



Vestal

(G) JV Cheerleading (Football)

Coaches:

- Kim Morris, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Baseball Field		
Sep 6, 2022	Tue	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 7, 2022	Wed	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 8, 2022	Thu	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 9, 2022	Fri	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 12, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Baseball Field		
Sep 13, 2022	Tue	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 14, 2022	Wed	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 15, 2022	Thu	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 16, 2022	Fri	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 17, 2022	Sat	Regular Season	@ Elmira (Fall)	12:00 AM		TBD	Departure Time: 8:15 AM	L
Sep 19, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Baseball Field		
Sep 20, 2022	Tue	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 21, 2022	Wed	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 22, 2022	Thu	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 23, 2022	Fri	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 24, 2022	Sat	Regular Season	Corning-Painted Post (Fall)	10:00 AM		Dick Hoover Stadium - Vestal		L
Sep 26, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Baseball Field		
Sep 27, 2022	Tue	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 28, 2022	Wed	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 29, 2022	Thu	Practice	N/A	3:15 PM	5:30 PM	TBD		
Sep 30, 2022	Fri	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 3, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Baseball Field		
Oct 4, 2022	Tue	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 5, 2022	Wed	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 6, 2022	Thu	Practice	N/A	3:15 PM	5:30 PM	TBD		

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Oct 7, 2022	Fri	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 8, 2022	Sat	Regular Season (Cheer Comp in Vestal)	Horseheads (Fall)	TBD		Vestal High School Baseball Field		NL
Oct 10, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Baseball Field		
Oct 11, 2022	Tue	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 12, 2022	Wed	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 13, 2022	Thu	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 14, 2022	Fri	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 15, 2022	Sat	Regular Season (Horseheads Competition)	@ TBD	6:00 PM		Horseheads High School	Departure Time: 4:15 PM	NL
Oct 17, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Baseball Field		
Oct 18, 2022	Tue	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 19, 2022	Wed	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 20, 2022	Thu	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 21, 2022	Fri	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 24, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Baseball Field		
Oct 25, 2022	Tue	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 26, 2022	Wed	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 27, 2022	Thu	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 28, 2022	Fri	Practice	N/A	3:15 PM	5:30 PM	TBD		
Oct 29, 2022	Sat	Regular Season	@ TBD	TBD		Maine Endwell High School	Departure Time: 9:00 AM	L
Oct 31, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Baseball Field		
Nov 1, 2022	Tue	Practice	N/A	3:15 PM	5:30 PM	TBD		
Nov 2, 2022	Wed	Practice	N/A	3:15 PM	5:30 PM	TBD		
Nov 3, 2022	Thu	Practice	N/A	3:15 PM	5:30 PM	TBD		
Nov 4, 2022	Fri	Practice	N/A	3:15 PM	5:30 PM	TBD		
Nov 7, 2022	Mon	Practice	N/A	3:00 PM	4:00 PM	Vestal High School Baseball Field		
Nov 7, 2022	Mon	Regular Season	@ Waverly (Fall)	TBD		Veteran's Memorial Stadium, Waverly	Departure Time: 4:45 PM	L
Nov 9, 2022	Wed	Practice	N/A	3:15 PM	5:30 PM	TBD		
Nov 10, 2022	Thu	Practice	N/A	3:15 PM	5:30 PM	TBD		

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Nov 11, 2022	Fri	Practice	N/A	3:15 PM	5:30 PM	TBD		
Nov 14, 2022	Mon	Practice (tryouts)	N/A	3:15 PM	6:30 PM	TBD		

Date: 2025-12-14