

Coaches:

• Nicole Ewing, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION LEAGUE / NON-LEAGUE
Dec 12, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Dec 14, 2023	Thu	Practice	N/A	3:15 PM	4:30 PM	TBD	
Dec 15, 2023	Fri	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Dec 18, 2023	Mon	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Dec 19, 2023	Tue	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Dec 20, 2023	Wed	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Dec 21, 2023	Thu	Practice	N/A	3:15 PM	4:30 PM	TBD	
Jan 2, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Jan 4, 2024	Thu	Practice	N/A	3:15 PM	4:30 PM	TBD	
Jan 5, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Jan 8, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Jan 9, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Jan 10, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Jan 11, 2024	Thu	Practice	N/A	3:15 PM	4:30 PM	African Road Elementary Gym	
Jan 12, 2024	Fri	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Jan 16, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Jan 17, 2024	Wed	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Jan 18, 2024	Thu	Practice	N/A	3:15 PM	4:30 PM	African Road Elementary Gym	
Jan 19, 2024	Fri	Practice	N/A	3:15 PM	4:30 PM	African Road Elementary Gym	
Jan 22, 2024	Mon	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Jan 23, 2024	Tue	Practice	N/A	3:15 PM	5:00 PM	African Road Elementary Gym	
Jan 25, 2024	Thu	Practice	N/A	3:15 PM	4:30 PM	African Road Elementary Gym	
Jan 26, 2024	Fri	Practice	N/A	3:15 PM	4:30 PM	African Road Elementary Gym	
Jan 29, 2024	Mon	Practice	N/A	3:15 PM	4:30 PM	African Road Elementary Gym	
Jan 30, 2024	Tue	Practice	N/A	3:15 PM	4:30 PM	African Road Elementary Gym	
Feb 1, 2024	Thu	Practice	N/A	3:15 PM	4:30 PM	TBD	
Feb 2, 2024	Fri	Practice	N/A	3:15 PM	4:30 PM	African Road Elementary Gym	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION LEAGUE / NON-LEAGUE
Feb 9, 2024	Fri	Practice	e N/A	3:15 PM	4:30 PM	TBD	
Feb 16, 2024	Fri	Practice	e N/A	3:15 PM	4:30 PM	TBD	

Date: 2024-04-28