024	Tue	Practice	N/A	7:15 PM	9:15 PM	Vestal Dick Hoover Stadium		
May 15, 2024	Wed	Post-Season (Section 4 Tournament)	@ Owego Apalachin (Owego Apalachin)	7:00 PM	8:30 PM	TBD		NL

Date: 2024-05-19