



Vestal

(B) 8TH Basketball (Gold)

Coaches:

- Dave Osinski
- Corey Roma
- Jake Spalik

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Gym		
Dec 5, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Gym		
Dec 6, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Gym		
Dec 9, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Gym		
Dec 10, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Gym		
Dec 11, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Gym		
Dec 12, 2024	Thu	Regular Season	@ Susquehanna Valley (Blue)	6:30 PM	7:30 PM	RTS MS Gym		L
Dec 13, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Gym		
Dec 16, 2024	Mon	Regular Season	Windsor (Black)	6:30 PM	7:30 PM	Vestal Middle School Gym		L
Dec 17, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Gym		
Dec 18, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Gym		
Dec 19, 2024	Thu	Regular Season	@ Chenango Forks (Blue)	6:30 PM	7:30 PM	Elementary School - Kenyon Gym		L
Dec 20, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Gym		
Dec 27, 2024	Fri	Practice	N/A	10:00 AM	12:00 PM	Vestal Middle School Gym		
Dec 30, 2024	Mon	Practice	N/A	10:00 AM	12:00 PM	Vestal Middle School Gym		
Jan 2, 2025	Thu	Practice	N/A	10:00 AM	12:00 PM	Vestal Middle School Gym		
Jan 3, 2025	Fri	Practice	N/A	10:00 AM	12:00 PM	Vestal Middle School Gym		
Jan 8, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Field		
Jan 9, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Field		
Jan 10, 2025	Fri	Regular Season	@ Owego Apalachin (Blue)	6:30 PM	7:30 PM	OAMS Gymnasium		L
Jan 13, 2025	Mon	Regular Season	@ Waverly (Red)	6:30 PM	7:30 PM	Elm Street ES Gym		L
Jan 14, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Field		
Jan 15, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Field		
Jan 16, 2025	Thu	Regular Season	Oneonta (Blue)	6:30 PM	7:30 PM	Vestal Middle School Gym		L
Jan 17, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Field		
Jan 21, 2025	Tue	Regular Season	Susquehanna Valley (Blue)	6:30 PM	7:30 PM	Vestal Middle School Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 22, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Field		
Jan 23, 2025	Thu	Regular Season	@ Windsor (Black)	6:30 PM	7:30 PM	Windsor Middle School		L
Jan 24, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Field		
Jan 27, 2025	Mon	Regular Season	Chenango Forks (Blue)	6:30 PM	7:30 PM	Vestal Middle School Gym		L
Jan 30, 2025	Thu	Regular Season	@ Seton Catholic Central	5:30 PM	6:30 PM	St. Patrick's		L
Jan 31, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Vestal Middle School Field		
Feb 3, 2025	Mon	Regular Season	Owego Apalachin (Blue)	6:30 PM	7:30 PM	Vestal Middle School Gym		L
Feb 19, 2025	Wed	Practice (Practice)	N/A	3:00 PM	5:00 PM	Vestal Middle School Gym		
Feb 20, 2025	Thu	Practice (Practice)	N/A	5:00 PM	6:30 PM	Vestal Middle School Gym		
Feb 21, 2025	Fri	Practice (Practice)	N/A	5:00 PM	7:00 PM	Vestal Middle School Gym		

Date: 2025-12-05